

August 2016

# DBC CONNECTION

## and Fall Community Recreation Guide

DiamondBarCA.gov

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# Special Events

## Fall Fun Festival

Monday, October 31 ♦ 4:30 - 8:30 p.m.

Heritage Park ♦ 2900 S. Brea Canyon Road

Looking for family-friendly fun for little ones this Halloween? Then look no further than this not-so-scary FREE admission event featuring arts and crafts, games, prizes and candy. Appropriate for ages 2-8.

Participation in activities and crafts requires purchase of an activity card (\$5 each, sold onsite) cash only.

**MORE INFO:** Call 909.839.7070 or visit [www.DiamondBarCA.Gov/fallfunfestival](http://www.DiamondBarCA.Gov/fallfunfestival).



## Barktober – Come have a howling good time!

Saturday, October 15 ♦ 9 a.m. - 1 p.m.

Bark Park @ Pantera Park

738 Pantera Drive

Pet adoption, giveaways, doggie games & contests, vendors – offering pet products and services, photo backdrop and of course treats!

Additional Info: 909.839.7070 or [diamondbarca.gov](http://diamondbarca.gov)



## Diamond Bar Day at the Fair

Thursday, September 15

Enjoy all that the L.A County Fair has to offer – food, games, carnival rides, interactive exhibits and shopping areas – while supporting your hometown volunteers, businesses, nonprofits and youth organizations. Special festivities include: Community Days Parade, High School Marching Band Competition & Community Hero Volunteer Awards. Admission to the Fair on this day is only \$5 when you use promo code “diamond bar” to purchase tickets online at [www.lacountyfair.com/buytickets](http://www.lacountyfair.com/buytickets) or at LACF gates when you present a special barcoded coupon available for printing online at [www.DiamondBarCA.gov/fair](http://www.DiamondBarCA.gov/fair).



## Veterans Recognition Ceremony

Wednesday, November 9 ♦ 9:00 - 11 a.m.

Diamond Bar Center ♦ 1600 Grand Avenue

Patriotic live entertainment, presentation of awards and retired Armed Forces Banner Program banners, and light refreshments are part of this special ceremony that recognizes and pays tribute to our local veterans.

Diamond Bar veterans who have not previously been recognized by the Diamond Bar City Council are encouraged to call 909.839.7067 or email [atarazon@diamondbarca.gov](mailto:atarazon@diamondbarca.gov) to be included in the ceremony.

**MORE INFO:** Call 909.839.7070 or visit [www.DiamondBarCA.gov/veteransday](http://www.DiamondBarCA.gov/veteransday).



## Candy Cane Craft Fair

Saturday, December 3 ♦ 9:00 a.m. - 2 p.m.

Diamond Bar Center ♦ 1600 Grand Avenue

Just in time for the holiday season, this annual craft boutique features hundreds of unique handmade goods for gifting or keeping. As an added bonus, there will also be a Santa's Workshop area with free crafts and activities for children as well as a holiday-themed photo backdrop for self-taken keepsake photos.

**Booth space Available:** Local craft vendors interested in participating in this year's event are invited to submit an application. Details and application available online.

**MORE INFO:** Call 909.839.7070 or visit [www.DiamondBarCA.gov/craftfair](http://www.DiamondBarCA.gov/craftfair).



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# DBCONNECTION

## 2016 Community Recreation Guide

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## City to Launch Restaurant Week Promotion this Fall



Celebrating and showcasing the numerous and diverse dining options in town is the focus of a special promotion the City, in partnership with the Chamber of Commerce, will debut this fall – Diamond Bar Restaurant Week.

Modeled after similar efforts organized in other cities, Diamond Bar Restaurant Week (DBRW) consists of participating restaurants offering specially-priced, multi-course lunch deals and dinner menus during the events dates of Saturday, October 8 through Friday, October 14.

Efforts to recruit restaurants to participate in this inaugural DBRW event began last

month and will continue through the end of September.

Restaurants interested in signing up to participate should contact the Regional Chamber of Commerce-San Gabriel Valley by calling 626.810.8476 or emailing [info@regionalchambersgv.com](mailto:info@regionalchambersgv.com).

You can learn more about DBRW by visiting [www.DBRestaurantWeek.com](http://www.DBRestaurantWeek.com) or by contacting the City's Administration Department at 909.839.7015 or [dbrestaurantweek@diamondbarca.gov](mailto:dbrestaurantweek@diamondbarca.gov).

### ON THE COVER

"Hidden Gem in Sycamore Park" photo courtesy of Bruce Davis  
2015 Through My Lens Photo Contest Winner – Adult Places

# DB Day at the Fair



L.A. County Fair season is just around the corner, and Thursday, September 15 has been officially designated as Diamond Bar Day at the Fair.

Visiting on Thursday, September 15 means you pay only \$5 for admission and get to take part in a number of festivities honoring Diamond Bar, including a Community and Business Expo, a parade, and a high school marching band competition.

Plus, all the proceeds from tickets purchased under the Diamond Bar Day promotion benefit the Big Yellow Bus Program, which subsidizes the cost of bus services for local students to participate in FairKids Field Trips and take part in fun and educational activities related to agriculture, art, science, literature, California heritage, and life on a farm.

For more information or to download a coupon for a \$5 Fair admission on September 15, visit [www.diamondbarca.gov/fair](http://www.diamondbarca.gov/fair).

## Diamond Bar Bark Park

If you are looking to treat your canine companion to some off-leash playtime in a clean, safe and enjoyable environment, then look no further than the Diamond Bar dog park.



Located inside Pantera Park, near the basketball courts, the park features separate fenced-in areas for large breeds weighing 25 pounds or more and small breeds weighing less than 25 pounds. Double-gated entrances allow owners to unleash their dogs in a holding area before releasing them into the play areas.

Additional park amenities include trees, benches, shade structures, doggie waste bag stations, and separate drinking fountains for people and pets.

To help keep the dog park a safe and healthy place for people and pets alike, there are rules, among other things, that require visiting dogs be at least four months of age, well-socialized, licensed, and current on all vaccinations. They also require that owners clean up after their dogs and properly dispose of the waste, and prohibit dog treats or food of any kind.

Bark Park @ Pantera Park is located at 738 Pantera Drive; it is open daily starting 30 minutes before sunrise and until 30 minutes after sunset. For more information, photos and the complete park use rules, visit [www.diamondbarca.gov/barkpark](http://www.diamondbarca.gov/barkpark).

# Photo Contest Underway

Photo-worthy moments are everywhere, whether it's at home spending time with family or pets or out in the community recreating or running errands.

The City invites you to capture those moments with your digital camera, select two photographs and enter them in the Through My Lens Photo Contest before the contest deadline of Friday, October 14.



Aimed at raising community spirit while highlighting the photography talents of Diamond Bar residents, the Through My Lens contest is cosponsored by the City and the Diamond Bar Community Foundation (DBCF). It is open to Diamond Bar residents of all ages and photography skill levels.

Entries from youth and adults will be judged separately in each of the five contest categories: People, Pets, Places, Nature and Digitally Altered.

Winning photographs and honorable mentions will be selected in November, with the winners awarded congratulatory certificates as well as monetary prizes as follows: \$50 for honorable mentions, \$100 for winner, and \$150 for grand prize.

Winning entries will also be showcased on the City's website and annual Calendar & Services Guide and the DBCF website and Windmill magazine. The grand prize-winning photograph will be showcased inside the City Hall building, on the walls along the hallway nearest to the inner entrance to the Diamond Bar Library.

Complete contest rules and entry requirements are available at [www.diamondbarca.gov/photocontest](http://www.diamondbarca.gov/photocontest). Questions may be directed to the City's Public Information Division at 909.839.7057 or via email at [photocontest@diamondbarca.gov](mailto:photocontest@diamondbarca.gov).

<p><b>DOWNLOAD OUR DIAMOND BAR APP TODAY!</b></p> <p>Available on the App Store and Google Play Search "Diamond Bar"</p> <p>STAY CONNECTED... <a href="http://www.diamondbarca.gov">www.diamondbarca.gov</a> #CityofDiamondBar</p> <p><b>INFORMATION</b> City's Public Information Office at 909.839.7055</p>	<p><b>STAY CONNECTED...</b> Latest news and updates from City Hall</p>	<p><b>REPORT...</b> Maintenance issues or request services</p>
<p><b>FIND...</b> City parks, trails, facilities and information</p>	<p><b>CONTACT...</b> Send an email or call City Hall</p>	



## Jimmy John's

22438 Golden Springs Drive #110

Open daily from:

11:00 a.m. to 10:00 p.m.

909.860.1700

[www.jimmyjohns.com](http://www.jimmyjohns.com)

Located in the same shopping center that houses Target, Chili's and Starbucks, Diamond Bar Jimmy John's opened in April 2016 giving local diners another option

when it comes to sub and club sandwiches. It offers dining in, take out and catering service. Online order placement for convenient pickup or delivery is also available.

Have a moment? Visit the City's official YouTube channel at [www.youtube.com/DiamondBarCA](http://www.youtube.com/DiamondBarCA) to check out a quick promotional video clip on Jimmy John's.

# Easy Ways to Prevent Crimes of Opportunity

Most burglaries and thefts – also known as crimes of opportunity – occur when easy access is provided and/or valuables are left in plain view. You can dramatically reduce your chances of having your home burglarized or car possessions stolen by taking these simple steps:

- Keep your home and car windows and doors locked at all times, even when you only plan on being away for a short period of time
- Maintain your home's landscaping to eliminate hiding places and install exterior security lights
- Secure all your valuables out of sight. Consider renting a safe deposit box for your most precious items
- If planning to be away for a weekend or longer, leave your car locked and parked in your driveway and give your home a lived-in look by using timers for lights, arranging to have a neighbor pick up your mail, postponing your newspaper or package deliveries, and signing up for the Diamond Bar-Walnut Sheriff's Station Free Home Vacation Check service



Also, be sure to immediately report any suspicious individuals or activity by calling the Sheriff's Station at 909.595.2264 or 9-1-1 if a crime or life-threatening emergency is in progress.

Are you subscribed to receive the City's free DB-Watch email newsletter? Delivered monthly to your email address, the PDF newsletter contains a variety of crime prevention-articles and tips. Visit [www.diamondbarca.gov/enews](http://www.diamondbarca.gov/enews) to sign up.



## Drug Drop-Off Boxes

There is an easy and safe way to dispose of unwanted, unused or expired prescription drugs.

The Diamond Bar/Walnut Sheriff's Station, in partnership with the Los Angeles County Public Health Department, offers the public around-the-clock access to three drop-boxes that accept prescriptions and medications, illegal or controlled substances, and spent syringes. These drop-boxes resemble mail deposit boxes and are located outside the entrance to the Sheriff's station, 21695 Valley Boulevard in Walnut.

Sheriff's personnel are responsible for regularly emptying the boxes and disposing of their content in accordance with federal and state guidelines.

# Energy Conservation Reminder

Energy conservation is important year-round, but particularly during the hot weather season when widespread power use puts excessive pressure on the state's power grid – which is why the City joins the California Independent System Operator (ISO) in urging everyone to keep a close eye on their personal energy consumption habits.



Simple actions such as turning lights off when you leave a room; using a power strip and turning it off when the connected equipment pieces are not in use; air-drying dishes instead of using your dishwasher's drying cycle; and cleaning or changing air filters regularly can go a long way toward saving you money on your utility bills and preventing blackouts from occurring.

Also important is knowing how to respond to Flex Alerts when they are issued by ISO with authorization from the California Public Utilities Commission.

Flex Alerts are urgent calls to immediately conserve electricity and shift demand to off-peak hours; they can be triggered by a number of reasons, including high peak demand, unplanned power plant outages, fires that cause transmission line overloads, losses or limitations, and humid, hot weather and heat storms. Depending on the trigger, Flex Alerts can be issued with little or no advance notification.

If a Flex Alert is called, you should, at minimum, turn off all unneeded lights and appliances; postpone using major appliances until after 9:00 p.m., and adjust your air conditioner to 78 degrees or higher.

You can sign up to receive Flex Alerts by email or text and access additional energy-saving tips by visiting <http://flexalert.org>.



**If Officials call a Flex Alert:**



Adjust A/C up to 78° +



Use appliances after 9pm



Turn off unneeded lights

# Last Smart Gardening Workshop of the Year

Saturday, August 13 is when the City will host its fifth and final smart gardening workshop for the year.

The workshop will be held indoors from 1:00 p.m. to 2:30 p.m. at the Diamond Bar Center. It is a must for individuals interested in learning how to easily and successfully compost at home, and/or create and maintain a healthy and attractive garden in low water use conditions.

Admission is free and open to all Los Angeles County residents.

Advanced registration is strongly encouraged as seating is limited. At the end of the workshop, attendees will have a chance to purchase a backyard or worm compost bin (includes ½ lb. of worms) at the discounted prices of \$40 and \$65, respectively.

To register or ask event-related questions, contact the City's Environmental Services Division at [green@diamondbarca.gov](mailto:green@diamondbarca.gov) or 909.839.7015. When sending an email or leaving a voicemail, please be sure to provide your name and contact information.



# Sheriff's Volunteers Needed

Diamond Bar-Walnut Sheriff's Station is looking for individuals, 18 years of age and older, to improve public safety in the community and carry out critical but non-hazardous law enforcement functions through its Volunteers on Patrol (VOP) program.

As a VOP, individuals have the opportunity to familiarize themselves with

law enforcement work by committing to work schedules of a minimum of 16 hours per month.

Tasks taken on by VOPs include patrolling of park and school zones, conducting vacation checks, issuing disability parking



violation citations, and other directed patrol assignments.

To qualify to become a Volunteer on Patrol, interested individuals must pass a background investigation, have a valid California driver license, and must not have been convicted of a felony or serious misdemeanor.

For more information or to obtain a VOP application, email [walldbvolunteeremail@lasd.org](mailto:walldbvolunteeremail@lasd.org) or call 909.859.2859.

# Tiny Tots

## Apples and Acorns!

Our teachers provide a stimulating program for preschool children three, four and five years old. Children are introduced to a special place where they can grow and explore through a variety of experiences. Combining stories, songs, art projects and playtime will help foster growth and development that builds a sense of self-worth, confidence, and respect in a safe and positive environment. These classes are ongoing, with new lessons each session.

**Theme: "Apples and Acorns!"**

**Session Dates:**

**Monday, August 22, 2016 to Thursday, November 10, 2016**

**12 Week Session**

**No Class: Monday, September 5, 2016**

**Friday November 11, 2016**

### 3 Year Old Class:

This class provides an opportunity for children to learn to separate from their parents and improve social growth and self-esteem. Special care is taken to introduce them to sharing and cooperative play and to experience the joy of music, art projects, and group activities. In addition to socialization skills, the children are introduced to early learning such as colors, shapes, numbers, and the alphabet.

**Days: Tuesday & Thursday**

**Time: 9 am to 12:30 pm**

**Fee: \$336**

**AC: 805101 81 Heritage Park**

### 4-5 Year Old Class:

Children age four and five can grow and learn together as they prepare for Kindergarten. In addition to motor skills and social development, this program places emphasis on letter recognition, beginning math concepts, and kindergarten readiness. Learning will be accomplished through music, exercise, stories, games, community awareness, and art projects.

**Days: Monday, Wednesday & Friday**

**Time: 9 am to 12:30 pm**

**Fee: \$476**

**AC: 805103 81 Heritage Park**

### Tiny Tots Holiday Mini-Session

The holiday mini-session is a four week holiday themed session. Activities will include holiday art projects, stories, songs and a variety of other festive activities. Be on the lookout for a special visit from Santa! Sessions will be held at Pantera Park and Heritage Park.

