

FALL 2014

DBC CONNECTION

and Community Recreation Guide

DiamondBarCA.gov

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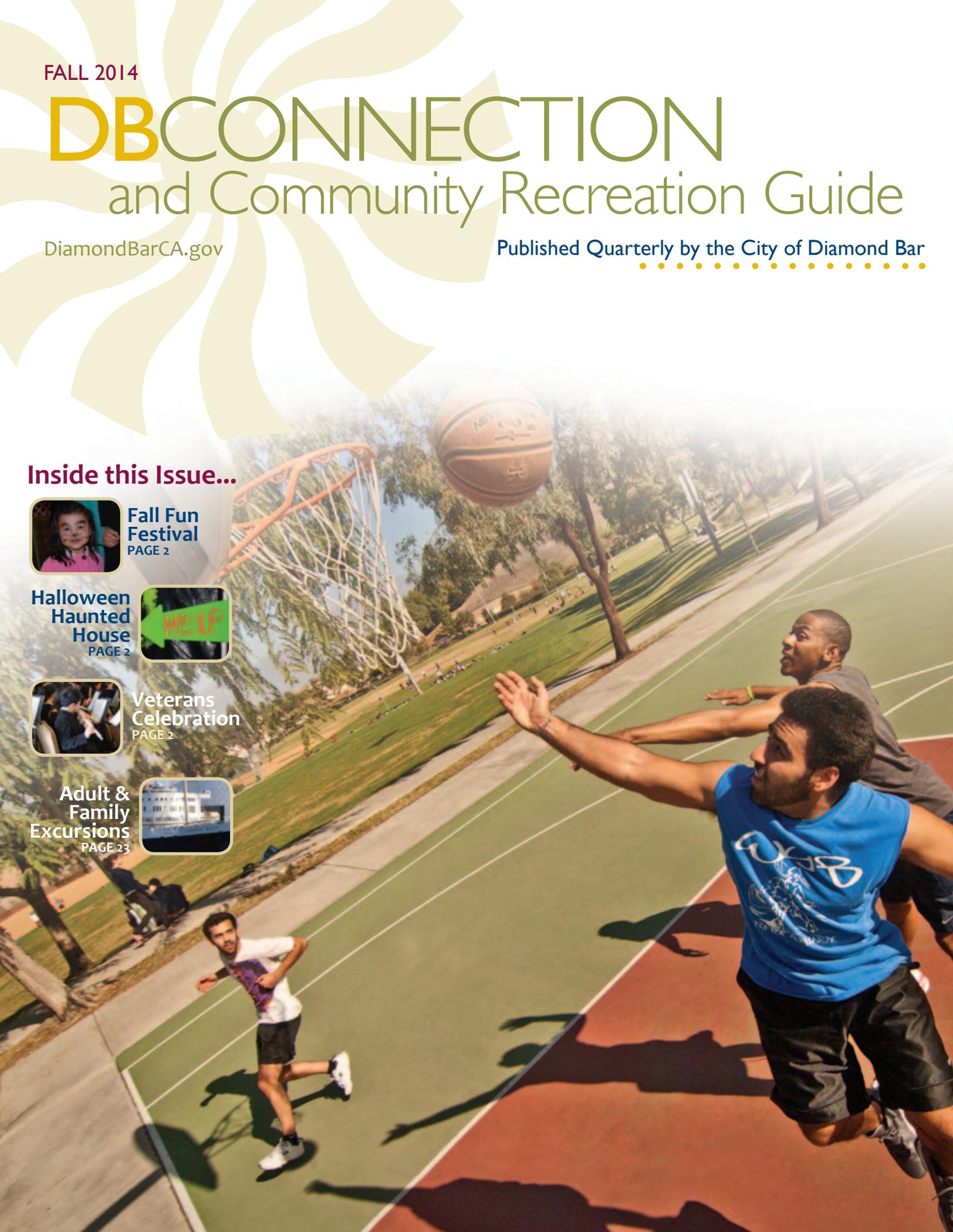
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SPECIAL EVENTS

Halloween Haunted House

Thursday and Friday, October 30-31
Heritage Park, 2900 S. Brea Canyon Road
6 - 9 pm

Make no bones about it ... this haunted attraction will deliver heart-pounding chills and thrills and frightful sights that won't soon be forgotten. Recommended for ages 8 and older.

Admission: \$5

BOGO offer good on Thursday, October 30, 2014 - two admissions for the price of one! Pick up the coupon at any City facility or download it by visiting diamondbarca.gov/hhh.



Fall Fun Festival

Friday, October 31
Heritage Park, 2900 S. Brea Canyon Road
4:30 - 8:30 pm

No trick, just treats await young Halloween revelers at this family-friendly event featuring game booths, arts and crafts, prizes and candy! Recommended for children ages 2 to 8. 10-game/craft stamp card: \$5 each

Candy Cane Craft Fair

Saturday, December 6
Diamond Bar Center, 1600 Grand Avenue
9 am - 2 pm

Bring along your holiday gift list and get ready to start checking off names! Rows and rows of handmade crafts will be on display as part of this popular event. Children will be entertained with free arts and crafts activities in Santa's workshop. Photographs with Santa will also

be available for a nominal fee. Local vendors looking to display and sell their homemade wares are invited to submit an application, which is available onlinediamondbarca.gov/craftfair.



Veterans Celebration

Wednesday, November 5
Diamond Bar Center, 1600 Grand Avenue
9 - 11 am

Thanking and honoring Diamond Bar veterans for their service and sacrifice is at the heart of this annual event featuring live patriotic music and an awards ceremony. Military members honored through the City's Armed Forces Banner Program who are no longer on active duty will be presented with their retired banner. Admission is free and open to the public. Attendance by veterans and their family members is encouraged.

Veterans who have not been recognized by the Diamond Bar City Council should call 909.839.7067.



Info: 909.839.7070 or www.diamondbarca.gov/specialevents

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ON THE COVER

“Hoops at Pantera Park”

Gabriel Perez

DB Through My Lens Contest
2013 First Place Winner – Adult Places



Photo & Video Contest Seeks Entries

The Diamond Bar through My Lens contest is in full swing and this year has been expanded to include a video category.

Residents of all ages and skill levels are encouraged to enter the contest before the Friday, November 14 deadline.

Now in its seventh year, this contest aims to raise community spirit while highlighting the various aspects of the city as captured through the camera and video lenses of Diamond Bar residents. It is co-sponsored by the City and the Diamond Bar Community Foundation.

Photos should fall within the categories of people, pets, place, nature, or digitally altered, and videos should fit the theme “My Diamond Bar” and be no more than five minutes in

length and filmed in High Definition.

Entries will be separated into youth (17 and younger) and adult (18 and older) divisions, with a winner from each division and category selected to receive a monetary prize courtesy of the Diamond Bar Community Foundation. Winning photos will be published in the City’s 2016 Calendar & Services Guide and the videos will be featured on the City channel and website.

Complete contest rules, the entry form, and submission requirements are available online diamondbarca.gov/photocontest. Questions may be directed to the City’s Public Information Division at 909.839.7055 or via e-mail at photocontest@diamondbarca.gov.

Tune in to DBtv

Looking for information about upcoming City and community events or locally-originated programming? Then, tune in to the City's government access channel located on Time Warner channel 3 (15-223 if you don't have a box) and Verizon FiOS channel 47. Beyond live airings and rebroadcasts of City Council meetings, DBtv programming includes public safety announcements, recreational event highlights, interviews with key community leaders, as well as cooking and fitness shows.

DBtv is operational weekdays from 8 am to 11 pm and weekends from 9 am to 11 pm. To view the latest programming schedule, visit diamondbarca.gov/dbtv.

Don't Miss Diamond Bar Day - September 11



Enjoy all that the L.A. County Fair has to offer: such as food, games, carnival rides, interactive exhibits and shopping areas while supporting your hometown volunteers, businesses, nonprofits and youth organizations!

Special Diamond Bar festivities include:

Community Days parade, High School Marching Band competition, Community Hero volunteer award presentations, and entertainment by community-based groups.

Admission to the Fair on September 11, 2014 is only \$5 when you purchase tickets online at lacountyfair.com/buytickets using promo code: diamond bar, or at LACF gates when you present a special barcoded coupon available online at diamondbarca.gov/fair.

Regular admission price is \$8 for ages 6-12, \$12 for ages 13-59, \$10 for ages 60 and older.

West Nile Virus Reminder

The Greater Los Angeles Vector Control District reminds everyone that high temperatures equals a greater risk of contracting the mosquito-borne West Nile virus, and offers the following suggestions:

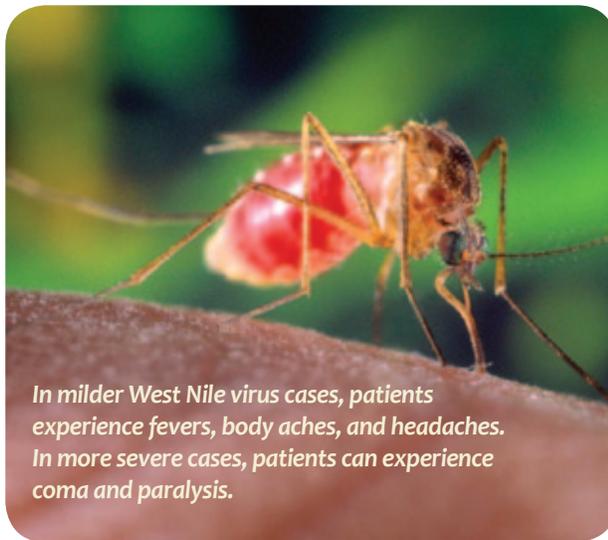
Apply INSECT REPELLENT and put on a long-sleeved shirt and pants if spending time outdoors, especially during the hours between dusk and dawn when mosquitoes are most active.

Make sure the windows and doors to your house have TIGHT-FITTING SCREENS to keep mosquitoes out.

Empty STANDING WATER from bird baths, pet dishes, empty flower pots, pools and other idle containers as they can become mosquito breeding sites.

GLACVD offers a free service to inspect areas and properties with mosquito issues to identify and help eliminate breeding sources. To schedule an appointment, call 562.944.9656 or submit a service request online at www.glacvcd.org.

Check out the City's YouTube page at www.youtube.com/diamondbarca to watch a 3-minute video produced by the American Mosquito Control Association on the debilitating and potentially fatal effects of contracting a West Nile virus infection.



In milder West Nile virus cases, patients experience fevers, body aches, and headaches. In more severe cases, patients can experience coma and paralysis.



NATURE NOTES

Paint Recycling

Getting rid of unwanted leftover paint and paint products is easy and convenient thanks to a statewide non-profit program.

Known as PaintCare, the program assigns various paint retailers to serve as official drop-off sites for house paint and primers, stains, sealers and clear coating. Products must be in their original container (up to 5 gallons) with a proper label and secure lid. Items not accepted include spray paint, art/craft paint, and paint additives.

The nearest PaintCare site is Sherwin-Williams located at 1165 Wright Way located in the City of Industry. Paint is accepted during its regular business hours of Monday - Friday 6:30 am to 5:00 pm and Saturday 8:00 am to 5:00 pm.

Calling 909.598.5504 ahead of your visit is recommended to make sure the store can accept your amount of paint. For more information, visit paintcare.org.



Speed Limit Study Results in Adjustments

Speed limits on several stretches of road have been updated effective August 1 based on the results of a traffic and engineering study completed in June 2014.

The study, conducted in accordance with California Vehicle Code (CVC) requirements, reviewed all posted speed limits within the city's roadway network and recommended 5 or



10-mile-per-hour adjustments be made to 8 segments. Of these, six limits were decreased, one was increased, and one was newly established as follows:

Brea Canyon Road – 5 mph decrease from 45 mph to 40 mph from Fountain Springs Road to Cooper Canyon Drive

Diamond Bar Boulevard – 5 mph decrease from 45 mph to 40 mph from Mountain Laurel Way to Grand Avenue

Diamond Bar Boulevard – 5 mph decrease from 40 mph to 35 mph from Golden Springs Drive to SR 60 eastbound ramps

Diamond Bar Boulevard – 5 mph decrease from 50 mph to 45 mph from Highland Valley Road to Temple Avenue

Golden Springs Drive – 5 mph increase from 40 mph to 45 mph from Lemon Avenue to 900 west of Gona Court

Lycoming Street – 10 mph decrease from 35 mph to 25 mph from Lemon Avenue to Brea Canyon Road

Pathfinder Road – 5 mph decrease from 45 mph to 40 mph from Brea Canyon Road South/Fernhollow Drive to Diamond Bar Boulevard

Via Sorella – establishment of new speed zone of 35 mph from Brea Canyon road to northerly terminus

For more information about the citywide Speed Zone Survey Update, visit diamondbarca.gov/publicworks or call 909.839.7040.

DBSNAPS

FIRE SEASON...

Diamond Bar's very own Summitridge Park once again served as the site for the Los Angeles County Fire Department's annual Fire Season Opening Press Conference.

Held on June 30, the event saw the coming together of numerous fire agencies from throughout Southern California.

Los Angeles County Fire Chief Daryl L.

Osby (pictured at the podium) and the fire chiefs from Ventura and Orange counties provided an overview of the 2014 Fire Season outlook and information regarding the increased risk of wildfires due to drought-like conditions.

A 7-minute video of the press conference with regard to what residents can do to prevent the spread of wildfires is now airing on the City's channel and YouTube and Facebook pages found at youtube.com/diamondbarca and facebook.com/cityofdiamondbarca.



AARP Mature Driving Class



Next month, drivers age 55 and older have an opportunity to refresh their driving skills during a special two-day Mature Driving class.

Produced and taught by the AARP, the class takes place in the Diamond Bar City Hall Building from 9:00 am to 1:00 pm on Thursday, September 11 and Friday, September 12. Current road rules and useful driving adjustments to common age-related changes in vision, hearing, and reaction time will be discussed.

Participants who complete both days of class receive a course completion certificate that in some cases qualifies them for a discount on their car insurance policy. Class enrollment cost is \$15 for AARP members and \$20 for non-members.

Preregistration is required and can be made by calling the City's Recreation Services Division at 909.839.7070. Diamond Bar City Hall is located at 21810 Copley Drive in Diamond Bar.



Roadway Treatment Project Underway

Work is currently underway to extend the life of segments of three major arterial roads and more than 16 miles of residential and collector streets as part of the Slurry Seal/Overlay Program.

A key component of the City's ongoing street maintenance efforts, the Slurry Seal/Overlay Program divides the city into seven residential areas and seven arterial zones, and works on sections on a rotating seven-year cycle. The current project is in its third year for residential areas and first year for arterial zones.

The residential streets receiving treatment are located within the area bounded by Grand Avenue to the north, Gateway Corporate Center to the west, Diamond Bar Boulevard to the east and Pathfinder Road to the south. The arterials are Diamond Bar Boulevard between Sunset Crossing Road and Golden Springs Drive, as well as Golden Springs Drive and Brea Canyon Road between the city limit and Diamond Bar Boulevard.

An assessment of the extent of road surface deterioration calls for the majority of the residential roadways to receive a chip seal treatment in addition to the normal slurry treatment. The remaining



roadway segments will receive an edge grind and AC overlay treatment. These treatments will extend the life of the pavement for up to 10 years.

To learn more about the City's slurry seal program, visit the City's website at diamondbarca.gov/slurryseal or contact the City's Public Works Department at 909.839.7040.

DBSNAPS

FUN-O-RAMA!



Sportin' fresh shades courtesy of the City of Diamond Bar, James and Kirsten Alvarez and their 2 ½ year old daughter Laila chose a cool grassy area near the stage to veg out and enjoy an 80s jams concert by Neon Nation on opening night of the City's 2014 Concerts in the Park series. The popular program started on June 18 and will continue through August 13 with a free concert and family-friendly movie on Wednesdays at Sycamore Canyon Park.