**Session Dates:**

**Monday, November 14, 2016 to Friday, December 16, 2016**

**No Class: November 21 – 25, 2016**

**Age 3**

**Days: Tuesday & Thursday**

**Time: 9 am to 12:30 pm**

**Cost: \$ 112**

**AC: 805301 81 – Heritage park**

**Age 4-5**

**Days: Monday, Wednesday & Friday**

**Time: 9 am to 12:30 pm**

**Cost: \$ 168**

**AC: 805300 81 - Heritage Park**

### Registration Dates:

Diamond Bar residents new to Tiny Tots and those moving up from the 3 year old class may begin on Monday, August 15 2016  
Open registration: Tuesday, August 16, 2016

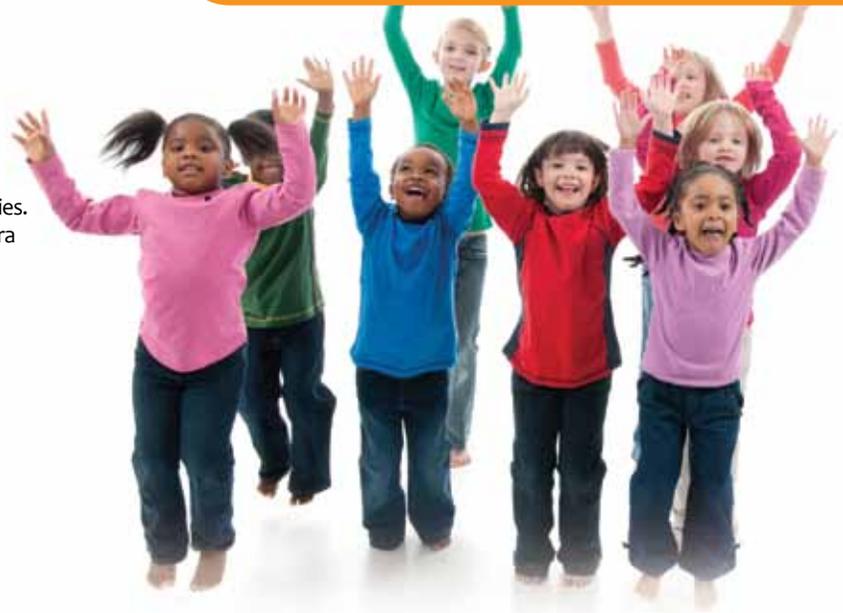
Registration will be taken on a first come first serve basis. Space is limited, so register early!

### Registration Information:

We offer three convenient ways to register: You may walk in your registration to the Diamond Bar Center, mail it to City of Diamond Bar, Attn: Recreation-Tiny Tots, 21810 Copley Drive, Diamond Bar, CA 91765 or fax to 909.612.4580. A signed waiver of liability and emergency information card must be signed at the time of registration. Children must meet the age requirement, be potty trained and be in regular underwear (not pull-ups) by the first day of the session. A birth certificate may be required. Please read the parent handbook for other class requirements

### Tiny Tots Payments:

The first half of the payment is due at the time of registration. The second half of the payment is due no later than the fourth week of the session. We offer this option payment plan as a service to parents. It is not intended to represent payment of one-half of the program. Once your child is enrolled in Tiny Tots, regardless of the payment option chosen, you are responsible for the full payment. Payments not made by the scheduled due date could result in the loss of your child's place in the Tiny Tots class of your choice.



# TOTS SPORTS

## Kidz Love Soccer Weather Hotline: 888.372.5803

### Mommy/Daddy & Me Soccer

As you and your toddler participate in fun, age-appropriate activities, your child will be developing large motor and socialization skills. All players receive a KLS jersey.

**Instructor:** Kidz Love Soccer

**Location:** Pantera Park

**Age** 2-3½ **Fee** \$82/5 wks

**AC** 841100 81

9/21-10/26 W 6:30-6:30 pm

**AC** 841100 82

11/16-1/11 W 6:30-6:30 pm

**No class** 11/23, 12/21, & 12/28

### Tot/Pre Soccer

Little tykes will enjoy running and kicking as they learn soccer basics and build self-esteem in a nurturing, age-appropriate environment. Shin guards are required after the first meeting. All players receive a KLS jersey.

**Instructor:** Kidz Love Soccer

**Location:** Pantera Park

**Age** 3½-5 **Fee** \$95/6 wks

**AC** 841101 81

9/21-10/26 W 5:15-5:50 pm

**AC** 841101 82

11/16-1/11 W 5:15-5:50 pm

### Mom & Me Multi-Sport

Introduction to soccer, basketball and tee-ball while learning the benefits of sportsmanship, sharing, and teamwork. All players receive a team shirt.

**Instructor:** TriFytt Sports

**Location:** Maple Hill Park, Basketball Courts

**Fee** \$109/8 wks

**AC** 841155 81 **Age** 1½-2

10/1-11/19 Sa 9:30-10 am

**AC** 841155 82 **Age** 2-3

10/1-11/19 Sa 9-9:30 am

**AC** 841155 83 **Age** 3-5

10/1-11/19 Sa 10-10:30 am

**No class** 7/2

### Biddy Tee Ball League

Participants will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Players each receive a team shirt and medal. One week of practice will be followed by six weeks of games.

**Instructor:** TriFytt Sports

**Location:** Maple Hill Park, Field

**Fee** \$109/8 wks

**AC** 842157 81 **Age** 2-3

10/1-11/19 Sa 12-12:30 pm

**AC** 842157 82 **Age** 3-5

10/1-11/19 Sa 11:00-11:45 am

### Biddy Soccer League

Sportsmanship, sharing and teamwork will be emphasized. Everyone will receive team shirt and medal. The first week is practice and team assignments, with games played during the remaining meets.

**Instructor:** TriFytt Sports

**Location:** Maple Hill Park, Field

**Fee** \$109/8 wks

**AC** 842154 81 **Age** 3-5

9/24-11/12 Sa 9:30-10:15 am

**AC** 842154 82 **Age** 2-3

9/24-11/12 Sa 10:30-11 am

### Basketball

Learn to dribble, shoot and other game basics through fun games, skills and drills presented in a safe and educational environment. Every participant receives a shirt.

**Instructor:** TriFytt Sport Instructors

**Location:** Pantera Park, Basketball Court

**Fee** \$109/8 wks

**AC** 842153 81 **Age** 3-5

9/29-11/17 Th 5-5:45 pm

### Pee Wee Tennis Academy (Semi Private Lesson)

Ideal for young tennis enthusiasts wanting to learn the basics of forehand, backhand and volley. Participants must bring their own racquet. \$10 discount for every additional family member enrolled (must register in person). All make-ups must be made within the session. Maximum four students per coach.

**Instructor:** Tennis Anyone

**Location:** Ronald Reagan Park, Tennis Courts

**Days:** Tuesday (Beginner/Int) &

Thursday (Int/Advanced)

**Age** 3-6 **Time:** 4:15-5 pm

**AC** 841111 81 9/13-10/6 1 day \$99/4 wks

**AC** 841111 82 10/11-11/3 1 day \$99/4 wks

**AC** 841111 83 11/8-12/1 1 days \$99/4 wks

**No Class** 11/24

**AC** 841111 84 12/6-12/15 1 days \$49/2 wks

**AC** 841112 81 9/13-10/6 2 days \$179/4 wks

**AC** 841112 82 10/11-11/3 2 days \$179/4 wks

**AC** 841112 83 11/8-12/1 2 days \$179/4 wks

**No Class** 11/24

**AC** 841112 84 12/6-12/15 2 days \$89/2 wks

### Tot and Me Ice Skating

Learn how to skate forward and backward, stop, turn, and even glide on one foot. No prior skating experience needed. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting. Fee covers admission and skate rental fees for both the participant and one parent/guardian.

**Instructor:** Center Ice Coaches

**Location:** Center Ice Skating, 201 S. Plum Ontario 91762

**Age** 2-5 **Fee** \$82/5 wks

**AC** 842139 81 9/10-10/8 Sa 11-11:30 am

**AC** 842139 82 10/15-11/12 Sa 11-11:30 am

### Ice Skating for Tots

Learn to skate across the ice forwards and backwards, stop, turn, and more! Skate rentals and public skating fees included. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting.

**Instructor:** Center Ice Coaches

**Location:** Center Ice Skating, 201 S. Plum Ontario 91762

**Age** 3-5 **Fee** \$62/5wks

**AC** 842140 81 9/10-10/8 Sa 11-11:30 am

**AC** 842140 82 10/15-11/12 Sa 11-11:30 am



# TOTS SPORTS & ENRICHMENT

## Tumbling Tots-Parent & Me

Parent participation is required for this class that is designed to develop toddlers' eye-hand coordination, motor skills, balance and flexibility. Structured warm-up followed by obstacle course lessons. Participants must wear comfortable clothing.

**Instructor:** Charter Oak Gymnastics  
**Location:** DBC, Oak Room

Age 2-3		Fee \$64/6 wks
AC 841150 81		
8/30-10/4	Tu	2-2:40 pm
AC 841150 82		
10/18-11/22	Tu	2-2:40 pm

## Kiddie Gymnastics

Participants will jump, hop, tumble, and use motor skills to develop balance, rhythm and coordination in a non-competitive format. Comfortable clothing recommended.

**Instructor:** Charter Oak Gymnastics  
**Location:** DBC, Oak Room

Age 4-5		Fee \$64/6 wks
AC 841151 81		
8/30-10/4	Tu	2:45-3:25 pm
AC 841151 82		
10/18-11/22	Tu	2:45-3:25 pm

## Mom and Me - Zumbini

A rockin' new music and movement program designed for children ages 0-3 and their caregivers. Zumbini classes offer dance and play movement, fun props, and a chance to play musical instruments. Zumbini focuses on energy, fun, and play that contributes toward the natural development of cognitive, social, emotional, and physical skills in children. As children and caregivers sing and move together, Zumbini classes offer a unique bonding experience for all involved.

**Instructor:** Limei Xiao  
**Location:** DBC, Sycamore Room

Age 0-3		Fee \$97/10 wks
AC 841121 81		
9/6-11/8	Tu	10-10:45 am

## Parent & Me Healthy Cooking

Don't think your toddler can cook? Think again! We've got fun, age appropriate classes bursting with hands-on activities, healthy concept learning through games, and of course, empowering your little one to create their own special healthy snacks. Classes are theme-based and one hour in length.

**Instructor:** Olivia Savage  
**Location:** DBC, Maple Room

Age 2-5		Fee \$107/4 wks
AC 841103 81		
9/10-10/1	Sa	12:30-1:30 pm
AC 841103 82		
10/15-11/5	Sa	12:30-1:30 pm

## Magical Steps Music Together, Parent & Me

The entire family is welcome to attend this class that facilitates children participating at his or her level in singing, moving, chanting, listening, watching or exploring musical instruments. The \$30 material fee per family includes songbook, parent education materials, and a CD of music used in class.

**Instructor:** Magical Steps Staff  
**Location:** Magical Steps Academy  
818 N. Diamond Bar Blvd, Diamond Bar 91765

Age 0-5		Fee \$170/10 wks
AC 841269 81		
9/14-11/16	W	9-9:45 am
AC 841269 82		
9/14-11/16	W	10-10:45 am

## Pretty Princess Dance Series

Stretch your imagination and your toes in this class based on favorite Princess stories: Cinderella, Elsa, Sleeping Beauty, Belle, Fairy Princesses, and others. Through story dancing and the use of basic elements of dance, children will explore elements of ballet. Dress up optional but encouraged.

**Instructor:** Magical Steps Staff  
**Location:** Magical Steps Academy  
818 N. Diamond Bar Blvd, Diamond Bar 91765

Age 3-5		Fee \$72/12 wks
AC 841255 81		
9/12-11/28	M	7-7:30 pm
AC 841256 81		
9/6-11/22	Tu	4:15-4:45 pm
AC 841257 81		
9/3-11/19	Sa	10:30-11 am
AC 841257 82		
9/3-11/19	Sa	11-11:30 am

## Dancing with Teddy

Scarves and teddy bears are used to add an element of fun and help develop participants' coordination and movement as well as their knowledge of basic ballet terms. Participants should bring their favorite teddy bear to class.

**Instructor:** Magical Steps Staff  
**Location:** Magical Steps Academy  
818 N. Diamond Bar Blvd, Diamond Bar 91765  
**Fee \$60/10 wks**

Age 3-5		Fee \$60/10 wks
AC 841258 81		
9/6-11/12	Tu	4:45-5:15 pm
AC 841258 82		
8/31-11/16	W	4:45-5:15 pm

## Baby Ballerina and Me

This is a parent-assisted class focusing on basic steps and short dance routines, where participants benefit from an improved body awareness, coordination and flexibility. Returning students will work on improving basic skills, learn new poses and may participate in a recital.

**Instructor:** Tippi Toes Staff  
**Location:** DBC, Pine Room (W),  
Sycamore Room (Sa)

Age 1½-3		Fee \$54/4 wks
AC 841309 81		
9/7-9/28	W	10-10:35 am
AC 841309 82		
10/5-10/26	W	10-10:35 am
AC 841309 83		
11/9-12/7	W	10-10:35 am
<b>No class 11/23</b>		
AC 841309 84		
8/27-9/24	Sa	10:15-10:50 am
AC 841309 85		
10/8-10/29	Sa	10:15-10:50 am
AC 841309 86		
11/12-12/17	Sa	10:15-10:50 am
<b>No class 9/3, 11/26 &amp; 12/3</b>		

# TOTS ENRICHMENT

## Baby Ballet Level 1

Children will be introduced to music, movement and balance to help them develop motor skills and imagination while building self-confidence, social skills, muscular development and coordination. Returning students will work on improving basic skills, learn new poses, and may participate in a recital. Comfortable clothing required.

**Instructor:** Tippi Toes Staff

**Location:** DBC, Sycamore Room (Th/Sa)  
Pine Room (W)

**Age 3-5** **Fee \$54/4 wks**

<b>AC 841311 81</b>		
9/7-9/28	W	10:45-11:30 am
<b>AC 841311 82</b>		
10/5-10/26	W	10:45-11:30 am
<b>AC 841311 83</b>		
11/9-12/7	W	10:45-11:30 am

**No class 11/23**

<b>AC 841311 84</b>		
9/8-9/29	Th	5-5:45 pm
<b>AC 841311 85</b>		
10/6-10/27	Th	5-5:45 pm
<b>AC 841311 86</b>		
11/10-12/8	Th	5-5:45 pm

**No Class 11/24**

<b>AC 841311 87</b>		
8/27-9/24	Sa	9:15-10 am
<b>AC 841311 88</b>		
10/8-10/29	Sa	9:15-10 am
<b>AC 841311 89</b>		
11/12-12/17	Sa	9:15-10 am

**No Class 9/3, 11/26 & 12/3**

## Baby Ballet Level 2

Participants will learn the joy, wonder and benefits of dance. Previous dance experience required for children age 4; children ages 5 to 6 may be a new or continuing student. Returning students will work on improving basic skills and learning new poses, and may participate in a recital. Comfortable clothing required; tap shoes optional.