Each concert begins at 6:30 pm and is followed by a movie at 8 pm. Free parking and shuttle service to the park is available from the Diamond Bar Golf Course parking lot. All concerts are taped and uploaded to the City's YouTube page youtube.com/diamondbarca. The latest concert also plays on DBtv (Time Warner channel 3 or 15-223 and Verizon FiOS channel 47) on Monday, Thursday and Friday at 8 pm and Saturday and Sunday at 7 pm. Sycamore Canyon Park is located at 22930 Sycamore Canyon Park. To view the remaining concert lineup, visit diamondbarca.gov/specialevents.

Trail Tours Online

Outdoor enthusiasts, you can now tour Diamond Bar trails from the comfort of your home, office, or anywhere with an Internet connection!

The City's interactive tour tool features 360-degree views of the city's four trails and all their amenities, including the new par course along the Sycamore Canyon Park trail.

Take a moment to visit diamondbarca.gov/trails; the 27 tours include brief descriptions and tips such as how to access the best vista points.



Tiny Tots

"I'm Special, You're Special!"

Through a combination of stories, songs, art projects and playtime in a safe and positive environment, children ages 3, 4 and 5 are prepared to make a successful transition into kindergarten. Our Tiny Tot teachers have a combined 30+ years teaching experience and degree or certification in Early Childhood Education. Classes are ongoing, with new lessons provided every session.

Session Dates:

Monday, August 25 - Friday, November 21, 2014

12 Week Session - Heritage Park:

No Class on September 1, October 27- 31, and November 11, 2014

13 Week Session - Pantera Park:

No Class on September 1 and November 11, 2014

3 Year Old Class:

Children will practice being apart from their parents and in a group setting with other children while developing their self-esteem. Special care is taken to introduce students to sharing and cooperative play and to the joy of music, art projects, and group activities. In addition to socialization skills, participants are introduced to early learning such as colors, shapes, numbers and the alphabet.

Days: Tuesday & Thursday • Time: 9 am to 12:30 pm

AC 805101 81 – Heritage Park

Cost: \$322 – 12 weeks

AC 805201 81 - Pantera Park

Cost: \$350 – 13 weeks

4-5 Year Old Class:

Children age four and five can grow and learn together as they prepare for Kindergarten. In addition to motor skills and social development, this program places emphasis on letter recognition, beginning math concepts, and kindergarten readiness. Learning will be accomplished through music, exercise, stories, games, community awareness, and art projects.

Days: Monday, Wednesday & Friday • Time: 9 am to 12:30 pm

AC 805103 81 – Heritage Park

Cost: \$490 – 12 weeks

AC 805103 81 – Pantera Park

Cost: \$532 – 13 weeks

Registration Information

Diamond Bar residents new to Tiny Tots: Monday, August 4

Open registration: Tuesday, August 5

Registration is processed on a first-come first-served basis. *Space is limited, so register early!*

3 Ways to Register:

WALK IN: Diamond Bar Center, 1600 Grand Avenue

MAIL IN: City of Diamond Bar, Attn: Recreation-Tiny Tots, 21810 Copley Drive, Diamond Bar, CA 91765

FAX IN: 909.612.4580, Attn: Recreation-Tiny Tots.

A signed waiver of liability and emergency information card must be signed at the time of registration. Children must meet the age requirement, be potty trained and be in regular underwear (not pull-ups) by the first day of the session. A birth certificate may be required. Please read the parent handbook for other class requirements.



Tiny Tots Holiday Mini-Session

During this session, participants will take part in fun and festive projects, stories, songs and activities, including a special visit by Santa! Sessions will be held at Pantera and Heritage parks. **Registration opens Monday, October 20 and continues until classes are full.**

Session Dates:

Monday, December 1 - Friday, December 19

Age 3

Days: Tuesday & Thursday

Time: 9 am to 12:30 pm

Cost: \$84

AC 805301 81 - Heritage Park

AC 805303 81 - Pantera Park

Age 4-5

Days: Monday, Wednesday & Friday

Time: 9 am to 12:30 pm

Cost: \$126

AC 805300 81 - Heritage Park

AC 805302 81 - Pantera Park

Payment Plan:

Payments may be made in full or in two equal installments. If paying in two installments, the first payment is due at the time of registration and the second half is due no later than the fourth week of the session. Payments not made by the scheduled due date could result in the loss of your child's place in the Tiny Tots class of your choice.



TOTS SPORTS

Mommy/Daddy & Me Soccer

Spend quality time with your child and watch his gross motor and socialization skills gets stronger while enjoying a variety of soccer-themed activities. Children participants each receive a KLS jersey.

Instructor: Kidz Love Soccer
Location: Pantara Park, Lower Parking Lot
Age 2-3½ **Fee** \$102/7 wks
AC 841100 81
 9/17-10/29 W 6-6:30 pm

Tot/Pre Soccer

Boost your child's fine motor skills development and socialization skills while introducing him to the basics of soccer. Shin guards are required after the first meeting. Participants each receive a KLS jersey.

Instructor: Kidz Love Soccer
Location: Pantara Park, Lower Parking Lot
Age 3½-5 **Fee** \$102/7 wks
AC 841101 81
 9/17-10/29 W 5:15-5:50 pm

**KIDZ LOVE SOCCER WEATHER
 HOTLINE: 888.372.5803**

Biddy Tee Ball League NEW

Introduce your child to team sports in a fun and exciting environment that will develop his sportsmanship, sharing and teamwork skills. Participants each receive a team t-shirt and medal. The first session is practice followed by games and team assignments for the remainder of the season.

Instructor: Trifytt Sports
Location: Summitridge Park
Fee \$99/7 wks
AC 842157 81 **Age** 2-3
 10/11-11/22 Sa 12-2:30 pm
AC 842158 81 **Age** 3-5
 10/11-11/22 Sa 11-11:45 pm

Tee Ball

Participants learn the basics of t-ball while making new friends and fine-tuning their fine motor and socialization skills. Coaches are knowledgeable, friendly, focused and committed to giving hands-on help. Participants each receive a camp t-shirt.

Instructor: Trifytt Sports
Location: Summitridge Park
Fee \$69/5 wks
AC 842154 81 **Age** 2-3
 19/26-10/24 F 4-4:30 pm
AC 842154 82 **Age** 3-5
 9/26-10/24 F 4:30-5:15 pm

Basketball

Participants learn dribbling, shooting and other basic basketball moves through fun games and drills in a safe and educational environment. Participants each receive a class t-shirt.

Instructor: Trifytt Sports
Location: Pantera Park, Basketball Courts
Fee \$99/8 wks
AC 842153 81 **Age** 3-5
 10/2-11/20 Th 5-5:45 pm



Pee Wee Tennis

Participants learn the basics of forehand, backhand, volley and serve. Participants provide their own racquet. A \$10 discount applies for each additional family member enrolled. All make-ups must be made within the session.

Instructor: Tennis Anyone
Location: RRP, Tennis Courts
Age 3-6 **Time:** 4:15-5 pm
Days: Tuesday (Beginner/Int)
AC 841111 81 Tu \$59/4 wks
 9/16-10/7
AC 841111 82 Tu \$59/4 wks
 10/14-11/4
AC 841111 83 Tu \$59/4 wks
 11/11-12/2
AC 841111 84 Tu \$29/2 wks
 12/9-12/16
Days: Thursday (Advanced)
AC 841112 81 Th \$59/4 wks
 9/18-10/9
AC 841112 82 Th \$59/4 wks
 10/16-11/6
AC 841112 83 Th \$59/4 wks
 11/13-12/4
AC 841112 84 Th \$29/2 wks
 12/11-12/18

Mom & Me Multi-Sport

Not sure which sport to choose? This class introduces participants to the basics of soccer, basketball and tee-ball while teaching them sportsmanship, sharing, and teamwork. Participants each receive a t-shirt.

Instructor: TriFytt Sport Instructors
Location: Pantera Park, Basketball Courts
Fee \$99/8 wks
AC 841155 81 **Age** 1½-2
 10/4-11/22 Sa 9:30-10:00 am
AC 841156 81 **Age** 2-3
 10/4-11/22 Sa 9-9:30 am
AC 841157 81 **Age** 3-5
 10/4-11/22 Sa 10-10:30 am



TOTS SPORTS & ENRICHMENT

Tot and Me Ice Skating

Participants develop confidence on the ice and learn how to skate forwards and backwards, stop, turn and even glide on one foot. No prior skating experience required. Fee covers one parent and one child. Warm clothing recommended. Please arrive early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum Ontario 91762

Age 2-5 **Fee** \$82/5 wks

AC 842139 81
9/13-10/11 Sa 11-11:30 am
AC 842139 82
10/18-11/15 Sa 11-11:30 am

Ice Skating

Participants learn the basics of ice skating from certified U.S. figure skating association instructors. Fee includes skate rental and practice time on lesson day. Warm clothing recommended. Please arrive early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum, Ontario 91762

Age 3-5 **Fee** \$62/5wks

AC 842140 81
9/13-10/11 Sa 11-11:30 am
AC 842140 82

10/18-11/15 Sa 11-11:30 am

Tumbling Tots-Parent & Me

Parent participation required. A structured warm-up and obstacle course will help to develop participants' eye-hand coordination, motor skills, balance and flexibility. \$5 insurance fee payable to instructor at the first class.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak room

Age 2-3 **Fee** \$53*/6 wks

AC 841150 81
9/2-10/7 Tu 2:30-3:10 pm
AC 841150 82
10/21-11/26 Tu 2:30-3:10 pm

Kiddie Gymnastics

Participants will jump, hop and tumble in a non-competitive, fun atmosphere that will develop their motor skills, balance, rhythm and coordination. Comfortable clothing recommended. \$5 insurance fee payable to instructor at the first class.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak room

Age 2-3 **Fee** \$53*/6 wks

AC 841251 81
9/2-10/7 Tu 3:15-3:55 pm
AC 841251 82

10/21-11/25 Tu 3:15-3:55 pm

Rhythmic Ribbon Dance - New

Participants will be introduced to ribbon dance while developing poise, balance, rhythm, creativity and self-confidence. Age-appropriate stretching, dance and rhythmic gymnastics will also be incorporated.

Instructor: Magical Steps Academy

Location: Magical Steps Academy, 818 N. Diamond Bar Blvd, Diamond Bar 91765

Age 3-5 **Fee** \$57/7 wks

AC 841252 81
9/4-10/16 Th 5:15-6 pm
AC 841251 82
10/23-12/11 Th 5:15-6 pm

Learn to Hula!

Participants learn traditional Hawaiian hula and Tahitian dances as well as discipline, coordination, social skills and culture. \$50 Pa'u skirt and t-shirt. Optional material fee.

Instructor: Da Hula Studio Staff

Location: Da Hula Studio, 968 N. Diamond Bar Blvd., Diamond Bar 91765

Age 2½-12 **Fee** \$77*/11 wks

AC 841250 81
9/9-11/18 Tu 5-6 pm
AC 841250 82
9/10-11/19 W 6-7 pm

Learn to Bowl!

Learn proper bowling techniques, sportsmanship and safety from a certified coach. Sessions all start with 15 minutes of instruction followed by two games. Class fee includes shoe rental (wear sneakers if shoe size is smaller than size 1). A \$5.50 bowling fee will be charged each week

Instructor: Annette Anderson

Location: Oak Tree Lanes, 990 N. Diamond Bar Blvd.

Age All **Fee** \$22*/8 wks

AC 842132 81
10/7-11/25 Tu 4-5:30 pm
(End time for each class is approximate.)

Pre-School Drawing – Young Rembrandts

Age-appropriate lessons will help students prepare for kindergarten while developing their drawing skills and ability to follow directions, focus and stay on task. Materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 3½-5 **Fee** \$40/4 wks

AC 841314 81



TOTS SPORTS & ENRICHMENT

10/6-10/27 M 3-3:45 pm

Baby Boogie

Students will enhance their muscle coordination, music appreciation and color identification while learning how to take direction and socialize with other children. Parent participation required. Comfortable clothing recommended.

Instructor: Sheri Liebe

Location: 1na Dance Studio,
367 S. Diamond Bar Blvd., Diamond Bar 91765

Age 2-4 **Fee** \$62/6 wks

AC 841310 81

9/2-10/7 Tu 10:45-11:30 am

Pop Tots

A fun way for your tot to develop rhythmic movement through kid-friendly hip-hop and pop music. Participants should wear comfortable attire.

Instructor: 1na Dance Instructor

Location: 1na Dance Studio,
367 S. Diamond Bar Blvd., Diamond Bar

Age 3-5 **Fee** \$62/6 wks

AC 841312 81

8/30-10/4 Sa 11:45 am-12:30 pm

Baby Ballerina and Me

Your tiny dancer will enjoy spending time with you while learning ballet basics and short dances that will improve their body awareness, coordination and flexibility. Parent participation required.

Instructor: Tippi Toes Staff

Location: DBC, Pine Room

Age 1½ -3 **Fee** \$52/5 wks

AC 841309 81

9/3-10/1 W 10-10:35 am

AC 841309 82

10/8-11/5 W 10-10:35 am

AC 841309 83

11/12-12/10 W 10-10:35 am

Baby Ballet

Ballet basics will help students develop motor skills and her/his imagination while building self-confidence, social skills, muscular development and coordination. Comfortable clothing recommended.

Instructor: Tippi Toes Staff

Location: DBC, Sycamore Room

Age 3-5 **Fee** \$52/5 wks

AC 841311 81

8/30-9/27 Sa 9:15-10 am

AC 841311 82

9/4-10/2 Th 5-5:45 pm

AC 841311 83

10/4-11/1 Sa 9:15-10 am

AC 841311 84

10/9-11/6 Th 5-5:45 pm

AC 841311 85

11/8-12/13* Sa 9:15-10 am

*No Class 12/6

AC 841311 86 **Fee** \$43/4 wks



11/13-12/11*

*No Class 11/27

Th 5-5:45 pm

AC 841313 86

11/13-12/11*

*No Class 11/27

Th 4:05-4:50 pm

Baby Ballet/Tap Combo Level 2

Students will learn the joy, wonder and benefits of dance. Previous dance experience required – new or continuing students are welcomed. Comfortable clothing recommended; tap shoes not required.

Instructor: Tippi Toes Staff

Location: DBC, Sycamore Room

Age 4-6 **Fee** \$52/5 wks

AC 841313 81

8/30-9/27 Sa 8:15-9 am

AC 841313 82

9/4-10/2 Th 4:05-4:50 pm

AC 841313 83

10/4-11/1 Sa 8:15-9 am

AC 841313 84

10/9-11/6 Th 4:05-4:50 pm

AC 841313 85

11/8-12/13* Sa 8:15-9 am

*No Class 12/6

Musical Performing Group

Participants learn vocal techniques and how to convey a story through a song. Simple choreography and performing with energy and commitment will be covered.

Instructor: Magical Steps Staff

Location: Magical Steps Academy, 818 N. Diamond Bar Blvd.

Age 4-6 **Fee** \$62/7 wks

AC 842252 81

9/2-10/14 Tu 6:45-7:15 pm

AC 842252 82

10/21-12/2 Tu 6:45-7:15 pm



YOUTH SPORTS

“Below the Rim” Youth Basketball League

This league is designed to teach the skills and basics of basketball to children ages 4-14 in a fun, safe, and recreational environment. Weekly one-hour practices will begin in mid-December and will be conducted by volunteer coaches. The league season runs from January 10 through March 14, 2015 and games are played on Saturdays between 8 am and 7 pm at the South Pointe Middle School Gymnasium or Mt. Calvary Lutheran School. **Volunteer coaches are essential to this program! Please call the Recreation Services Division for a coach’s packet.** For more details, call 909.839.7070.