**Instructor:** Tippi Toes Staff

**Location:** DBC, Sycamore Room

**Age 4-6** **Fee \$54/4 wks**

<b>AC 841313 81</b>		
9/8-9/29	Th	4:05-4:50 pm
<b>AC 841313 82</b>		
10/6-10/27	Th	4:05-4:50 pm
<b>AC 841313 83</b>		
11/10-12/8	Th	4:05-4:50 pm

**No Class 11/24**

<b>AC 841313 84</b>		
8/27-9/24	Sa	8:15-9 am
<b>AC 841313 85</b>		
10/8-10/29	Sa	8:15-9 am
<b>AC 841313 86</b>		
11/12-12/17	Sa	8:15-9 am

**No Class 9/3, 11/26 & 12/3**

## Ballet & Tap Combo

Basics of ballet and tap will help participants build their self-confidence, social skills, muscular development and coordination. Returning students will work on improving basic skills, learning new poses, and may participate in a recital. Tap shoes required; they will be worn for the last 20 minutes of class.

**Instructor:** Tippi Toes Staff

**Location:** DBC, Sycamore Room

**Age 3-5** **Fee \$54/5 wks**

<b>AC 841310 81</b>		
8/29-9/26	M	5-5:45 pm
<b>AC 841310 82</b>		
10/3-10/24	M	5-5:45 pm
<b>AC 841310 83</b>		
11/7-12/5	M	5-5:45 pm

**No Class 9/5 & 11/28**

<b>AC 841310 84</b>		
8/27-9/24	Sa	11-11:45 am
<b>AC 841310 85</b>		
10/8-10/29	Sa	11-11:45 am
<b>AC 841310 86</b>		
11/12-12/17	Sa	11-11:45 pm

**No Class 9/3, 11/26 & 12/3**

## Let's Do the Hula

Learn traditional Hawaiian hula and Tahitian dance. This one hour course will teach your child the dances, discipline, coordination, social skills and culture. \$50 material fee payable to the instructor for Pa'u skirt and T-Shirt.

**Instructor:** Da Hula Studio Staff

**Location:** Da Hula Studio,  
968 N. Diamond Bar Blvd.

**Fee \$67/9 wks**

<b>AC 841250 81</b>		<b>Age 3-11</b>
8/29-10/31	M	6-7 pm
<b>No Class 9/5</b>		
<b>AC 841250 82</b>		<b>Age 3-11</b>
8/31-11/2	W	6-7 pm

**No Class 9/7**

## Pre-School Drawing – Young Rembrandts

Designed to meet State Standards for Visual Arts, this class helps children develop drawing skills that will prepare them for Kindergarten. Materials included.

**Instructor:** Young Rembrandts Staff

**Location:** DBC, Maple Room

**Age 3½-5** **Fee \$47/4 wks**

<b>AC 841314 81</b>		
10/3-10/24	M	3-3:45 pm

## Healthy Kids Cooking

This class will lay the foundation of nutrition and Cooking skills for years to come. Instructor will cover kitchen preparedness, kitchen safety, proper food handling, hygiene, cross-contamination, measuring, and proper food storage. Some quick and healthy snacks will be prepared in class to try!

**Instructor:** Olivia Savage

**Location:** DBC, Maple Room

**Fee \$150/4 wks**

<b>AC 841203 81</b>		<b>Age 5-8</b>
9/6-9/27	Tu	6-8pm
<b>AC 841203 82</b>		<b>Age 5-8</b>
10/11-11/1	Tu	6-8pm
<b>AC 841203 83</b>		<b>Age 9-13</b>
9/8-9/29	Th	6-8 pm
<b>AC 841203 84</b>		<b>Age 9-13</b>
10/13-11/3	Th	6-8 pm



## “Below the Rim” Youth Basketball League

This league is designed to teach the skills and fundamentals of basketball to children ages 4-14 in a fun, safe, and recreational environment. Practices will begin in mid-December and will be conducted by volunteer coaches, generally one day per week, for one hour. Games will be played at the South Pointe Middle School Gymnasium or Mt. Calvary Lutheran School. All games will be played on Saturdays between the hours of 8 am - 7 pm, from January 7 through March 11, 2017. **Volunteer coaches are essential to this program! Please call the Recreation Services Division for a coach's packet.** For further league information, or if you are interested in coaching, please call 909.839.7070.

### Registration:

Diamond Bar Residents – Begins August 29

Non-Residents – Begins September 6

### Registration Fee:

\$89/ Additional child in same family, \$84.

Registration will not be accepted without a signed waiver, signed parent's code of ethics and verification of age for each child. Registration fee includes team shirt and participation trophy. No refunds will be issued after the first league game.

**Registration will continue until divisions are full. Space is limited, so register early!**

### Parent's Workshop:

A must for new and returning parents, this parent's orientation workshop is scheduled to take place on Wednesday, December 7, at 6 pm at the Diamond Bar Center.

### Skills Day: Saturday, December 3, at South Pointe Middle School

8:00 am	6 year olds	11:00 am	9-10 year olds
9:00 am	7 year olds	12:30 pm	11-12 year olds
10:00 am	8 year olds	1:30 pm	13-14 year olds

All registered players must attend skills day. Only siblings in the same division may request to be on the same team. No exceptions!



## FAQs

### Can my children play together on the same team?

Siblings who live in the same household and play in the same age division will always be placed on the same team. Children are allowed to “play-up” one division (play in a division above their age group), however they are not allowed to play-down.

### May I request that my child be placed with the same coach as last year? Or on the same team as a friend?

The premise of the league is to have balanced teams where emphasis is placed on children having fun, interacting with peers, and experiencing different coaching styles. Therefore, requests may be made at registration, but ultimately the decision lies with the coaches.

### When is practice?

Practice times and dates are determined by the coaches after the player draft, but typically are an hour in length and held once a week starting any time between 5 pm and 8 pm.

### When are games?

Games are played on Saturdays, any time between 8 am and 7 pm, depending on the number of teams in each division. Parents will receive a schedule of games from coaches, soon after registration closes.

### How can I register?

#### WALK IN

Diamond Bar Center, 1600 Grand Avenue,

#### MAIL IN

City of Diamond Bar, Attn: Youth Sports,  
21810 Copley Drive, Diamond Bar, CA 91765

#### FAX IN

909.612.4580, Attn: Youth Sports

You must use a Youth Sports registration form (available for pickup at the Diamond Bar Center or for download on the City website). Registration must be accompanied by payment, a signed waiver, a signed parent's code of ethics and age verification (for first-time participants only).

### Who are the coaches?

Our program is supported by parent volunteers. If you are interested in coaching or assistant coaching, please notify staff.

# YOUTH SPORTS

## Soccer 1: Techniques & Teamwork

Dribbling, passing, receiving, shooting, defense and other soccer basics will be taught in this class, with small-scale soccer matches gradually introduced. Shin guards are required. Participants receive a KLS jersey.

**Instructor:** Kidz Love Soccer

**Location:** Pantera Park

**Age 5-6** **Fee \$95/6 wks**

AC 842103 81  
9/21-10/26 W 4:30-5:15 pm

AC 842103 82  
11/16-1/11 W 4:30-5:15 pm

## KIDZ LOVE SOCCER WEATHER

**HOTLINE: 888.372.5803**

## Soccer 2: Skillz & Scrimmages

Advanced skill building: dribbling, passing and shooting in a team play format. Games and scrimmages are designed to build individual skills as well as improve teamwork and positional play. Shin guards are required. Participants receive a KLS jersey.

**Instructor:** Kidz Love Soccer

**Location:** Pantera Park

**Age 7-10** **Fee \$95/6 wks**

AC 842104 81  
9/21-10/26 W 3:45-4:30 pm

AC 842104 82  
11/16-1/11 W 3:45-4:30 pm

**No class 11/23, 12/21, & 12/28**

## Biddy Tee Ball League

Participants will have a great time playing tee ball and making new friends while learning the benefits of sportsmanship, sharing and teamwork. Players each receive a team shirt and medal. One week of practice will be followed by six weeks of games.

**Instructor:** TriFytt Sports

**Location:** Maple Hill Park, Field

**Fee \$109/8 wks**

AC 842157 83  
10/1-11/19 Sa 12:30-1:15 pm

## Basketball

Learn to dribble, shoot and other game basics through fun games, skills and drills presented in a safe and educational environment. Every participant receives a shirt.

**Instructor:** TriFytt Sport Instructors

**Location:** Pantera Park, Basketball Court

**Fee \$109/8 wks**

AC 842153 82  
9/29-11/17 Th 6-6:45 pm

AC 842153 83  
9/29-11/17 Th 7-8 pm

## Diamond Bar 3 on 3 Basketball Tournaments

The 3 on 3 basketball tournament is hosted by Campus Basketball. The Tournament is an excellent opportunity for your child to learn the game of basketball in a friendly constructive atmosphere. We are dedicated to making your child's basketball; experience first class and enjoyable. This is a 3 on 3 tournament event. Players will be drafted on the tournament day. Each team will play minimum 3 games. Top 2 teams will receive trophies. Participants should bring their own basketball.

**Instructor:** Campus Basketball

**Location:** Mt. Calvary Lutheran School

**Fee \$97/3 wks**

AC 842160 81 **Age 3rd & 4th graders**  
9/10, 10/1, 10/2 Sa 9:30 am-12 pm

AC 842160 82 **Age 5th & 6th graders**  
9/17, 10/8, 10/29 Sa 1-3:30 pm

AC 842160 83 **Age 7th & 8th graders**  
9/24, 10/15, 11/5 Sa 9:30 am-12 pm

## Kids Golf (5-8 yrs)

Basic fundamentals of golf taught, including swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. \$20 fee payable to instructor for hat. Golf clubs and practice balls available

**Instructor:** Jeffrey Hirose

**Location:** Palm Lake Golf Course,  
1300 W Phillips Blvd, Pomona, CA 91766  
(First class will meet at the Driving Range)

**Age 5-8** **Fee \$97/4 wks**

AC 842134 81  
8/27-9/24 Sa 3:30-4:30 pm

**No Class 9/3**  
AC 842134 82  
10/1-10/22 Sa 3:30-4:30 pm

AC 842134 83  
10/29-11/19 Sa 3:30-4:30 pm

## Kids Golf (9-12 yrs)

Learn the basic fundamentals of golf, including swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. \$20 fee payable to instructor for hat. Golf clubs and practice balls available.

**Instructor:** Jeffrey Hirose

**Location:** Palm Lake Golf Course,  
1300 W Phillips Blvd, Pomona, CA 91766  
(First class will meet at the Driving Range)

**Age 9-12** **Fee \$97/4 wks**

AC 842135 81  
8/27-9/24 Sa 5:30-6:30 pm

**No Class 9/3**  
AC 842135 82  
10/1-10/22 Sa 5:30-6:30 pm

AC 842135 83  
10/29-11/19 Sa 5:30-6:30 pm

## Kids Golf (11-15 yrs)

Learn the basic fundamentals of golf, including swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. \$20 fee payable to instructor for hat. Golf clubs and practice balls available.

**Instructor:** Jeffrey Hirose

**Location:** Palm Lake Golf Course,  
1300 W Phillips Blvd, Pomona, CA 91766  
(First class will meet at the Driving Range)

**Age 11-15** **Fee \$97/4 wks**

AC 842136 81  
8/27-9/24 Sa 12:30-1:30 pm

**No Class 9/3**  
AC 842136 82  
10/1-10/22 Sa 12:30-1:30 pm

AC 842136 83  
10/29-11/19 Sa 12:30-1:30 pm



# YOUTH SPORTS

## Junior Tennis Academy - Beginning/Intermediate

Learn the major strokes of the game (forehand, backhand, volley, and serve) while taking part in fun drill that include King of the Hill, Tennis Baseball and Tennis Line Tag. There are five mastery levels in this group that students will be tested on for progress. Players age 13 and older should register for the Junior Tennis Academy-Advanced course, regardless of skill level.

**Instructor:** Tennis Anyone

**Location:** Ronald Reagan Park Tennis Courts

**Age** 7-13

**Days:** Monday, Tuesday, Thursday

**Time** 5-6:30 pm

Please indicate your choice of 1, 2 or 3 days per week.

AC 842111 81 1 Day \$74/4 wks

9/12-10/6

AC 842111 82 1 Day \$74/4 wks

10/10-11/3

**No class 10/31**

AC 842111 83 1 Day \$74/4 wks

11/7-12/1

**No Class 11/24**

AC 842111 84 1 Day \$37/2 wks

12/5-12/15

AC 842112 81 2 Days \$109/4 wks

9/12-10/6

AC 842112 82 2 Days \$109/4 wks

10/10-11/3

**No class 10/31**

AC 842112 83 2 Days \$109/4 wks

11/7-12/1

**No Class 11/24**

AC 842112 84 2 Day \$55/2 wks

12/5-12/15

AC 842113 81 3 Days \$139/4 wks

9/12-10/6

AC 842113 82 3 Days \$139/4 wks

10/10-11/3

**No class 10/31**

AC 842113 83 3 Days \$139/4 wks

11/7-12/1

**No Class 11/24**

AC 842113 84 3 Day \$69/2 wks

12/5-12/15

## Junior Tennis Academy - Advanced

Designed for students to reach match play-level; players must have either attained all 5 mastery levels in the Beg./Int. Junior Academy or be able to rally with proper form from the baseline. Focus placed on learning both topspin and slice, as well as executing the right shot at the right time. Techniques such as topspin and slice, as well as timing when and how to lob, drop shot, hit an overhead or volley will be taught. Two mastery levels will be used to note student progress.

**Instructor:** Tennis Anyone

**Location:** Ronald Reagan Park Tennis Courts

**Age** 7-17

**Days/Times:**

Monday, Tuesday, Thursday (6:30-8 pm)

Wednesdays (5-6:30 pm)

Please indicate choice of 1, 2 or 3 days per week.

AC 842118 81 1 Day \$80/4 wks

9/12-10/6

AC 842118 82 1 Day \$80/4 wks

10/10-11/3

**No class 10/31**

AC 842118 83 1 Day \$80/4 wks

11/7-12/1

**No Class 11/24**

AC 842118 84 1 Day \$39/2 wks

12/5-12/15

AC 842119 81 2 Days \$115/4 wks

9/12-10/6

AC 842119 82 2 Days \$115/4 wks

10/10-11/3

**No class 10/31**

AC 842119 83 2 Days \$115/4 wks

11/7-12/1

**No Class 11/24**

AC 842119 84 2 Days \$58/2 wks

12/5-12/15

AC 842120 81 3 Days \$145/4 wks

9/12-10/6

AC 842120 82 3 Days \$145/4 wks

10/10-11/3

**No class 10/31**

AC 842120 83 3 Days \$145/4 wks

11/7-12/1

**No Class 11/24**

AC 842120 84 3 Days \$72/2 wks

12/5-12/15

## Small Group Tennis Clinic

Designed to give players more hands-on instruction, groups in this clinic vary in size from 2 to 4 students per coach. Students will be grouped with other players based on level and age.