Registration:

Diamond Bar Residents – Begins Tuesday, September 2

Non-Residents – Begins Monday, September 8

Registration Fee:

\$89/ Additional child in same family, \$84.

Registration must be accompanied by a signed waiver and parent’s code of ethics as well as proof of participant’s age. Registration fee includes team shirt and participation trophy. Refunds will not be issued after the first game. **Registration will continue until divisions are full. Space is limited, so register early!**

Parent’s Workshop:

A mandatory parent orientation workshop will be held at the Diamond Bar Center on Tuesday, December 2 at 6 pm.

Skills Day: Saturday, December 6 at South Pointe Middle School

8 am 6 year olds 11 am 9-10 year olds

9 am 7 year olds 12:30 pm 11-12 year olds

10 am 8 year olds 1:30 pm 13-14 year olds

All participants must attend skills day. Only siblings in the same division may request to be on the same team – NO EXCEPTIONS.



FAQs

Can my children play together on the same team?

Siblings living in the same household and playing in the same age division will be placed on the same team. Players are allowed to play in a division above, but not below, their age group.

May I request that my child be placed with a particular coach or on the same team as a friend?

Requests may be made at registration time, but they are not guaranteed. The league’s goal is to offer recreation-based sports activities where emphasis is placed on children having fun, meeting new people, and experiencing different coaching styles.

When is practice?

One-hour practices are held once a week on a weekday with start times between 5 pm to 8 pm. The practice schedule, location and start time is determined by each coach.

When are games?

Games are held on Saturdays between 8 am and 7 pm. Specific game times depend on the number of teams in each division, and will be relayed by coaches to parents following registration.

Who coaches?

Our program is supported by parent volunteers. If you are interested in coaching or assistant coaching, please call 909.839.7073.

3 Ways to Register:

WALK IN

Diamond Bar Center, 1600 Grand Avenue

MAIL IN

City of Diamond Bar, Attn: Youth Sports
21810 Copley Drive, Diamond Bar, CA 91765

FAX IN

909.612.4580, Attn: Youth Sports

Registration forms may be obtained in person at the Diamond Bar Center or City Hall or downloaded from the City website. Registration must include payment and a signed waiver and parent’s code of ethics, as well as proof of age for first-time participants.



YOUTH SPORTS

Soccer 1: Techniques & Teamwork

Players learn the basics of dribbling, passing, receiving, shooting and defense, and take part in small-scale soccer matches. Shin guards required after the first meeting. Participants receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Pantara Park, Lower Parking Lot

Age 5-6 **Fee** \$102/7 wks

AC 842103 81

9/17-10/29 W 3:45-4:30 pm

Soccer 2: Skillz & Scrimmages

Advanced instruction coupled with games and scrimmages are designed to build individual skills and improve teamwork and positional play. Shin guards required. Participants receive a KLS jersey.

Instructor: Kidz Love Soccer

Location: Pantara Park, Lower Parking Lot

Age 7-10 **Fee** \$102/7 wks

AC 842104 81

9/17-10/29 W 4:30-5:15 pm

KIDZ LOVE SOCCER WEATHER HOTLINE: 888.372.5803

Kids Golf (5-7 yrs)

Introduction to golf including swing, chipping, putting and golf etiquette. Golf or tennis shoes and a collared shirt required. Golf clubs and practice balls will be provided. \$20 fee payable to instructor for hat.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course

(First class meets at the driving range)

Age 5-7 **Fee** \$87*/4 wks

AC 842134 81

9/6-9/27 Sa 1-2 pm

AC 842134 82

10/4-10/25 Sa 1-2 pm

AC 842134 83

11/1-11/22 Sa 1-2 pm

Kids Golf (8-9 yrs)

Introduction to golf including swing, chipping, putting and golf etiquette. Golf or tennis shoes and a collared shirt required. Golf clubs and practice balls will be provided. \$20 fee payable to instructor for hat.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course

(First class will meet at the driving range)

Age 8-9 **Fee** \$87*/4 wks

AC 842135 81

9/6-9/27 Sa 12-1 pm

AC 842135 82

10/4-10/25 Sa 12-1 pm

AC 842135 83

11/1-11/22 Sa 12-1 pm

Junior Tennis Academy - Beginning/Intermediate

Advance through three mastery while learning forehand, backhand, volley, and serve. Fun drills include King of the Hill, Tennis Baseball and Tennis Line Tag. Beginners age 13 and older should start in the Junior Tennis Academy- Intermediate to Advanced.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-13

Days: Monday, Tuesday, Thursday

Time 5-6:30 pm

Please indicate your choice of 1, 2, or 3 days per week.

AC 842111 81 1 Day \$69/4 wks

9/15-10/9

AC 842111 82 1 Day \$69/4 wks

10/13-11/6

AC 842111 83 1 Day \$69/4 wks

11/10-12/4*

AC 842111 84 1 Day \$34/2 wks

12/8-12/18

AC 842112 81 2 Days \$99/4 wks

9/15-10/9

AC 842112 82 2 Days \$99/4 wks

10/13-11/6

AC 842112 83 2 Days \$99/4 wks

11/10-12/4*

AC 842112 84 2 Days \$49/2 wks

12/8-12/18

AC 842113 81 3 Days \$125/4 wks

9/15-10/9

AC 842113 82 3 Days \$125/4 wks

10/13-11/6

AC 842113 83 3 Days \$115/4 wks

11/10-12/4*

AC 842113 84 3 Days \$62/2 wks

12/8-12/18

*No Class 11/27

Junior Tennis Academy - Advanced

This high-energy, dynamic, and challenging program is designed for players with extensive experience, the ability to rally with proper form from the baseline, or who have successfully attained all five mastery levels in the Beginning to Intermediate Junior Academy. Focus is placed on mastering topspin and slice, as well as executing the right shot at the right time. Drills include Olympics, 3 before 2, and Chaos – two mastery levels.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days: Monday, Tuesday, Thursday (6:30 - 8:30 pm)

Wednesdays (4:30 - 6:30 pm)

Please indicate your choice of 1, 2, or 3 days per week.

AC 842118 81 1 Day \$79/4 wks

9/16-10/9

AC 842118 82 1 Day \$79/4 wks

10/14-11/6

AC 842118 83 1 Day \$79/4 wks

11/11-12/4*

AC 842118 84 1 Day \$39/2 wks

12/9-12/18

AC 842119 81 2 Days \$109/4 wks

9/16-10/9

AC 842119 82 2 Days \$109/4 wks

10/14-11/6

AC 842119 83 2 Days \$109/4 wks

11/11-12/4*

AC 842119 84 2 Days \$54/2 wks

12/9-12/18

AC 842120 81 3 Days \$129/4 wks

9/16-10/9

AC 842120 82 3 Days \$129/4 wks

10/14-11/6

AC 842120 83 3 Days \$118/4 wks

11/11-12/4*

AC 842120 84 3 Days \$64/2 wks

12/9-12/18

*No Class 11/27

Personal racquet required for tennis classes. Participants may attend any same-level class, however make-ups must be made within same session. \$10 discount for each additional family member registration. Rainout line: 909.625.2060



YOUTH SPORTS

Small Group Tennis Clinic

All levels of play welcomed. Students will be grouped with other players based on level and age with group sizes varying from 2 to 4 students per coach. Students may participate one to four days per week.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

Wed (4:30-5:30 pm & 5:30-6:30 pm)

Mon, Tues, Wed, Thurs (8:30-9:30 pm)

AC 842106 81 1 Day \$99/4 wks
9/15-10/9

AC 842106 82 1 Day \$99/4 wks
10/13-11/6

AC 842106 83 1 Day \$99/4 wks
11/10-12/4*

AC 842106 84 1 Day \$49/2 wks
12/8-12/18

AC 842107 81 2 Days \$179/4 wks
9/15-10/9

AC 842107 82 2 Days \$179/4 wks
10/13-11/6

AC 842107 83 2 Days \$179/4 wks
11/10-12/4*

AC 842107 84 2 Days \$87/2 wks
12/8-12/18

AC 842108 81 3 Days \$249/4 wks
9/15-10/9

AC 842108 82 3 Days \$249/4 wks
10/13-11/6

AC 842108 83 3 Days \$249/4 wks
11/10-12/4*

AC 842108 84 3 Days \$127/2wks
12/8-12/18

AC 842109 81 4 Days \$270/4 wks
9/15-10/9

AC 842109 82 4 Days \$270/4 wks
10/13-11/6

AC 842109 83 4 Days \$253/4 wks
11/10-12/4*

AC 842109 84 4 Days \$135/2 wks
12/8-12/18

*No Class 11/27

Tournament Tennis Academy

Designed for competitive players age 10 and older who are on a high school team, playing USTA Adult League Play, or competing in Southern California junior or adults tournaments.