**Instructor:** Tennis Anyone

**Location:** Ronald Reagan Park Tennis Courts

**Age** 7-17

**Days/Time:** Mon, Tues, Wed, Thurs (8-9 pm)

Wed (5:30-6:30 pm)

AC 842106 81 1 Day \$103/4 wks

9/12-10/6

AC 842106 82 1 Day \$103/4 wks

10/10-11/3

**No class 10/31**

AC 842106 83 1 Day \$103/4 wks

11/7-12/1

**No Class 11/24**

AC 842106 84 1 Day \$52/2 wks

12/5-12/15

AC 842107 81 2 Days \$183/4 wks

9/12-10/6

AC 842107 82 2 Days \$183/4 wks

10/10-11/3

**No class 10/31**

AC 842107 83 2 Days \$183/4 wks

11/7-12/1

**No Class 11/24**

AC 842107 84 2 Days \$92/2 wks

12/5-12/15

AC 842108 81 3 Days \$253/4 wks

9/12-10/6

AC 842108 82 3 Days \$253/4 wks

10/10-11/3

**No class 10/31**

AC 842108 83 3 Days \$253/4 wks

11/7-12/1

**No Class 11/24**

AC 842108 84 3 Days \$127/2 wks

12/5-12/15

AC 842109 81 4 Days \$292/4 wks

9/12-10/6

AC 842109 82 4 Days \$292/4 wks

10/10-11/3

**No class 10/31**

AC 842109 83 4 Days \$292/4 wks

11/7-12/1

**No Class 11/24**

AC 842109 84 4 Days \$146/2 wks

12/5-12/15

Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. \$10 discount for each additional family member; in person or by phone order only. For more information, visit [www.TennisAnyone.info](http://www.TennisAnyone.info). Rainout line: 909.625.2060.



# YOUTH SPORTS

## Future Tennis Star Player Package

Experience the benefits of training two days per week in the Advanced Academy and participating in one Small Group Tennis Clinic per week to focus on game specifics. Monthly Round Robin Tournament competitions. Save \$38 with the Player's Package. No make ups for classes or events missed.

**Instructor:** Tennis Anyone

**Location:** Ronald Reagan Park Tennis Courts

**Days/Time:**

**Advanced:** Mon, Tues, Thurs (6:30-8 pm) & Wed (5-6:30 pm)

**Small Group All Levels:** Mon, Tues, Wed, Thurs (8-9 pm), Wed (5:30-6:30 pm)

**Tournaments:** Sat - 9/17, 10/15, & 11/19 (2-4:30 pm)  
@ Carbon Canyon Park, Brea

**Age 7-17**

AC 842124 81 \$199/4 wks

9/12-10/6

AC 842124 82 \$199/4 wks

10/10-11/13

AC 842124 83 \$199/4 wks

11/7-12/1

**No class 10/31 & 12/24**

## Beginning Junior Karate

Children will learn self-confidence, agility, physical and mental conditioning. The basic fundamentals of Shito-Ryu style Karate are taught with an opportunity to progress in rank. (Participants should wear comfortable clothing. Gi available for purchase from instructor.)

**Instructor:** Michelle Kim

**Location:** DBC, Oak Room

**Age 6-15** **Fee \$65/13 wks**

AC 842503 81

9/7-12/7 W 4:45-5:45 pm

AC 842503 82 **Advanced** (instructor approval)

9/7-12/7 W 6-7 pm

**No Class 11/23**

## Harmony Aikido

This modern martial arts class utilizes effective self-defense through complete control. Students will learn self-control, increase physical conditioning, balance and flexibility, and build self-confidence. Wooden hardware are used, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques.

**Instructor:** Ethan Tam

**Location:** DBC, Oak Room

**Age 6+** **Fee \$74/12 wks**

AC 844531 81

9/1-11/17 Th 5:30-7 pm

**No class in December**

## Kajukenbo Karate for Kids

Children will be taught the self-defense techniques of Kajukenbo (Hawaiian Martial Art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu). During this training, students will learn self-defense, and improve their physical fitness. They will also build confidence, self esteem, and learn to set goals while testing for belt ranks. For more information visit [www.kajukenboinfo.com](http://www.kajukenboinfo.com).

\*(Uniforms are not required for first time students. Continuing students can purchase uniform from instructor.)

**Instructor:** Dan Weston

**Location:** DBC, Oak Room

**Age 8-12** **Fee \$37/5 wks**

AC 744511 72

8/9-9/13 Tu 6:15-7:15 pm

**No Class 8/23**

AC 842512 81

9/27-10/25 Tu 6:15-7:15 pm

AC 842512 82

11/8-12/13 Tu 6:15-7:15 pm

**No class 11/22**

## Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu.

Students will learn how to surpass their personal goals through discipline and the traditional values of Kung Fu. Discount applied to each additional family member enrolled -1 Day (\$10 off) or 2 Days (\$15 off). Discount cannot be given online. Optional uniform T-shirts for purchase from instructor.

**Instructor:** Tom Wong

**Location:** DBC, Oak Room

**Age 10+** **Fee \$87/4 wks**

AC 842541 81

8/27-9/17 Sa 11:15 am-12:30 pm

AC 842541 82

9/24-10/15 Sa 11:15 am-12:30 pm

AC 842541 83

10/22-11/12 Sa 11:15 am-12:30 pm

**No Classes in December**

## Pee Wees Basic Jiu Jitsu

Brazilian Jiu Jitsu is known for being one of the most effective self-defenses that exist. It is a mix of wrestling and judo. This is a basic level course.

**Instructor:** Renato Migliaccio

**Location:** 18856 Amar Rd, Suite 4, Walnut 91789

**Age 5-8** **Fee \$204/10 wks**

AC 842501 81

9/6-11/10 T&Th 5-6 pm

## Juniors Basic Jiu Jitsu - Level One

A combination of wrestling and Judo, Brazilian Jiu Jitsu is recognized as a very effective self-defense art. This is a basic level course.

**Instructor:** Renato Migliaccio

**Location:** 18856 Amar Rd, Suite 4, Walnut 91789

**Age 9-13** **Fee \$204/10 wks**

AC 842502 81

9/7-11/9 M & W 5-6 pm

## Ice Skating

Learn the fundamentals of ice skating from certified U.S. Figure Skating Association instructors. Class fee includes skate rental and practice time during public skate sessions on lesson day. Students should wear gloves, hat and warm clothing. Please arrive 30 minutes early for skate fitting.

**Instructor:** Center Ice Coaches

**Location:** Center Ice Arena,  
201 S. Plum, Ontario 91762

**Age 6-12** **Fee \$62/5 wks**

AC 842141 81

9/10-10/8 Sa 11-11:30 am

AC 842141 82

10/15-11/12 Sa 11-11:30 am

## Beginning Gymnastics

Basic moves will be introduced including balance beam, spring board, and tumbling equipment. Wear comfortable clothing.

**Instructor:** Charter Oak Gymnastics

**Location:** DBC, Oak Room

**Age 6-12** **Fee \$64/6 wks**

AC 842152 81

8/30-10/4 Tu 3:30-4:10 pm

AC 842152 82

10/18-11/22 Tu 3:30-4:10 pm



# YOUTH ENRICHMENT

## Kids Hip Hop

Through fun activities and proper dance techniques, participants will be guided so that they develop their own unique hip-hop dance style. Closed-toe shoes required.

**Instructor:** Lizette Pineda

**Location:** DBC, Sycamore Room

Age	7-17	Fee	\$107/4 wks
AC	842317 81		
	8/31-9/21	W	4-5 pm
AC	842317 82		
	9/28-10/19	W	4-5 pm
AC	842317 83		
	10/26-11/16	W	4-5 pm

## Let's Do the Hula

A Learn traditional Hawaiian hula and Tahitian dance. This one hour course will teach your child the dances, discipline, coordination, social skills and culture. \*\$50 material fee payable to the instructor for Pa'u skirt and T-Shirt.

**Instructor:** Da Hula Studio Staff

**Location:** Da Hula Studio, 968 N. Diamond Bar Blvd.

Age	3-11	Fee	\$67/9 wks
AC	841250 81		
	8/29-10/31	M	6-7 pm
<b>No Class 9/5</b>			
AC	841250 82		
	8/31-11/2	W	6-7 pm
<b>No Class 9/7</b>			

## Diamondance Ballroom Dancing

Learn the basics of Social/Ballroom dance. Learn how to lead, follow and good posture. Our goal to get you comfortable with dancing on any size dance floor, to a variety of different types of music. Bring a partner or dance with us!

**Instructor:** Denis Podolskiy & Yuliya Kushnirenko

**Location:** Diamondance

303 S. Diamond Bar Blvd, Suite H

Age	8-13 yrs	Fee	\$47/4 wks
AC	841325 81		
	9/7-9/28	W	6-6:45 pm
AC	841325 82		
	10/5-10/26	W	6-6:45 pm
AC	841325 83		
	11/2-11/23	W	6-6:45 pm
AC	841326 81		
	9/3-9/24	Sa	10-10:45 am
AC	841326 82		
	10/1-10/22	Sa	10-10:45 am
AC	841326 83		
	10/29-11/19	Sa	10-10:45 am

## Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$16 material fee payable to instructor at first class.

**Instructor:** Magical Steps Staff

**Location:** Magical Steps Academy  
818 N. Diamond Bar Blvd.

Age	7-12	Fee	\$110/7 wks
AC	842256 81		
	8/30-10/11	Tu	6-6:50 pm
AC	842256 82		
	10/18-11/29	Tu	6-6:50 pm

## Intro to Guitar

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$9 material fee payable to the instructor at first class.

**Instructor:** Magical Steps Staff

**Location:** Magical Steps Academy  
818 N. Diamond Bar Blvd

Age	7-12	Fee	\$110/7 wks
AC	843265 81		
	9/1-10/13	Th	6-6:50 pm
AC	843265 82		
	10/20-12/1	Th	6-6:50 pm

## Masterpieces with Pencils and Pastels

Explore basic design, perspective, animal art, portraiture and art history. Create new projects each week. \$4 material fee is payable to instructor at first class.

**Instructor:** Kathy Breaux

**Location:** DBC, Maple Room

Age	6-12	Fee	\$50/4 wks
AC	842461 81		
	8/30-9/20	Tu	4-5 pm
AC	842461 82		
	11/8-11/29	Tu	4-5 pm

## Fun Acrylic Painting

Learn color mixing, landscape, animal art, and figurative art. Students will create a new painting each week. Paints used in class may stain; participants should wear an old T-shirt, smock or apron. \$4 material fee is payable to instructor at first class.

**Instructor:** Kathy Breaux

**Location:** DBC, Maple Room

Age	6-12	Fee	\$50/4 wks
AC	842462 81		
	10/4-10/25	Tu	4-5 pm

## Elementary Drawing and

### Cartoon Drawing - Young Rembrandts

This class combines our essential basics of drawing and our humorous cartoon curriculum. Students will improve drawing skill, understanding concepts, and increase art vocabulary as well as create silly characters and story sequences that tell jokes! Materials included. Curriculum meets the California State Standards for Visual Arts.

**Instructor:** Young Rembrandts Staff

**Location:** DBC, Maple Room

Age	6-12	Fee	\$47/4 wks
AC	842312 81		
	10/3-10/24	M	4-4:45 pm

## Motorized Building WITH REMOTE CONTROL using LEGO®

Using new LEGO® wireless controls, students will learn about kinetic and potential energy, force, magnetism, compression, balance and wind power. The working principles of innovative and ingenious inventions in their daily lives will be explained through the construction of vehicles, machines and other dynamic items.

**Instructor:** Bricks 4 Kidz

**Location:** DBC, Maple Room

Age	5-12	Fee	\$135/5 wk
AC	842319 81		
	9/7-10/5	W	5:30-6:30 pm

## Jedi Engineering with LEGO®

Explore engineering principles by designing and building LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away.

**Instructor:** Play-Well TEKologies

**Location:** Pantera Park Activity Room

Age	5-6	Fee	\$195/1 wk
AC	842324 81		
	12/19-12/23	M-F	9 am-12 pm

## Jedi Master Engineering with LEGO®

Discover key engineering concepts such as gear trains, worm drivers, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other machines and structures.

**Instructor:** Play-Well TEKologies

**Location:** Pantera Park Activity Room

Age	7-11	Fee	\$195/1 wk
AC	842324 82		
	12/19-12/23	M-F	1-4 pm



# YOUTH ENRICHMENT

## Intro to Typing, Word, and PowerPoint

Develop your child's basic typing skills through different techniques and supplemental practice. Class covers working in Word to format fonts, align paragraphs, set up indents and margins, and insert clip art, bullets and numbering, columns and tables. Students will also learn PowerPoint to make slide shows and apply the presentation to their academic work. Lab and supply fee (\$10) due to the instructor on the first day of class. Bring pen and notebook.

**Instructor:** AGI Academy

**Location:** AGI Academy

20816 Carrey Road, Walnut 91789

**Age 6-14** **Fee \$132/7 wks**

**AC 843304 81**

9/19-10/31 M 4-5 pm

**AC 843304 82**

11/7-12/19 M 4-5 pm

## Debate & Public Speaking

Gain confidence speaking publicly; strengthen interpersonal, problem-solving and communication skills. Students will be required to thoroughly research a given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. \$10 material fee is payable to instructor at first class. Bring pen and notebook.

**Instructor:** AGI Academy

**Location:** AGI Academy,  
20816 Carrey Road, Walnut 91789

**Age 9-13**

**AC 843309 81** **Fee \$132/7 wks**

9/17-10/29 Sa 1-2 pm

**AC 843309 82** **Fee \$132/6 wks**

11/5-12/17 Sa 12:50-2 pm

**No Class 11/26**

## Science Adventure

Gain the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Students conclude class with a final research project and presentation. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

**Instructor:** AGI Academy

**Location:** AGI Academy

20816 Carrey Road, Walnut 91789

**Age 8-13**

**AC 843302 81** **Fee \$132/7 wks**

9/17-10/29 Sa 3-4 pm

**AC 843302 82** **Fee \$132/6 wks**

11/5-12/17 Sa 3:10-4:20 pm

**No class 11/26**

## Critical Reading Skills

Enhance your comprehension skills and strengthen their critical reading comprehension skills through lessons on how to identify important information, assumptions, values, and language use. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

**Instructor:** AGI Academy

**Location:** AGI Academy,

20816 Carrey Road, Walnut 91789

**Age 8-13**

**AC 843301 81** **Fee \$132/7 wks**

9/17-10/29 Sa 2-3 pm

**AC 843301 82** **Fee \$132/6 wks**

11/5-12/17 Sa 2-3:10 pm

**No Class 11/26**

## Math Workshop

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

**Instructor:** AGI Academy

**Location:** AGI Academy

20816 Carrey Road, Walnut 91789

**Age 8-13**

**AC 843311 81** **Fee \$132/7 wks**

9/17-10/29 Sa 3-4 pm

**AC 843311 82** **Fee \$132/6 wks**

11/5-12/17 Sa 3:10-4:20 pm

**No Class 11/26**



# TEEN SPORTS & ENRICHMENT

See Page 12 for Tennis Classes!

## Cardio Kickboxing

Burn up to 800 calories in this fun, low impact and energetic workout that combines cardio and light resistance training to give you a smaller waist, flatter stomach, firmer glutes, and more toned legs. Wear exercise attire and bring a mat/ towel and water to class.

**Instructor** Red Dragon Karate

**Location** Red Dragon Karate

23545 Palomino Dr., Suite D

**Age** 13+ **Fee** \$67/6 wks

**AC** 844521 81  
9/12-10/17 M 8:15-9:15 pm

**AC** 844521 82  
10/24-11/28 M 8:15-9:15 pm

**AC** 844522 81  
9/14-10/19 W 8:15-9:15 pm

**AC** 844522 82  
10/26-11/30 W 8:15-9:15 pm

## Kids Golf (11-15 yrs)

Learn the basic fundamentals of golf, including swing, chipping, putting and golf etiquette. Students need to wear golf or tennis shoes and a collared shirt. \$20 fee payable to instructor for hat. Golf clubs and practice balls available.

**Instructor** Jeffrey Hirose

**Location** Palm Lake Golf Course, 1300 W Phillips Blvd, Pomona, CA 91766

(First class will meet at the Driving Range)

**Age** 11-15 **Fee** \$97/4 wks

**AC** 842136 81  
8/27-9/24 Sa 12:30-1:30 pm

**No class 9/3**

**AC** 842136 82  
10/1-10/22 Sa 12:30-1:30 pm

**AC** 842136 83  
10/29-11/19 Sa 12:30-1:30 pm

## Kajukenbo Karate

Learn self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu) while improving your physical fitness and self-confidence. New students may wear loose-fitting workout clothes; those returning should purchase the required uniform from the instructor. More details at [www.kajukenboinfo.com](http://www.kajukenboinfo.com).

**Instructor** John Bishop

**Location** DBC, Oak Room

**Age** 13+ **Fee** \$50/5 wks

**AC** 744511 72  
8/9-9/15 Tu&Th 7:30-9 pm

**No Class 8/23 & 8/25**

**AC** 844511 81  
9/27-10/27 Tu&Th 7:30-9 pm

**AC** 844511 82  
11/8-12/15 Tu&Th 7:30-9 pm

**No class 11/22 & 11/24**

## DB 4Youth "In Action"

Hey Teens, you're invited to join your friends and peers to create new programs and places for the youth of Diamond Bar where you can hang out and have fun. You'll gain leadership skills, learn more about your local government

and earn volunteer hours for your college transcripts. Applications available online at [www.DiamondBarCA.gov/db4youth](http://www.DiamondBarCA.gov/db4youth).

DB 4Youth in Action meets at the Diamond Bar Center the last Tuesday of the month at 6 pm (subject to change). Be on the look-out for planning the 6th, 7th and 8th Grade Dance on November 4. For more information call: 909.839.7062.

## Upcoming Activities

**Stomp Out Hunger at Food For Life Warehouse:** TBA

**September: Diamond Bar Day at the L.A. County Fair:** Thursday, September 15

**Fall Fun Festival Snack Bar:** Monday, October 31

**6th, 7th and 8th Grade Event:** Friday, November 4

**ECO EXPO:** Saturday, November 12

**Diamond Bar Community Foundation GALA:** Saturday, November 12

**Holiday Food Drive:** November 17 - December 15

**Candy Cane Craft Fair - Snack Bar:** December 3

**Winter Snowfest:** January 14, 2017

## Latin Dance Party

Come join this dance party and get a full body workout. If you love to dance and have fun while working out this class is for you.

**Instructor** Lizette Pineda

**Location** DBC, Sycamore Room

**Age** 15+ **Fee** \$107/4 wks

**AC** 844308 81  
8/31-9/21 W 5-6 pm

**AC** 844308 82  
9/28-10/19 W 5-6 pm

**AC** 844308 83  
10/26-11/16 W 5-6 pm

## Healing Yoga at the Park

Find your center, align your chakras, and revitalize yourself in this outdoor yoga class. Learn new meditation each week. Participants should wear comfortable attire and bring their own yoga mat.

**Instructor** Lizette Pineda

**Location** Ronald Reagan Park

**Age** All Ages **Fee** \$107/4 wks

**AC** 844607 81  
9/7-9/28 W 9:30-10:30 am

**AC** 844607 82  
10/5-10/26 W 9:30-10:30 am

## Let's Do the Hula

Learn traditional Hawaiian hula and Tahitian dance. This one hour course will teach your child the dances, discipline, coordination, social skills and culture. \*\$50 material fee payable to the instructor for Pa'u skirt and T-Shirt.

**Instructor** Da Hula Studio Staff

**Location** Da Hula Studio, 968 N. Diamond Bar Blvd.

**Age** 12-25 **Fee** \$67/9 wks

**AC** 841251 81  
8/30-11/1 Tu 7-8 pm

**No Class 9/6**

**AC** 841251 82  
9/1-11/3 Th 7-8 pm

**No Class 9/8**

## Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$16 material fee payable to the instructor at first class.

**Instructor** Magical Steps Staff

**Location** Magical Steps Academy  
818 N. Diamond Bar Blvd.

**Age** 13-17 **Fee** \$110/7 wks

**AC** 842255 81  
8/30-10/11 Tu 7-7:50 pm

**AC** 842255 82  
10/18-11/29 Tu 7-7:50 pm



# TEEN ENRICHMENT

## Intro to Guitar

Through informative lessons and hands-on exercises, beginners practice chord, single note melodies and fun easy songs that build basic guitar skills. \$9 material fee payable to instructor at the first class for lesson book.

**Instructor** Magical Steps Staff

**Location** Magical Steps Academy  
818 N. Diamond Bar Blvd.

<b>Age</b> 13-17		<b>Fee</b> \$110/7 wks
<b>AC</b> 843266 81		
9/1-10/13	Th	7-7:50 pm
<b>AC</b> 843266 82		
10/20-12/1	Th	7-7:50 pm

## Instant Guitar for Hopelessly Busy People

Have you ever wanted to learn the guitar, but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs. Bring your acoustic guitar. \$29 material fee (workbook & practice dvd) payable to instructor at the first class for lesson book.

**Instructor** Craig Coffman

**Location** DBC, Maple Room

<b>Age</b> 13+		<b>Fee</b> \$32/1 day
<b>AC</b> 844258 81		
10/4	Tu	5:15-7:30 pm

## Intro to Typing, Word and PowerPoint

Develop your child's basic typing skills through different techniques and supplemental practice. Class covers working in Word to format fonts, align paragraphs, set up indents and margins, and insert clip art, bullets and numbering, columns and tables. Students will also learn PowerPoint to make slide shows and apply the presentation to their academic work. Lab and supply fee (\$10) due to the instructor on the first day of class. Bring pen and notebook.

**Instructor** AGI Academy

**Location** AGI Academy  
20816 Carrey Road, Walnut 91789

<b>Age</b> 6-14		<b>Fee</b> \$132/7 wks
<b>AC</b> 843304 81		
9/19-10/31	M	4-5 pm
<b>AC</b> 843304 82		
11/7-12/19	M	4-5 pm

## Debate & Public Speaking

Gain confidence speaking publicly and strengthen your interpersonal, problem-solving and communication skills. Participants will learn how to conduct thorough research on any given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 9-13		<b>Fee</b> \$132/7 wks
<b>AC</b> 843309 81		
9/17-10/29	Sa	1-2 pm
<b>AC</b> 843309 82		<b>Fee</b> \$132/6 wks
11/5-12/17	Sa	12:50-2 pm
<b>No Class 11/26</b>		

## Math Workshop

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 8-13		<b>Fee</b> \$132/7 wks
<b>AC</b> 843311 81		
9/17-10/29	Sa	3-4 pm
<b>AC</b> 843311 82		<b>Fee</b> \$132/6 wks
11/5-12/17	Sa	3:10-4:20 pm
<b>No Class 11/26</b>		

## Science Adventure

Gain the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Students conclude class with a final research project and presentation. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 8-13		<b>Fee</b> \$132/7 wks
<b>AC</b> 843302 81		
9/17-10/29	Sa	3-4 pm
<b>AC</b> 843302 82		<b>Fee</b> \$132/6 wks
11/5-12/17	Sa	3:10-4:20 pm
<b>No Class 11/26</b>		

## Critical Reading and Written Expression

Enhance your comprehension skills and strengthen their critical reading and writing skills through lessons on how to identify important information, assumptions, values, and language use. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 8-13		<b>Fee</b> \$132/7 wks
<b>AC</b> 843301 81		
9/17-10/29	Sa	2-3 pm
<b>AC</b> 843301 82		<b>Fee</b> \$132/6 wks
11/5-12/17	Sa	2-3:10 pm
<b>No Class 11/26</b>		

## Microsoft Office Applications in Excel & PowerPoint

Whether you are preparing reports or creating projects, this class will teach you how to make slide shows, spreadsheets or tables using Microsoft's most popular programs. Experienced users can sharpen their skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 16+		<b>Fee</b> \$132/7 wks
<b>AC</b> 843307 81		
9/20-11/1	Tu	8-9 pm
<b>AC</b> 843307 82		
11/8-12/20	Tu	8-9 pm

## PSAT Prep Class

All PSAT sections will be reviewed with detailed explanation, and materials will be provided on a weekly basis to help students build their vocabulary, improve their reading comprehension and written expression, and master arithmetic, algebra and geometry. Helpful practice strategies and tips will be provided. Bring pen and notebook. \$20 material fee is payable to instructor at first class.

**Instructor** AGI Academy

**Location** AGI Academy,  
20816 Carrey Road, Walnut 91789

<b>Age</b> 13-16		<b>Fee</b> \$264/7 wks
<b>AC</b> 843312 81		
9/17-10/29	Sa	2-4 pm
<b>AC</b> 843312 82		<b>Fee</b> \$264/6 wks
11/5-12/17	Sa	2-4:20 pm
<b>No Class 11/26</b>		

## Digital Photography

In addition to photography fundamentals, this class covers composition, flash, color control and exposure, as well as the specific functions of your digital camera. \$5 material fee due to the instructor at first class.

**Instructor** Tony Wang

**Location** City Hall, Willow Room

<b>Age</b> 16+		<b>Fee</b> \$89/6 wks
<b>AC</b> 847307 81		
10/13-11/17	Th	6:30-8:30 pm



# ADULT SPORTS

## Men's Adult Basketball

Get in shape and sharpen your skills in our men's adult basketball league. Games are played Sundays at Diamond Bar High School or South Pointe Middle School between 1 pm and 10 pm. League fees of \$360 include a minimum of 10 games, scorekeepers, and championship awards. There is also a \$21 per game officials' fee, paid on-site. The fall 2016 season is scheduled to begin with practice games on September 11. Registration is taken on a first-come, first-served basis. For more information, please call the Recreation Services Division at 909.839.7070.

## Table Tennis (Ping Pong)

Come join the fun and practice your skills at this FREE program! All ages are welcome to participate on Tuesday, Thursday, and Sunday evenings from 6:30 pm to 10:00 pm at the Heritage Park Community Center. Bring your paddle and table tennis balls and be ready to play!

## Adult Co-Ed Recreational Volleyball

Improve your skills with our recreational volleyball program! This drop-in program is designed for those who want to get on the court and play. There are no officials, no strict rules, and teams will be formed informally as players arrive. Violations will be called using the honor system.

**Fee** \$40.00 per person  
**Dates** Monday Nights  
 September 12 - November 21  
 (tentative dates)  
 7-9 pm

**Location** South Pointe Middle School  
 Gymnasium

AC 803001 81

For registration information, please call the Parks and Recreation Department at 909.839.7070.

Tennis participants must bring their own racquet. Make-ups must be made within the session; students may attend any tennis class at their same level. For more information, visit [www.TennisAnyone.info](http://www.TennisAnyone.info).

Rain out line: 909.625.2060.

## Adult Tennis Academy – Intermediate/Advanced

Improve your skills while getting a workout and making new friends. \$10 off each additional family member enrolled; discount cannot be given online.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park Tennis Courts

**Age** 18+

**Days** Mondays (Advanced-instructor clearance needed) & Wednesdays (Int/Adv)

**Time** 6:30-8 pm

AC 844111 81 1 Day \$69/4 wks

9/12-10/5

AC 844111 82 1 Day \$69/4 wks

10/10-11/2

**No class on 10/31**

AC 844111 83 1 Day \$69/4 wks

11/7-11/30

AC 844111 84 1 Days \$35/2 wks

12/5-12/14

AC 844112 81 2 Days \$105/4 wks

9/12-10/5

AC 844112 82 2 Days \$105/4 wks

10/10-11/2

**No class on 10/31**

AC 844112 83 2 Days \$105/4 wks

11/7-11/30

AC 844112 84 2 Days \$53/2 wks

12/5-12/14

## Adult Semi Private Tennis Lessons-Beg.

Intended for newcomers to tennis who want to learn the sport in a small group setting of 2-4 students. Expect plenty of attention from the coach while learning a sport that can be enjoyed for a lifetime.

**Instructor** Tennis Anyone

**Location** Ronald Reagan Park

**Age** 18+

**Time** 6:30-7:30 pm

AC 811113 81

9/14-10/5 W \$99/4 wks

AC 844113 82

10/12-11/2 W \$99/4 wks

AC 844113 83

11/9-11/30 W \$99/4 wks

AC 844113 84

12/7-12/14 W \$49/2 wks

## Golf

Designed for players of all ages, this class is for anyone who wants to learn or improve their game on the links! Students need to wear golf or tennis shoes and a collared shirt. \*\$20 fee payable to instructor for hat. Golf clubs and practice balls available.

**Instructor** Jeffrey Hirose

**Location** Palm Lake Golf Course,

1300 W Phillips Blvd, Pomona, CA 91766

(First class will meet at the Driving Range)

**Age** 18+

**Fee** \$97/4 wks

AC 844135 81

8/31-9/21 W 10:30-11:30 am

AC 844135 82

9/28-10/19 W 10:30-11:30 am

AC 844135 83

10/26-11/16 W 10:30-11:30 am

AC 844136 81

9/1-9/22 Th 10:30-11:30 am

AC 844136 82

9/29-10/20 Th 10:30-11:30 am

AC 844136 83

10/27-11/17 Th 10:30-11:30 am

## Jiu Jitsu Self Defense and Weight Loss

Learn Basic Self-Defense skills. Be part of a great sport. Make friends, lose weight, and feel better.

**Instructor** Renato Migliaccio

**Location** 18856 Amar Road Suite 4, Walnut 91789

**Days/Time** Mon, Tues, Wed, Thurs,

Fri (6:45-7:45 pm), Sa (10-11 am)

**Age** 14+

**Fee** \$204/4 wks

AC 844501 81

9/5-11/12 M-Sa Every/Any Day

## Harmony Aikido

This modern martial arts class utilizes effective self-defense through complete control. Students will learn self-control, increase physical conditioning, balance and flexibility, and build self-confidence. Wooden hardware are used, such as the bokken (replica sword), Jo (staff) and Tanko (replica knife), to strengthen joints and muscles, while helping align the body for correct techniques.

**Instructor** Ethan Tam

**Location** DBC, Oak Room

**Age** 6+

**Fee** \$74/12 wks

AC 844531 81

9/11-11/17 Th 5:30-7 pm

**No class in December**



**Adult/Teen Karate**

Learn self-confidence, agility, physical and mental conditioning. The basic fundamentals of Shito-Ryu style Karate are taught with an opportunity to progress in rank. (Participants should wear comfortable clothing. Gi available for purchase from instructor.)

**Instructor** Michelle Kim

**Location** DBC, Oak Room

**Age** 15+ **Fee** \$65/13 wks

**AC** 844502 81

9/7-12/7 W 7:15-8:15 pm

**No Class** 11/23

**Wing Chun Kung Fu**

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu, and techniques to surpass your personal goals through discipline. Discount applied to each additional family member enrolled –1 Day (\$10 off) or 2 Days (\$15 off). Discount cannot be given online. Optional uniform T-shirts for purchase from instructor.

**Instructor** Tom Wong

**Location** DBC, Oak Room

**Age** 10+ **Fee** \$87/4 wks

**AC** 842541 81

8/27-9/17 Sa 11:15 am-12:30 pm

**AC** 842541 82

9/24-10/15 Sa 11:15 am-12:30 pm

**AC** 842541 83

10/22-11/12 Sa 11:15 am-12:30 pm

**No Classes in December**

**Kajukenbo Karate**

Learn self-defense techniques of Kajukenbo (Hawaiian Mixed Martial Art that combines Karate, Judo, Jujitsu, Kenpo and Kung Fu) while improving your physical fitness and self-confidence. New students may wear loose-fitting workout clothes; those returning should purchase the required uniform from the instructor. More details at [www.kajukenboinfo.com](http://www.kajukenboinfo.com).