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 10+

Days/Time:

Juniors: Mon, Tues, Wed, Thurs (6:30-8:30 pm)

Wed (4:30-6:30 pm)

Adults: Mon & Wed (6:30-8:30 pm)

AC 842121 81 1 Day \$99/4 wks
9/15-10/6

AC 842121 82 1 Day \$99/4 wks
10/13-11/3

AC 842121 83 1 Day \$99/4 wks
11/10-12/1*

AC 842121 84 1 Day \$49/2 wks
12/8-12/18

AC 842122 81 2 Day \$129/4 wks
9/15-10/6

AC 842122 82 2 Day \$129/4 wks
10/13-11/3

AC 842122 83 2 Day \$129/4 wks
11/10-12/1*

AC 842122 84 2 Day \$65/2 wks
12/8-12/18

AC 842123 81 3 Day \$149/4 wks
9/15-10/6

AC 842123 82 3 Day \$149/4 wks
10/13-11/3

AC 842123 83 3 Day \$149/4 wks
11/10-12/1*

AC 842123 84 3 Day \$75/2 wks
12/8-12/18

*No Class 11/27

Future Tennis Star Player Package- NEW

Experience the benefit of training 2 days per week, participating in one small group tennis clinic per week, and competing in monthly Round Robin tournaments. Save \$34 with the Player's Package! (No make-ups for classes or events missed.)

Instructor: Tennis Anyone

Location: Ronald Reagan Park Tennis Courts

Age 7-17

Days/Time:

Advanced: Tues, Thurs (6:30-8:30 pm),

Wed (4:30-6:30 pm)

Small Group: Wed (4:30-5:30 pm & 5:30-6:30 pm),

Mon, Tues, Wed, Thurs (8:30-9:30 pm)

Tournaments: Sat (2-4:30 pm) 9/20, 10/18 & 11/15
at Carbon Canyon Park, Brea

AC 842124 81 \$199/4 wks
9/15-10/9

AC 842124 82 \$199/4 wks
10/13-11/6

AC 842124 83 \$199/4 wks
11/10-12/4*

*No Class 11/27

Biddy Tee Ball League NEW

Participants will enjoy playing tee ball and making new friends while learning sportsmanship, sharing and teamwork in a fun and safe environment. Participants each receive a team t-shirt and medal. The first session is practice followed by games and team assignments for the remainder of the season.

Instructor: Trifytt Sports???

Location: Summitridge Park???

Fee: \$99/7 wks

AC 842159 81

10/11-11/22

Sa

Age 5-7

12:30-1:15 pm

Tee Ball

Participants learn the basics of t-ball while making new friends and fine-tuning their fine motor and socialization skills. Coaches are knowledgeable, friendly, focused and committed to giving hands-on help. Participants each receive a camp t-shirt.

Instructor: Trifytt Sports

Location: Summitridge Park

Fee: \$69/5 wks

AC 842154 83

9/26-10/24

F

Age 5-7

5:15-6 pm

Basketball

Participants learn dribbling, shooting and other basic basketball moves through fun games and drills in a safe and educational environment. Participants each receive a class t-shirt.

Instructor: Trifytt Sports

Location: Pantera Park, Basketball Courts

Fee: \$99/8 wks

AC 842155 81

10/2-11/20

Th

Age 5-7

6-6:45 pm

AC 842156 81

10/2-11/20

Th

Age 7-12

7-8 pm

Skyhawks Flag Football

A complete introduction to the game; perfect for those who want to brush up on their skills in preparation for league play. Lessons including core components of passing, catching, de-flagging and defensive positioning. Class ends with the Skyhawks Sports Bowl.

Instructor: Skyhawks Sports Academy

Location: Summitridge Park

Fee: \$75/6 wks

AC 842170 81

9/22-10/27

M

Age 7-12

4:15-5:15 pm

Skyhawks Track & Field

Ideal for those training in cross-country, track & field events and/or distance running. Focus placed on the basics of body positioning, stride, proper stretching, and cool-down techniques. Class ends with a track meet.

Instructor: Skyhawks Sports Academy

Location: Summitridge Park

Fee: \$75/6 wks

AC 842172 81

9/23-10/28

Tu

Age 5-12

4:15-5:15 pm



YOUTH SPORTS & ENRICHMENT

Skyhawks Outdoor Volleyball

Taught by collegiate volleyball players, this co-ed program is designed for the beginner and intermediate player. Game fundamentals are taught through game-speed drills, exercises and daily scrimmages that focus on passing, setting, hitting and serving.

Instructor: Skyhawks Sports Academy

Location: Summitridge Park

Fee: \$75/6 wks

AC 842174 81 **Age 5-12**
9/24-10/29 W 4:15-5:15 pm

Shreducate Skateboarding Academy

Participants will learn or enhance their skateboarding skills through lessons and fun games in a fun camp-like setting. Personal skateboard, helmet and knee/elbow pads required. \$25 yearly insurance fee made payable to the instructor at the first class meeting.

Instructor: Joey Lopez

Location: Peterson Skate Park

Age 5-12 **Fee \$106*/2 wks**

AC 843202 61
9/2-9/23 Tu 4:30-6 pm
AC 843202 82
10/7-10/28 Tu 4:30-6 pm
AC 843202 83
11/4-11/25 Tu 4:30-6 pm
AC 843202 84
12/2-12/23 Tu 3:30-5 pm

Kajukenbo Karate for Kids

Kajukenbo is a Hawaiian martial art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu. Participants will learn self-defense, build confidence and learn how to set goals while testing for belt ranks while improving their physical fitness. More details at www.kajukenboinfo.com. Uniforms not required for first time students; continuing students may purchase uniform from instructor.

Instructor: Dan Weston

Location: DBC, Oak Room

Age: 8-12 **Fee \$37*/5 wks**

AC 842512 81
9/23-10/23 Tu 6:15-7:15 pm
AC 842512 82
11/4-12/11 Tu 6:15-7:15 pm
*No class 11/25

Harmony Aikido

A modern martial arts class that teaches self-control and exercises that enhance balance, flexibility and physical conditioning. Wooden hardware (bokken – replica sword, Jo – staff and Tanto – replica knife) is used to strengthen joints and muscles while helping align the body. Optional uniform (\$75) and hardware (\$105) available for purchase from instructor.

Instructor: Ethan Tam

Location: DBC, Oak Room

Age 6+ **Fee \$87*/10 wks**

AC 844531 81
9/4-11/6 Th 5:30-7 pm

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu, and how to apply the value of martial art to set and surpass goals. Optional uniform t-shirts for purchase from instructor.

Instructor: Tom Wong

Location: DBC, Oak Room

Days/Time: Mon (8-9 pm), Sat (11:15 am-12:30 pm)

Age 5+
AC 842541 81 **Fee \$87*/4 wks**
9/6-9/29
AC 842541 82 **Fee \$87*/4 wks**
10/4-10/27
AC 842541 83 **Fee \$87*/4 wks**
11/1-11/24

Ice Skating

Participants learn the basics of ice skating from certified U.S. figure skating association instructors. Fee includes skate rental and practice time on lesson day. Warm clothing recommended. Please arrive 25 minutes early for skate fitting.