**Instructor** John Bishop

**Location** DBC, Oak Room

**Age** 13+ **Fee** \$50/5 wks

**AC** 744511 72

8/9-9/15 Tu&Th 7:30-9 pm

**No class** 8/23 & 8/25

**AC** 844511 81

9/27-10/27 Tu&Th 7:30-9 pm

**AC** 844511 82

11/8-12/15 Tu&Th 7:30-9 pm

**No class** 11/22 & 11/24

**Yang Style Tai Chi Ch'uan**

Often referred to as "moving meditation," Tai-Chi focuses on the mind-body connection and has been found to improve balance, lower blood pressure and improve the immune system. Class starts with 30-40 minutes of warm-up exercises and Chi Kung, with the second half of the class focusing on long-form movements and practice. Instructor is Level 7, certified by CTCCA/NWTCCA.

**Instructor** Thomas Barrett

**Location** DBC, Sycamore Room

**Age** 18+ **Fee** \$57/5 wks

**AC** 844619 81

9/1-9/29 Th 7:30-8:30 pm

**AC** 844619 82

10/6-11/3 Th 7:30-8:30 pm

**Cardio Kickboxing**

Burn up to 800 calories in this fun, low impact and energetic workout that combines cardio and light resistance training to give you a smaller waist, flatter stomach, firmer glutes, and more toned legs. Wear exercise attire and bring a mat/ towel and water to class.

**Instructor** Red Dragon Karate

**Location** Red Dragon Karate,  
23545 Palomino Drive, Ste. D

**Age** 13+ **Fee** \$67/6 wks

**AC** 844521 81

9/12-10/17 M 8:15-9:15 pm

**AC** 844521 82

10/24-11/28 M 8:15-9:15 pm

**AC** 844522 81

9/14-10/19 W 8:15-9:15 pm

**AC** 844522 82

10/26-11/30 W 8:15-9:15 pm

**MMA Course**

Learn how to punch, kick, how to grapple, and ground fighting. Get faster, stronger, more flexible, and shed all those extra pounds.

**Instructor** Renato Migliaccio

**Location** 18856 Amar Rd Suite 4,  
Walnut, CA 91789

**Days/Time** Mon, Wed, Fri (6:45-7:45 pm)

Tues & Thur (6-7 pm), Sa (10-11 am)

**Age** 14+ **Fee** \$204/10 wks

**AC** 844526 81

9/5-11/12 M-Sa Every/Any Day

**Zumba For the Mature Adult**

A fun, energetic and low-impact Zumba workout at a pace designed for beginners, older adults, and individuals with knee or joint issues.

**Instructor** Limei Xiao

**Location** DBC, Sycamore Room

**Age** 18+ **Fee** \$40/8 wks

**AC** 844631 81

9/19-11/7 M 10-11 am

**Vinyasa Yoga Flow**

Practice the fundamentals of movement based classes and challenge yourself in supported environment that emphasizes elongating your muscles and sweating your toxins out. Turn the heat in your body with this challenging class and open your body up for better adjustment. Bring yoga mat.

**Instructor** Tina Liu

**Location** DBC, Pine Room

**Age** 14+ **Fee** \$57/5 wks

**AC** 844610 81

8/31-9/28 W 6-7 pm

**AC** 844610 82

10/5-11/2 W 6-7 pm

**Kundalini Yoga**

Experience deep relaxation and inner peace while learning Kundalini Yoga postures, mudras, mantra, and meditation. All levels are welcome. Bring a mat and water.

**Instructor** Marlene Ramirez-Mooney

**Location** DBC, Oak Room

**Age** 18+ **Fee** \$73/6 wks

**AC** 844601 81

9/3-10/15 Sa 10-11 am

**AC** 844601 82

10/29-12/17 Sa 10-11 am

**No class** 9/24, 11/19 & 12/3

**Restorative Yoga**

Improve your stamina, lung capacity, flexibility, blood circulation and cardiovascular health. Taught by a member of the International Association of Yoga Therapists. Bring yoga mat and strap or cotton belt.

**Instructor** Maya Devi

**Location** DBC, Pine Room

**Age** 16+ **Fee** \$80/10 wks

**AC** 844603 81

9/15-11/17 Th 4:15-5:45 pm



# ADULT FITNESS

## Healing Yoga at the Park

Find your center, align your chakras, and revitalize yourself in this outdoor yoga class. Learn new meditation each week. Participants should wear comfortable attire and bring their own yoga mat.

**Instructor** Lizette Pineda

**Location** Roanls Reagan Park

**Age** 15+ **Fee** \$107/4 wks

**AC** 844607 81 **W** 9:30-10:30 am  
**AC** 844607 82 **W** 9:30-10:30 am  
 10/5-10/26 **W** 9:30-10:30 am

## Latin Dance Party

Come join this dance party and get a full body workout. If you love to dance and have fun while working out this class is for you.

**Instructor** Lizette Pineda

**Location** DBC, Sycamore Room

**Age** 13+ **Fee** \$107/4 wks

**AC** 844308 81 **W** 5-6 pm  
 8/31-9/21 **W** 5-6 pm  
**AC** 844308 82 **W** 5-6 pm  
 9/28-10/19 **W** 5-6 pm  
**AC** 844308 83 **W** 5-6 pm  
 10/26-11/16 **W** 5-6 pm

## Let's Do the Hula

A Learn traditional Hawaiian hula and Tahitian dance. This one hour course will teach your child the dances, discipline, coordination, social skills and culture. \$50 material fee payable to the instructor for Pa'u skirt and T-Shirt.

**Instructor** Da Hula Studio Staff

**Location** Da Hula Studio, 968 N. Diamond Bar Blvd.

**Fee** \$67/9 wks

**AC** 841251 81 **Tu** **Age** 12-25 7-8 pm  
 8/30-11/1

**No Class 9/6**  
**AC** 841251 82 **Th** **Age** 12-25 7-8 pm  
 9/1-11/3

**No Class 9/8**  
**AC** 844251 81 **M** **Age** 26+ 7-8 pm  
 8/29-10/31

**No Class 9/5**  
**AC** 844251 82 **W** **Age** 26+ 7-8 pm  
 8/31-11/2

**No Class 9/7**

## Belly Dancing

Learn basic steps, movements, and how to play finger cymbals or dance while improving your posture, muscle tone and self-image. \$15 fee due to the instructor on the first day of class for either a 4-finger cymbals and pouch or veil.

**Instructor** Shannon Griffiths

**Location** DBC, Maple Room

**Age** 18+ **Fee** \$44/4 wks

**AC** 844311 81 **W** 6:45-7:45 pm  
 9/7-9/28  
**AC** 844311 82 **W** 6:45-7:45 pm  
 10/5-10/26  
**AC** 844311 83 **W** 6:45-7:45 pm  
 11/2-11/23

## Jazzercise

Obtain fitness results fast with this danced-based workout that combines cardio moves with strength-training to burn up to 800 calories per session. Wear exercise attire, bring a mat or towel, and water. Hand-held weights optional.

**Instructor** Connie Lillie

**Location** DBC, Sycamore Rm (T/Th), Oak Rm (Sa)

**Age** 16+

**Days** Tuesday, Thursday & Saturday

**Time** Tu & Th 6:15-7:15 pm, Sa 8:30-9:30 am

**AC** 844611 81 **1 Day** **Fee** \$32/5 wks  
 8/27-9/29  
**AC** 844611 82 **1 Day** **Fee** \$32/5 wks  
 10/1-11/3  
**AC** 844611 83 **1 Day** **Fee** \$32/5 wks  
 11/5-12/8  
**AC** 844612 81 **2 Days** **Fee** \$47/5 wks  
 8/27-9/29  
**AC** 844612 82 **2 Days** **Fee** \$47/5 wks  
 10/1-11/3  
**AC** 844612 83 **2 Days** **Fee** \$47/5 wks  
 11/5-12/8  
**AC** 844613 81 **3 Days** **Fee** \$52/5 wks  
 8/27-9/29  
**AC** 844613 82 **3 Days** **Fee** \$52/5 wks  
 10/1-11/3  
**AC** 844613 83 **3 Days** **Fee** \$52/5 wks  
 11/5-12/8  
**No Class 11/8, 11/24 and 12/3**

## Pilates

Gain strength, toning and flexibility through a range of award-winning Pilates moves. Beginners are welcome. Bring an exercise mat and water.

**Instructor** Gabriela Klein

**Location** DBC, Sycamore Room

**Age** 18+ **Fee** \$59/6 wks

**AC** 844609 81 **M & W** 6-7 pm  
 8/29-10/12

**No class 9/5**  
**AC** 844609 82 **M & W** 6-7 pm  
 10/17-11/23

## Ballet Barre

This ballet-inspired workout is ideal for individuals looking for an exercise routine to achieve sculpted and lean muscles. Bring a thick mat, light hand weights and water.

**Instructor** Gabriela Klein

**Location** DBC, Sycamore Room

**Age** 18+ **Fee** \$59/6 wks

**AC** 844608 81 **M & W** 7-8 pm  
 8/29-10/12

**No class 9/5**  
**AC** 844608 82 **M & W** 7-8 pm  
 10/17-11/23

## Diamondance Ballroom Dancing

Become a star on the dance floor. Our goal to get you comfortable with dancing on any size dance floor, to a variety of different types of music. You will learn Salsa, Tango, Waltz, Swing and more. Bring a partner or dance with us!

**Instructor** Denis Podolskiy & Yuliya Kushnirenko

**Location** Diamondance

303 S. Diamond Bar Blvd, Suite H

**Age** 18+

**Days/Time** Mon, Wed, Fri, Sa (7:30-8:15 pm)

**AC** 844315 81 **1 Day** **Fee** \$47/4 wks  
 9/5-10/1  
**AC** 844315 82 **1 Day** **Fee** \$47/4 wks  
 10/3-10/29  
**AC** 844315 83 **1 Day** **Fee** \$47/4 wks  
 11/7-12/3  
**AC** 844316 81 **2 Days** **Fee** \$83/4 wks  
 9/5-10/1  
**AC** 844316 82 **2 Days** **Fee** \$83/4 wks  
 10/3-10/29  
**AC** 844316 83 **2 Days** **Fee** \$83/4 wks  
 11/7-12/3  
**AC** 844317 81 **3 Days** **Fee** \$115/4 wks  
 9/5-10/1  
**AC** 844317 82 **3 Days** **Fee** \$115/4 wks  
 10/3-10/29  
**AC** 844317 83 **3 Days** **Fee** \$115/4 wks  
 11/7-12/3  
**AC** 844318 81 **4 Days** **Fee** \$143/4 wks  
 9/5-10/1  
**AC** 844318 82 **4 Days** **Fee** \$143/4 wks  
 10/3-10/29  
**AC** 844318 83 **4 Days** **Fee** \$143/4 wks  
 11/7-12/3

## Beginner/Intermediate Social Dance

The basics of social and ballroom dances, such as salsa and swing, will be covered as well as variations, turns, and more. Bring a partner or find one in class. No dance experience necessary.

**Instructor** Louise Levy

**Location** DBC, Sycamore Room

**Age** 18+ **Weeks** 10

**AC** 844303 81 **Individual** \$82

**AC** 844303 82 **Couples** \$150 (\$75 each)  
 8/30-11/1 **Tu** 7:30-8:30 pm

## Intermediate/Advanced Social Dance

Some dance experience is required for this class, which goes beyond the basics of ballroom, swing and salsa. Bring a partner or find one in class.

**Instructor** Louise Levy

**Location** DBC, Sycamore Room

**Age** 18+ **Weeks** 10

**AC** 844304 81 **Individual** \$82

**AC** 844304 82 **Couples** \$150 (\$75 each)  
 8/30-11/1 **Tu** 8:30-9:30 pm



# ADULT ENRICHMENT

## Fine Art Acrylic Painting

Learn about the materials, tools, and techniques of acrylic painting, and create a series of paintings. No previous experience required. Free supplies for the first meeting. After that, students are responsible for their own supplies (list provided).

**Instructor** Ray Tucker

**Location** DBC, Sycamore Room

**Age** 18+

<b>AC</b> 844261 81		<b>Fee</b> \$107/4 wks
8/31-9/21	W	12:30-3:30 pm
<b>AC</b> 844261 82		<b>Fee</b> \$107/4 wks
9/28-10/19	W	12:30-3:30 pm
<b>AC</b> 844261 83		<b>Fee</b> \$107/4 wks
10/26-11/16	W	12:30-3:30 pm
<b>AC</b> 844261 84		<b>Fee</b> \$82/3 wks
11/30-12/14	W	12:30-3:30 pm

## Oil Painting Techniques

Basics of oil painting including description, use application, fundamentals of color, composition and design will be covered, and with the guidance of the instructor, students will create various paintings from direct observation and photographs. Students must furnish their own supplies (list will be provided on the first day of class).

**Instructor** Ray Tucker

**Location** DBC, Maple Room

**Age** 18+

<b>AC</b> 844262 81		<b>Fee</b> \$107/4 wks
9/3-9/24	Sa	9 am-12 pm
<b>AC</b> 844262 82		
10/1-10/22	Sa	9 am-12 pm
<b>AC</b> 844262 83		
11/5-11/26	Sa	9 am-12 pm

## Intro to Piano

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff, and apply this knowledge to learn a song. \$16 material fee due to the instructor at first class.

**Instructor** Magical Steps Staff

**Location** Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

**Age** 18+

<b>AC</b> 844255 81		<b>Fee</b> \$110/7 wks
8/30-10/11	Tu	7-7:50 pm
<b>AC</b> 844255 82		
10/18-11/29	Tu	7-7:50 pm

## Intro to Guitar

Learn basic theory and keyboard fundamentals such as rhythm, note reading and technique. By the end of the course, students will be able to count rhythms out loud, read musical notation on the treble and bass staff. \$9 material fee payable to the instructor at first class.

**Instructor** Magical Steps Staff

**Location** Magical Steps Academy

818 N. Diamond Bar Blvd, Diamond Bar

**Age** 18+

<b>AC</b> 843266 81		<b>Fee</b> \$110/7 wks
9/1-10/13	Th	7-7:50 pm
<b>AC</b> 843266 82		
10/20-12/1	Th	7-7:50 pm

## Instant Guitar for Hopelessly Busy People

Have you ever wanted to earn the guitar, but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs. Bring your acoustic guitar. \$29 material fee (workbook & practice dvd) payable to instructor at the first class for lesson book.

**Instructor** Craig Coffman

**Location** DBC, Maple Room

**Age** 13+

<b>AC</b> 844258 81		<b>Fee</b> \$32/1 Day
10/4	Tu	5:15-7:30 pm

## Instant Piano for Hopelessly Busy People

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords and you can learn all the chords you'll need to play any song in this one session. \$29 material fee (workbook & practice dvd) payable to instructor at the first class for lesson book.

**Instructor** Craig Coffman

**Location** DBC, Maple Room

**Age** 18+

<b>AC</b> 844258 82		<b>Fee</b> \$32/1 Day
10/4	Tu	7:30-9:45 pm

## Personal Financial Planning

Learn the fundamental principles of comprehensive personal financial planning. Students will be able to diagram the personal financial planning process, construct statements of financial position and cash, understand the fundamentals of retirement planning and estate planning, and have the ability to identify potential tax saving opportunities. Class is conducted workshop style with opportunity questions. Students should bring a notebook. \$10 material fee is payable to instructor at first class.

**Instructor** Andrew B. Chou, CFP

**Location** City Hall, Willow Room

<b>Age</b> 18+		<b>Fee</b> \$57/1 Day
<b>AC</b> 843213 81		
9/17	Sa	9 am-12 pm

## Microsoft Office Applications in Excel & PowerPoint

Whether you are preparing reports or creating projects, this class will teach you how to make slide shows, spreadsheets or tables using Microsoft's most popular programs. Includes hands-on practice. Experienced users can sharpen their skills and learn file management and flyer design. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

**Instructor** AGI Academy

**Location** AGI Academy

20816 Carrey Road, Walnut 91789

**Age** 16+

<b>AC</b> 843307 81		<b>Fee</b> \$132/7 wks
9/20-11/1	Tu	8-9 pm
<b>AC</b> 843307 82		
11/8-12/20	Tu	8-9 pm

## Digital Photography

In addition to photography fundamentals, this class covers composition, flash, color control and exposure, as well as the specific functions of your digital camera. \$5 material fee due to the instructor at first class.

**Instructor** Tony Wang

**Location** City Hall, Willow Room

**Age** 16+

<b>AC</b> 847307 81		<b>Fee</b> \$89/6 wks
10/13-11/17	Th	6:30-8:30 pm



# ADULT ENRICHMENT

## Dog Obedience

Fees listed are for one dog and his handler. The handler should remain consistent throughout the course; however, additional family members may observe the class at no additional charge. Bring the dog's current vaccination records to the first class. Visit [www.dogclassinfo.com](http://www.dogclassinfo.com) for more information.

### Dog Obedience Training

Master Dog Trainer, Rose Healey will address behavior problems (hole-digging, chewing, nipping, etc.) and will introduce A.K.C. obedience exercises including the proper heel, automatic sit, down-stay, sit-stay, stand, and come commands. All breeds, 5 months and older may join. Bring current vaccination records and \$10 material Fee (includes training manual) to first meeting. Trophies and certificates will be awarded at graduation.

**Instructor** Rose Healey, Dog Services Unlimited Trainer

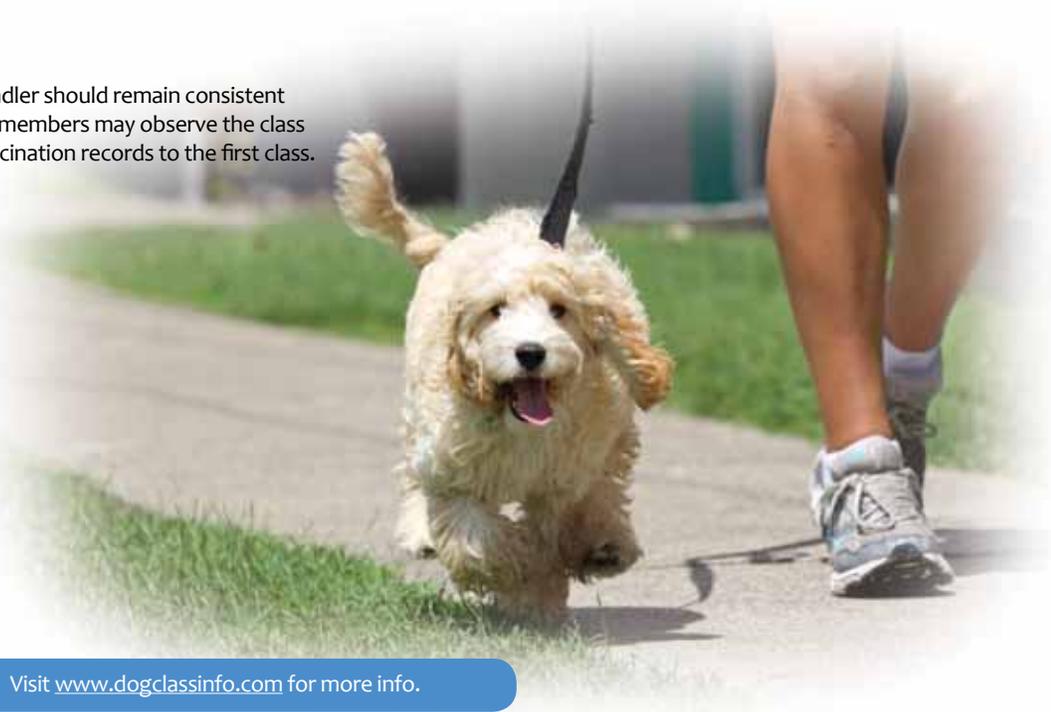
**Location** Chino Hills Community Center

14250 Peyton Dr, Chino Hills, 91709

**Age** 10+ **Fee** \$95/7 wks

**AC** 844222 81

9/15-10/27 Th 7:30-8:30 pm



Visit [www.dogclassinfo.com](http://www.dogclassinfo.com) for more info.



## ONLINE LEARNING

More than 250 courses that you can complete from your home or office, any time. Fees start at \$99. Visit [www.ed2go.com/diamondbar](http://www.ed2go.com/diamondbar) or call 909.839.7070 for more information.

### Session Dates:

Session 10 10/12-12/12

Session 11 11/9-1/9

Session 12 12/14-2/13

### Topics Include:

- Test Prep
- Language
- Web Based Programs
- English, Grammar & Writing
- Microsoft Application



# EXCURSIONS ADULT & FAMILY

## Fall Back Festival in San Diego

Fall back in time at the Fall Back Festival and Historic Children's Street Faire presented by the Gaslamp Quarter Historical Foundation. There will be an abundance of historical demonstrators and interactive activities, contest, and entertainment stages. The whole family can enjoy free food and fun activities like gold mining, pony riding, blacksmithery, and more! The festival is held right in the heart of the Gaslamp Quarter, so you will be able to enjoy the festivities and/or enjoy the many shops and restaurants at your discretion. Excursion includes festival admission, roundtrip transportation and a snack. Some activities and food may have a fee and are at your own expense. **Reservation deadline is Wednesday, October 19.**

AC 806006 81	Age All	Fee \$35
Date	Day	Time
11/6	Sun	9 am - 5 pm



## Indio Tamale Festival and Cabazon Outlets

Your day starts with a ride to the Coachella Valley to the Indio International Tamale Festival. This Annual Festival is home to more than 400,000 tamales sold by over 80 vendors. There is a stage with bands, dancers, and many arts & crafts booths. Upon leaving the festival we stop at the Desert Hills Premium Outlets in Cabazon to do some holiday shopping. The afternoon is yours to shop the 130 stores featuring leading designers and brand names. Excursion includes roundtrip transportation and a snack. Food and shopping is at your own expense. **Reservation deadline is Wednesday, November 2.**

AC 806008 81	Age All	Fee \$34
Date	Day	Time
12/3	Sa	8:30 am - 5:30 pm



## 2017 Rose Parade

Join us in attending America's New Year Celebration, a greeting to the world on the first day of the year, and a salute to the community spirit and love of pageantry that have thrived in Pasadena for more than 100 years. Traditionally, the Rose Parade is not held on Sundays, therefore this New Year's event will be held on Monday, January 2. Excursion includes continental breakfast, roundtrip transportation, grandstand seat, a Diamond Bar seat cushion and a snack for the ride home. **Reservation deadline is Wednesday, November 2.**

AC 106003 81	Age All	Fee \$99
Date	Day	Time
1/2	M	6 am - 2 pm



## Adult & Senior Excursion Registration & Refund Policy

Registration is processed on a first-come, first-served basis. To register, call 909.839.7070, go online to [www.diamondbarca.gov](http://www.diamondbarca.gov), or visit the Diamond Bar Center (1600 Grand Avenue). All participants must sign a City-provided liability waiver prior to participating in each excursion. An adult must accompany minors 17 years of age or younger. Both adult and senior excursions depart from and return to the Diamond Bar Center. **Early registration is strongly suggested as excursions are subject to cancellation if minimum participation requirements are not met by the indicated deadline. Seats may be available beyond the reservation deadline if the minimum participation is met.**

Refunds will be given only when an excursion is sold out and Recreation Services is able to resell your reservation to another party. Refunds will not be granted for early or late returns. Recreation Staff does their best to estimate return times and are not responsible for traffic conditions or other situations beyond their control. The City reserves the right to cancel at any time. Should the City cancel you will receive a full refund of fees and we will do our best to notify you in advance.



# SENIOR EXCURSIONS

## SENIOR EXCURSIONS

Senior Excursions are for Senior Citizens only (55+).

Excursions are rated on a 1-2-3 level scale. 1 represents little or no walking, 2 is moderate amount of walking and 3 is quite a bit of walking.

### Queen Mary; Glory Days Tour – Level 3

The Glory Days Historical Tour is full of interesting anecdotes, fun facts and compelling true-stories about the legendary Queen Mary, including her service during WWII. Guests can learn the incredible true story of the Queen Mary's involvement in WWII and how she played a pivotal role in guiding the Allied Forces to victory. Following our tour we will cross the bay to Shoreline Park where you will have the rest of the afternoon to explore the various restaurants and shops.

**AC 807001 81**      **Age 55+**      **Fee \$40**  
**Date**              **Day**              **Depart/Return**  
 10/13              Th              9:30 am-4:30 pm



### Morongo Casino – Level 1 or 3

Join us on this fun trip to play the loosest slots around! Morongo Casino is home to challenging and award-winning gaming opportunities including slots, video poker, gaming tables, bingo hall, poker room and off-track betting. This excursion includes roundtrip transportation (lunch is on your own today).

**AC 807005 81**      **Age 55+**      **Fee \$22**  
**Date**              **Day**              **Depart/Return**  
 11/17              Th              9 am-5 pm



### Wheel of Fortune Live Taping – Level 1

Lunch at the Vegas Seafood Buffet in Hollywood CA. Vegas Seafood Buffet was inspired by the vibrancy and variety of buffet restaurants in the City of Las Vegas, bringing the "Vegas Style" dining experience to patrons. There is a wide variety of delicious entrees to choose from; seafood, Teppanyaki, salads, fruits and so much more. After lunch we will depart to Culver City where we will stop at the Sony Studios for a taping of Wheel of Fortune. Check-in time will be at 2:45 p.m. and taping will start at 3:15 p.m. Tappings last up to 3 hours. After the taping we will depart back.

**AC 807001 81**      **Age 55+**      **Fee \$44**  
**Date**              **Day**              **Depart/Return**  
 11/11              F              10:30 am-8 pm



### Victorian Christmas Home Tour – Level 1-2

First, 11:45 a.m. we arrive for lunch at the HMS Bounty located right along Wilshire Blvd., located inside the historic Gaylord Apartments. HMS is one of the last true "Old Hollywood" restaurants and is a classic Los Angeles treasure. And for those "Mad Men" TV show watchers it might look a little familiar. Enjoy a choice of; Salmon, Petite NY Steak, Roast Chicken or Pork Chop. Then take the short drive to the Grier Musser Museum for a special Holiday tour. The Grier Musser Museum is a turn-of-the century historic Queen Anne house which displays fascinating antique collections in monthly holiday exhibits throughout the year. In the month of December, the museum celebrates a festive traditional Victorian Holiday, and the entire museum is decorated for the occasion.

**AC 807003 81**      **Age 55+**      **Fee \$43**  
**Date**              **Day**              **Depart/Return**  
 12/8              Th              10:30 am-4 pm



## SENIOR EXTENDED EXCURSIONS

### Premier World Discovery & Collette Gateway

Premier World Discovery & Collette Gateway has partnered with the City of Diamond Bar to offer extended excursions. All trips offered are "all-inclusive" at 4 star accommodations. Travelers are picked up and dropped off at their doorstep for Premier. Trips may include cars, trains, planes, boats and motor coaches. Don't see a trip you're looking for they can help!!

### Holland Tulips & Rhine River Castle – featuring Amsterdam tour, Amadeus Silver III, 2 nights in Lucerne!

October 7, 11 days • \$4,799-\$6,699 per person double-depending on cabin

### Discover Cuba – featuring Matanzas School, Hemingway's Farm, Havana, Calssic Car Club and more!

May 3, 2017, 7 days • \$4,995 per person double

### Spring Training Getaway – Phoenix City Tour, 2 Springs Training Games, Mission San Xavier and more!

March 12, 2017, 6 days • \$1,845 per person double-depending on cabin

## FREE CLINICS & SEMINARS

Advanced registration is required for these free clinics, speakers or seminars by calling 909.839.7070.

### Legal Seminar Part 1

What is a will? What is a trust? What is the difference between the two and which one is right for you? Also covered will be probate, powers of attorney, health care directives, joint tenancy, and tax considerations. Don't forget to bring a pad and paper to take notes.

**Sponsored by** Sara Polinsky

**Location** DBC, Pine Room

10/10 M 10-11:30 am

### Medicare 101

If you're new to Medicare or plan on making changes during the upcoming Open Enrollment period of October 15 - December 7, take advantage of this opportunity to get answers to your questions or simply learn more about the various plans and choices.

**Sponsored By** C&C Family Insurance Service

**Location** DBC, Pine Room

10/17 M 10-11:30 am

### Legal Seminar Part 2

Attend this class to learn how to qualify for State Medi-Cal benefits to pay for long-term care while legally protecting your home, savings and assets. Reverse Mortgages, VA Benefits, Assisted Living and Home Care will be covered, and the current rules for eligibility and proposed changes will be explained.

**Sponsored by** Sara Polinsky

**Location** DBC, Pine Room

10/31 M 10-11:30 am

### Fall Prevention

Falls are a leading cause of injuries, hospitalizations, and deaths among the elderly. In the United States, one of every three adults age 65 or older will fall each year with the majority occurring at home. Come and learn about the risks associated with falls and how to manage or reduce those risks.

**Sponsored by** VITAS Innovative Hospice Care – Pamela Wright, LCSW

**Location** DBC, Pine Room

11/14 M 10-11:30 am

### Preparing For Your Retirement

Retirement is an exciting stage of life. Proper planning is required to ensure maximizing the different benefits available to you. Come hear a presentation by a Certified Financial Planner on benefits available through Medicare, Social Security and Long-term Care.

**Sponsored by** Joseph

**Location** DBC, Pine Room

12/5 M 10-11:30 am

### Holiday Grief

The holiday season is usually filled with fun and laughter, but it can also be a time of sadness, particularly if you have recently experienced a loss. This class will share easy and valuable tips for coping with holiday blues.

**Sponsored by** VITAS Innovative Hospice Care – Pamela Wright, LCSW

**Location** DBC, Pine Room

12/12 M 10-11:30 am

### AARP Mature Driving Class

This class offers instruction that refines existing skills and develops safe and defensive driving techniques. Produced by the American Association of Retired Persons (AARP). You must attend both classes in a session to receive your completion certificate. Pre-registration is required. Call 909.839.7070 to register

**Sponsored By** AARP.

**Location** City Hall, Windmill Room

**Fee** \$15 AARP member \$20 non-member

**AC** 807000 81

10/21\* F 9 am-2 pm

**AC** 807000 82

11/17 & 18 Th & F 9 am-1 pm

**AC** 807000 83

12/8\* F 9 am-2 pm

**\*For returning students only.**



# SENIOR ACTIVITIES

## FREE SENIOR SERVICES

### Blood Pressure Screening

Attend this free health screening and wellness event to get your blood pressure reading and talk to a licensed pharmacist to get answers to your prescription-related questions.