Instructor: Center Ice Coaches

Location: Center Ice Skating, 201 S. Plum, Ontario 91762

Age 6-12 **Fee \$62/5 wks**
AC 842141 81
9/13-10/11 Sa 11-11:30 am
AC 842141 82
10/18-11/15 Sa 11-11:30 am

Learn to Bowl!

Learn proper bowling techniques, sportsmanship and safety from a certified coach. Sessions all start with 15 minutes of instruction followed by two games. Class fee includes shoe rental (wear sneakers if shoe size is smaller than size 1). A \$5.50 bowling fee will be charged each week.

Instructor: Annette Anderson

Location: Oak Tree Lanes, Diamond Bar

Age ALL **Fee \$22*/8 wks**

AC 842132 81
10/7-11/25 Tu 4-5:30 pm
(End time for each class is approximate.)

Intro to Dance: Ballet, Tap & Jazz NEW

Learn the fundamentals of Ballet, Tap & Jazz while developing rhythm, strength and coordination. Ideal for children new to dance or a students continuing on from Baby Ballet. Dance attire and ballet shoes encouraged.

Instructor: Tippi Toes

Location: DBC, Oak Room

Age 7-9 **Fee \$52*/5 wks**
AC 842304 81
9/8-10/6 M 5:15-6 pm
AC 842304 82
10/13-11/17 M 5:15-6 pm

Beginning Gymnastics

Basic gymnastics skills will be introduced including balance beam, spring board, and tumbling equipment. \$5 fee for insurance is payable to instructor at the first class. Comfortable clothing recommended.

Instructor: Charter Oak Gymnastics

Location: DBC, Oak Room

Age 6-12 **Fee \$53*/6 wks**
AC 842152 81
9/2-10/7 Tu 4-4:40 pm
AC 842152 82
10/21-11/25 Tu 4-4:40 pm

Rhythmic Ribbon Dance NEW

Develop poise, balance, rhythm, creativity and self-confidence. A combination of dance and expressive movement with a ribbon in hand, combined with a unique blend of gymnastics.

Instructor: Magical Steps Staff

Location: Magical Steps Academy, 818 N. Diamond Bar Blvd.

Age 6-12 **Fee \$57*/7 wks**
AC 842253 81
9/4-10/16 Th 6-6:45 pm
AC 842253 82
10/23-12/4 Th 6-6:45 pm

Beginning Baton Twirling

Learn the fundamentals of baton twirling while incorporating basic dance steps and developing hand-eye coordination. Once a year students will have the opportunity to perform at Disneyland (see instructor for dates and additional fees). Baton fee of \$26 may be paid directly to the instructor on the first day of class.

Instructor: Niki Prado

Location: DBC, Sycamore Room

Age 6-16 **Fee \$67*/8 wks**
AC 842133 81
9/3-10/22 W 5-5:40 pm



YOUTH ENRICHMENT

Intermediate Baton Twirling

Sharpen your skills learned in Beginning Baton Twirling and learn more creative skills and dance steps. Once a year students will have the opportunity to perform at Disneyland (see instructor for dates and additional fees). Baton fee of \$26 may be paid directly to the instructor on the first day of class.

Instructor: Niki Prado

Location: DBC, Sycamore Room

Age 6-16 **Fee** \$67*/8 wks

AC 842137 81

9/3-10/22 W 5:45-6:30 pm

Learn to Hula!

Learn traditional Hawaiian hula and Tahitian dances, discipline, coordination, social skills and culture. \$50 Pa'u skirt and T-Shirt. Optional material fee.

Instructor: Da Hula Studio Staff

Location: 968 N. Diamond Bar Blvd., Diamond Bar 91765

Age 2½-12 **Fee** \$77*/11 wks

AC 841250 81

9/9-11/18 Tu 5-6 pm

AC 841250 82

9/10-11/19 W 6-7 pm

Beginner/Intermediate Hip Hop

This is a great way for kids to get together and exercise while dancing to today's popular music. Learn current hip hop moves and latest dance trends.

Instructor: 1na Dance

Location: 1na Dance Studio

367 S. Diamond Bar Blvd., Diamond Bar 91765

Age 7-12 **Fee** \$67/6 wks

AC 842317 81

9/2-10/7 Tu 4:45-5:45 pm

Beginning Ukulele

It is fun to learn to play such a unique, tiny instrument! Learn cords in different Hawaiian and contemporary styles. A great beginner course for all ages, especially those interested in learning to play the guitar in the future. (Students supply their own Ukulele.)

Instructor: Da Hula Studio Staff

Location: Da Hula Studio,

968 N. Diamond Bar Blvd., Diamond Bar 91765

Age 8+ **Fee** \$57*/4 wks

AC 842250 81

10/4-10/25 Sa 8:30-9:30 am

Intro to Guitar

Through hands-on exercises, beginners practice chord, single note melodies and fun easy songs that build basic guitar skills. \$15 material fee payable to instructor at the first class for lesson book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy,

818 N. Diamond Bar Blvd

Age 7-12 **Fee** \$97*/7 wks

AC 843265 81

9/4-10/16 Th 6-6:50 pm

AC 843265 82

10/23-12/4 Th 6-6:50 pm

Intro to Piano

Participants learn basic theory and keyboard fundamental such as rhythm, note reading and technique. Upon class completion, students will know how to count rhythms out loud, read musical notation on the treble and bass staff. \$15 material fee payable to instructor at first class for lesson and theory books.

Instructor: Magical Steps Staff

Location: Magical Steps Academy,

818 N. Diamond Bar Blvd

Age 7-12 **Fee** \$97*/7 wks

AC 842256 81

9/2-10/14 T 6-6:50 pm

AC 842256 82

10/21-12/2 T 6-6:50 pm

Musical Performing Group

Participants learn vocal techniques and how to convey a story through a song. Simple choreography and performing with energy and commitment will be covered.

Instructor: Miss Megan Schuber

Location: Magical Steps Academy,

818 N. Diamond Bar Blvd

Age 7-12 **Fee** \$62*/5 wks

AC 842251 81

9/2-10/14 T 7:30-8:15 pm

AC 842251 82

10/21-12/2 T 7:30-8:15 pm

Masterpieces with Pencils and Pastels

Using a variety of fun media such as oil pastels, crayons and colored pencils, students will learn the basics of design, figurative drawing, landscape and art history, and complete one "masterpiece" per class. New projects each session. \$4 material fee is payable to instructor at the first class.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$49*/4 wks

AC 842461 81

9/9-9/30 Tu 4-5 pm

AC 842461 82

11/11-12/2 Tu 4-5 pm

Fun Acrylic Painting

Participants will learn about color mixing, paint application, art appreciation and basic drawing and produce one finished painting. One new technical concept taught each week. Old t-shirt, smock or apron recommended as paints may stain. \$4 material fee is payable to instructor at the first class.

Instructor: Kathy Breaux

Location: DBC, Maple Room

Age 6-12 **Fee** \$49*/4 wks

AC 842462 81

10/14-11/4 Tu 4-5 pm

LEGO™ Engineering Remote Control

Using New Lego® wireless controls, students will learn about kinetic and potential energy, force, magnetism, compression, balance and wind power. The working principles of innovative and ingenious inventions in their daily lives will be explained through the construction of vehicles, machines, and other dynamic items.

Instructor: Bricks4Kidz Staff

Location: DBC, Maple Room

Age 5-12 **Fee** \$125/7 wks

AC 842315 81

9/3-10/15 W 5-6 pm

AC 842315 82

10/22-12/3 W 5-6 pm

Basic Elementary Drawing - Young Rembrandts

Lessons include landscape, still life and art history topics. All materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$40/4 wks

AC 842313 81

10/6-10/27 M 5-5:45 pm

Cartoon Drawing - Young Rembrandts

Course combines innovative drawing method with light-hearted subject matter that engages participants' sense of humor and imaginations. All materials included. Curriculum meets the California State Standards for Visual Arts.