**Location** DBC, Maple Room

Tuesdays & Fridays 7:45-8:45 am

### Talk With the Attorney

Get answers to your personal legal questions related to wills, trusts, powers of attorney, planning for incapacity, probate, elder law, medical and long term care planning. Schedule your 20 minute appointment today by calling 909.839.7070.

**Location** DBC

10/5	W	10 am-12 pm
11/2	W	10 am-12 pm
12/7	W	10 am-12 pm

### Case Management

Intervale Senior Services staff are available to meet with you for private one-on-one appointments. Services available include case management (in home assessment, personalized care plan, service arrangement) home delivered meals, and information and referral. Call the YWCA for more information: 626.214.9467.

## FREE FINANCIAL SEMINARS SERIES

### Wills and Trusts

Trusts are only the beginning of good planning. Let us share helpful information about this topic and help you plan for the future.

**Sponsored By** United California Estate

**Location** DBC, Sycamore Room

10/11 Tu 10:30 am

### Medical & Long Term Care

Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life.

**Sponsored By** United California Estate

**Location:** DBC, Sycamore Room

10/18 Tu 10:30 am

### The Facts about Annuities

What are the pros and cons about annuities and how they differ from other saving and growth vehicles? Get some tips on how to preserve your estate and not outlive your money.

**Sponsored By** United California Estate

**Location** DBC, Sycamore Room

10/25 Tu 10:30 am

## SPECIAL EVENTS

Paid reservations for all City of Diamond Bar sponsored senior events are required. Purchase of 10 reservations at will enable you to reserve a table. For reservations and information, please call 909.839.7070 or 909.839.7068.

### Italiano Dance

Come join your friends at the Diamond Bar Center as we celebrate Italy. There will be Italian food for dinner, dancing and prizes.

**Ticket sales end Friday, September 9 at 12 pm.**

**Location** DBC

<b>AC</b> 707103 71	<b>Age</b> 55+	<b>Fee</b> \$15
9/22	Th	6-9 pm

### DBC Spooktacular Party

Dance the night away at the Senior Halloween dinner-dance at the Diamond Bar Center.

There will be music from Keith John DJ, buffet dinner and soda bar. Please come in costume (optional), if you dare. **Ticket sales end Friday, October 21 at 12 pm.**

**Location** DBC

<b>AC</b> 707102 71	<b>Age</b> 55+	<b>Fee</b> \$15
10/27	Th	6-9 pm

### Health Fair & Flu Shot Clinic

This popular annual fair features various health and wellness information and service vendors, health screenings and giveaways. A free flu shot, courtesy of County of Los Angeles Health Department, will be administered to individuals who register in advance by calling 909.839.7070.

**Location** DBC, Grand View Ballroom

Date 11/2 9-11:30 am

### Holiday Dance

You are invited to get into the festive spirit of the holidays by taking part in this popular end-of-the-year senior dinner dance event that includes music, dancing and raffle prizes. This is one of the most popular events of the year, so early reservations are encouraged. **Ticket sales end Friday, December 9 at 12 pm.**

**Location** DBC

<b>AC</b> 707103 71	<b>Age</b> 55+	<b>Fee</b> \$15
12/15	Th	5:30-9:30 pm

## Senior Clubs

**Diamond Bar Senior Citizen's Club**  
Attend Tuesday Meeting @ 9 am

**Diamond Bar Evergreen Club**  
909.260.1898  
[www.diamondbarevergreen.org](http://www.diamondbarevergreen.org)

**Diamond Age Seniors**  
909.510.3883

**Sunshine Seniors**  
714.745.6123  
[www.dbsunshineseniors.com](http://www.dbsunshineseniors.com)

**Super Diamond Age Senior Club**  
951.861.2281



# SENIOR ACTIVITIES

## ACTIVITIES

### BINGO! BINGO! BINGO!

Join us every Tuesday and Friday for an afternoon of fun and socialization. Meet and make new friends while playing bingo. Play 10 games for \$2. (The Tuesday game begins at 12:15 p.m. with card sales stopping at 12:00 p.m. The Friday game begins at 11:15 am with card sales stop at 11am. Please arrive early to make sure you have enough time to purchase your cards and find a seat.)

**Location** DBC

**Ages** Adults/Seniors

Tu 11:30 am-2 pm  
Fri 10:30 am-1:15 pm

### Calling ALL Bridge Players

Meet other bridge players in your area to play bridge, make friends and learn from each other. This group is dedicated to keeping the card game of bridge alive. The mission is to share your knowledge with people who are interested in the game. Come join in on the fun! We are always looking for new players. Snack and coffee provided.

**Location** DBC

**Ages** 55+ W 12:30-4 pm

### Photo Club

Meet fellow photographers to share and learn by exchanging photo tips and taking part in group photo excursions. Club members meet on the third Wednesday of each month.

**Location** City Hall, Windmill Room

**Ages** 55+  
10/19, 11/16, 12/21 W 6-8 pm

## SENIOR CLASSES

### MT. SAN ANTONIO COLLEGE CLASSES

The following classes are provided by Mt. San Antonio College and are conducted at the Diamond Bar Center (1600 S Grand Avenue or Heritage Park Community Center 2900 S. Brea Canyon Rd.) **Please note: Mt. Sac conducts their own class registration.** To inquire about details of a class please call Older Adult Program at Mt. Sac (909)594-5611 ext. 4192. Registration will NOT be accepted at the Heritage Park Community Center or the Diamond Bar Center offices. If you miss the pre-registration date please attend the first class meeting and speak to the instructor.

#### Winter Pre-Registration Dates

**Location** DBC

Computer Class	12/2	10 am
Healthy Aging	12/7	9 am
Tai Chi	12/8	10:30 am

#### Basic Computing Level 1

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

**Instructor** Vanessa Jones

**Location** City Hall, Willow Room

8/29-12/12 M 9 am-12 pm

#### Basic Computing Level 2

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

**Instructor** Vanessa Jones

**Location** City Hall, Willow Room

8/29-12/12 M 1-4 pm

#### Starting a Home Based Business NEW

Starting a home-based business to become self-employed. Includes basic marketing, finance and management skills.

**Instructor** Ray Tucker

**Location** City Hall, Willow Room

9/2-10/21	F	9 am-12 pm
10/28-12/16	F	1-4 pm

#### Drawing - Beginning Through Advanced

Developing the perceptual and technical skills of drawing through observations of objects. Still life and landscape will be utilized.

**Instructor** Ray Tucker

**Location** DBC, Sycamore Room

8/30-12/13 Tu 12:30-3:30 pm

**Location** Heritage Park, Community Center

8/29-12/12 M 1-4 pm

#### Watercolor Painting

Principles of drawing, design, color and composition for watercolor painting emphasizing creative skill development.

**Instructor** Heather Smith

**Location** DBC, Pine Room

9/1-12/15 Th 1-4 pm

#### Home Gardening

Organic gardening, indoor plants, fruit orchards, traditional gardening, pesticides, design, pruning & fertilization are covered.

**Instructor** Steven Williams

**Location** DBC, Sycamore Room

8/31-12/14 W 10 am-12 pm

#### Sewing and Design

Basic sewing techniques including tailoring, pattern making, cutting and style design to construct professional looking garments.

**Instructor** Susan Stringfellow

**Location** DBC, Sycamore Room

9/1-12/15 Th 9 am-12 pm

12:30-3:30 pm

9/2-12/16 F 12-3 pm

#### Hand Crafted Needlework for

##### Retail Sales & Boutiques

Needlework techniques including knitting, crocheting, embroidery and plastic canvas to construct finished products for sale.

**Instructor** Pam Henry

**Location** DBC, Maple Room

9/1-12/15 Th 9 am-12 pm



# SENIOR ACTIVITIES

## Healthy Aging - Principles of Yoga

Healthy aging including diet, nutrition, disease prevention, and application of Yoga principals to maintain health while aging.

**Instructor** Gabriela Klien

**Location** Heritage Park

8/29-12/14 T 7:30-8:30 am

**Instructor** Jill Trimble

**Location** Heritage Park

9/1-12/15 Th 7:30-8:30 am

**Instructor** Maya Devi

**Location** DBC, Pine Room

9/15-11/17 Th 6-8 pm

## Healthy Aging - Principles of Tai Chi

Healthy aging including diet, nutrition, disease prevention, and application of Tai Chi principals to maintain health while aging.

**Instructor** John Rafter

**Location** DBC, Pine Room

9/1-12/15 Th 9-11 am

## Healthy Aging/Fitness

Healthy aging including diet, nutrition, disease prevention, and application of physical fitness principals to maintain health while aging.

**Instructor** Alexi Cena

**Location** DBC, Pine Room

8/29-12/16 M/W/F 8-9 am

9-10 am

10-11 am

**Location** Heritage Park

**Instructor** Leslie Hunicutt

8/29-12/14 M,W 7:30-8:30 am

**Location** Heritage Park

**Instructor** Vanessa Jones

9/2-12/16 F 7:30-8:30 am



# FACILITIES

1. **1na Dance**  
367 S. Diamond Bar Blvd.
2. **Deane Homes Swim Club**  
1010 Overlook Ridge Rd.
3. **Diamond Bar Center (DBC)**  
1600 Grand Avenue  
(in Summitridge Park)
4. **Diamond Bar City Hall**  
21810 Copley Dr
5. **Diamond Bar Golf Course**  
22751 E. Golden Springs Dr.
6. **Diamond Bar High School**  
21400 Pathfinder Rd.
7. **Diamond Bar Library**  
21800 Copley Drive
8. **Heritage Park (3.4 acres) (HP) & Community Center (CC)**  
Activity Room (AR)  
2900 S. Brea Canyon Road
9. **L.A. Royal Vista Golf Course**  
20055 Colima Rd., Walnut
10. **Maple Hill Park (MP)**  
1309 S. Maple Hill Rd.
11. **Mt. Calvary Lutheran School**  
23300 Golden Springs
12. **Mt. San Antonio College**  
1100 N. Grand Ave., Walnut
13. **Oak Tree Lanes**  
990 N. Diamond Bar Blvd.
14. **R&T Dance Corner**  
377 S. Lemon Ave., #A, Walnut
15. **Pantera Park (15.5 acres) (PP)**  
Activity Room (AR) Dog Park(DP)  
738 Pantera Drive
16. **Pantera Elementary School**  
801 Pantera Drive



17. **Paul C. Grow Park (5 acres)**  
23281 E. Forest Cyn Drive



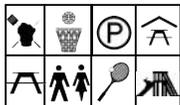
18. **Peterson Park / Skate Park**  
24142 E. Sylvan Glen Rd.



19. **Quail Summit Elementary**  
23330 Quail Summit

20. **Red Dragon Karate**  
341 S. Diamond Bar Blvd.

21. **Ronald Reagan Park (6 acres) (RRP)**  
2201 S. Peaceful Hills Road



22. **South Pointe Middle School**  
20671 Larkstone Dr.

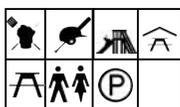
23. **Starshine Park (2 acres)**  
20839 Starshine Road



24. **Summitridge Park**  
1425 Summitridge Drive



25. **Sycamore Canyon Park (4 acres)**  
22930 Golden Springs Drive



## Directory

**Parks and Recreation Department** - 909.839.7060  
Facility Maintenance/Parks/Fields/Courts

**Recreation Services** - 909.839.7070  
Classes/Excursions/Sports/Special Events

**Senior Services** - 909.839.7068  
Senior Excursions/Workshops/Classes

**Heritage Park Community Center/Pantera Park Facility**  
**All Park Picnic Areas** - 909.839.7065

## Amenities Key

	Barbecues		Parking Spaces
	Baseball Fields		Picnic Shelters
	Baseball Fields (lighted)		Picnic Tables
	Basketball Courts		Restrooms
	Basketball Courts (lighted)		Soccer/Football Field
	Fitness Course		Tennis Courts
	Meeting Facilities		Tot Lot



Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling 909.839.7056.



City of Diamond Bar  
21810 Copley Drive ♦ Diamond Bar, CA 91765-4178  
909.839.7000 ♦ 909.861.3117 Fax  
www.DiamondBarCA.gov ♦ info@DiamondBarCA.gov

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Elected Officials

**Mayor**..... Nancy A. Lyons  
**Mayor Pro Tem**..... Jimmy Lin  
**Council Member** ..... Carol Herrera  
**Council Member** ..... Ruth Low  
**Council Member** ..... Steve Tye  
**City Manager** ..... James DeStefano

Postal Customer

# Find it Fast Phone Directory



**City Services 909.839.7000**

City Council	909.839.7010
Building & Safety	909.839.7020
City Clerk's Office	909.839.7010
City Manager's Office	909.839.7010
Community Development	909.839.7030
Community Services	909.839.7060
Facility Reservations	909.839.7065
Finance	909.839.7050
Human Resources	909.839.7018
Library	909.861.4978
Neighborhood Improvement	909.839.7030
Planning	909.839.7030
Post Office	909.860.2469
Public Information Office	909.839.7055
Public Safety Services	909.839.7076
Public Works/Engineering	909.839.7040
Recreation Services	909.839.7070
Senior Services	909.839.7068
Transit Information	909.839.7045
Voter Registration	562.462.2748

**Business Information:**

Business Licenses	909.839.7030
Chamber of Commerce	909.869.0701

**School Districts:**

Pomona Unified	909.397.4700
Walnut Valley Unified	909.595.1261

**Utilities:**

So Cal Edison (electric)	800.611.1911
So Cal Gas (gas)	800.427.2200
Time Warner (cable TV)	888.892.2253
Verizon (telephone)	800.483.5000
Walnut Valley Water	909.595.7554
Waste Disposal:	
Valley Vista (businesses)	800.442.6454
Waste Management (residents)	909.599.1274

**Public Safety:**

Animal Control	909.623.9777
Fire (LA County)*	909.629.9671
Police (LA Co. Sheriff)*	909.595.2264
Vector Control	562.944.9656

**24-Hour Hotlines:**

Building Inspection	909.839.7027
Employment Opportunities	909.348.8300
Field/Weather	909.348.8310
Graffiti Removal	800.794.7384

\*For emergencies, dial 9-1-1

## August 2016

S	M	T	W	T	F	S
	1	2	3 Concerts in the Park & Movies under the Stars	4	5	6
7	8 Street Sweeping	9 Street Sweeping	10 Street Sweeping	11 Street Sweeping	12 Street Sweeping	13 Smart Gardening Workshop (details on page 5)
14	15	16	17	18	19	20
21	22 Street Sweeping	23 Street Sweeping	24 Street Sweeping	25 Street Sweeping	26 Street Sweeping	27
28	29	30	31			

**Calendar Key**

- City Council Meeting\*- starts at 6:30 pm
- Planning Commission Meeting\*- starts at 7 pm
- Traffic & Transportation Commission Meeting\*- starts at 7 pm
- Parks & Recreation Commission Meeting\*- starts at 7 pm
- Street Sweeping Week - Street sweeping is taking place somewhere within the City; see neighborhood signage for your street's designated day and time.

\*City Council meetings take place at the AQMD/Government Center (21865 Copley Drive), while City Commission meetings are held at Diamond Bar City Hall (21810 Copley Drive). Additional event and meeting details are available at [www.DiamondBarCA.gov/eventcalendar](http://www.DiamondBarCA.gov/eventcalendar).