Instructor: Young Rembrandts Staff

Location: DBC, Maple Room

Age 6-12 **Fee** \$40/4 wks

AC 842313 81

10/6-10/27 M 5-5:45 pm



YOUTH ENRICHMENT

Pins & Needles Beginning Sewing for Kids

Following a brief overview of sewing machine components, students will make and progress through skill-building projects that may include sewing a notions bag or crafting a wall-pocket hanger. Returning students will work on more challenging projects. Bringing your own sewing machine is recommended as limited sewing machines are available. \$15 Material fee due to the instructor at the first class.

Instructor: Dianne Martinez

Location: DBC, Maple Room

Age 8-14 **Fee \$117*/6 wks**

AC 843267 81

9/11-10/16 Th 5-6:30 pm

Holiday Sewing for Kids

Designed for children who have taken Beginning Sewing or know how to thread and work a sewing machine – projects will be holiday-themed. . Bringing your own sewing machine is recommended as limited sewing machines are available. \$10 Material fee due to the instructor at the first class.

Instructor: Dianne Martinez

Location: DBC, Maple Room

Age 8-14 **Fee \$87*/4 wks**

AC 843268 81

10/30-11/20 Th 5-6:30 pm

Children's Book Club NEW

Would you like your child to experience the adventure that a good book can take them on? Come join your local enthusiast in an interactive environment revolved around books.

Instructor: Jazmine Stokes

Location: DBC, Maple Room

Age 5-7 **Fee \$57/5 wks**

AC 843299 81

9/8-10/6 M 6-7 pm

AC 843299 82

10/20-11/17 M 6-7 pm

Critical Reading and Written Expression

Participants will enhance their reading comprehension skills and strengthen their critical reading and writing skills through lessons on how to identify important information, assumptions, values, and language use. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor: AGI Academy

Location: AGI Academy,
20816 Carrey Road, Walnut 91789

Age 8-13 **Fee \$130*/7 wks**

AC 843306 81

9/6-10/18 Sa 2-3 pm

AC 843306 82

10/25-12/13* Sa 2-3 pm

*No Class on 11/29

Creative Writing Workshop

At the end of the workshop, participants will be disciplined and more confident with their grammar and spelling skills and know how to better express their thought and ideas in persuasive and imaginative writing. Bring pen and notebook.

Instructor: AGI Academy

Location: AGI Academy,
20816 Carrey Road, Walnut 91789

Age 8-13 **Fee \$130*/7 wks**

AC 843301 81

9/6-10/18 Sa 12-1 pm

AC 843301 82

10/25-12/13* Sa 12-1 pm

*No Class on 11/29

Debate & Public Speaking

Gain confidence speaking publicly and strengthen your interpersonal, problem-solving and communication skills. Participants will learn how to conduct thorough research on any given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor: AGI Academy

Location: AGI Academy,
20816 Carrey Rd., Walnut 91789

Age 10-13 **Fee \$130*/7 wks**

AC 843309 81

9/6-10/18 Sa 1-2 pm

AC 843309 82

10/25-12/13* Sa 1-2 pm

*No Class on 11/29

Introduction to Spanish Conversation

Become familiar with conversational Spanish as well as basic Spanish grammar and vocabulary through assignments and conversation activities. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy,
20816 Carrey Road, Walnut 91789

Age 6-13 **Fee \$130*/7 wks**

AC 843304 81

9/6-10/18 Sa 12-1 pm

AC 843304 82

10/25-12/13* Sa 12-1 pm

*No Class on 11/29

Science Adventure

Gain the basic conceptual framework and factual knowledge needed to be successful in science classes. Focus on concepts rather than on memorizing terms and technical details. Students conclude class with a final research project and presentation. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy,
20816 Carrey Road, Walnut 91789

Age 9-14 **Fee \$130*/7 wks**

AC 843302 81

9/6-10/18 Sa 4-5 pm

AC 843302 82

10/25-12/13* Sa 4-5 pm

*No Class on 11/29

Challenge Your Computer Skills

Develop your basic typing skills and learn how to maximize your use of Microsoft Word and PowerPoint functions to create more powerful written reports and slide presentations. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: City Hall, Willow Room

Age 6-14 **Fee \$130*/7 wks**

AC 843308 81

9/8-10/20 M 4:30-5:30 pm

AC 843308 82

10/27-12/8 M 4:30-5:30 pm

Math Workshop

A great refresher course for students who want to learn a new approach to math problem solving, want to prepare for a test, or just gain additional practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy, 20816 Carrey Road,
Walnut 91789

Age 9-14 **Fee \$130*/7 wks**

AC 843311 81

9/6-10/18 Sa 3-4 pm

AC 843311 82

10/25-12/13* Sa 3-4 pm

*No Class on 11/29



See page 12 for Tennis Anyone Classes

Cardio Kickboxing

Burn up to 800 calories in this fun, low impact and energetic workout that combines cardio and light resistance training to give you a smaller waist, flatter stomach, firmer glutes, and more toned legs. Wear exercise attire and bring a mat/ towel and water to class.

Instructor: Red Dragon Karate

Location: Red Dragon Karate,
341 S. Diamond Bar Blvd

Age 13+ **Fee** \$67/6 wks

AC 844521 81		
9/8-10/13	M	8:15-9:15 pm
AC 844521 82		
10/20-12/1*	M	8:15-9:15 pm
*No class on 11/10		
AC 844522 81		
9/3-10/8	W	8:15-9:15 pm
AC 844522 82		
10/15-11/19	W	8:15-9:15 pm

Golf (10-15 yrs)

Learn the basics of golf including swinging, chipping, putting as well as game etiquette. Golf clubs and practice balls are available for those who need them. Students need to wear golf or tennis shoes and a collared shirt. \$20 material fee payable to instructor for hat.

Instructor: Jeffrey Hirose

Location: L.A. Royal Vista Golf Course (First class will meet at the Driving Range)

Age 10-15 **Fee** \$87*/4 wks

AC 842136 81		
9/6-9/27	Sa	11 am-12 pm
AC 842136 82		
10/4-10/25	Sa	11 am-12 pm
AC 842136 83		
11/1-11/22	Sa	11 am-12 pm

Kajukenbo Karate

Kajukenbo is a Hawaiian martial art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu. Participants will learn beginning, intermediate and advanced self-defense techniques. More details at www.kajukenbo.com. First-time students may wear loose fitting workout clothes; continuing students may purchase uniform from instructor for \$35.

Instructor: John Bishop

Location: DBC, Oak Room

Age 13+ **Fee** \$50*/5 wks

AC 844511 81		
9/23-10/23	Tu/Th	7:30-9 pm
AC 844511 82		
11/4-12/11*	Tu/Th	7:30-9 pm
*No Class 11/25 & 11/27		

DB 4Youth "In Action"

Get involved in your community! Teens, join your peers to create new programs and opportunities to relax or have fun in Diamond Bar. Members gain valuable leadership skills while learning more about the inner workings of City government. Volunteer hours are tracked for college transcripts. Applications available at DiamondBarCA.gov/db4youth.

DB 4Youth "In Action" meets at the Diamond Bar Center on the last Tuesday of every month at 6 pm (subject to change). For more information call: 909.839.7062.

Upcoming Activities

- **Diamond Bar Day at the LA County Fair:** Thursday, September 11 – Community Expo 9 am-1 pm, Community Day Parade – 3:30 pm-6 pm
- **Rocktober:** Friday, October 3 - DB 4Youth "In Action" joins the Southern California Teen Coalition at the Santa Monica Pier for an all teen night (see inset for details)
- **Snack Bar at Fall Fun Festival:** Friday, October 31, Heritage Park 4 pm-8:30 pm
- **6th, 7th and 8th Grade Dance:** Friday, November 7, DBC 7-10 pm.
- **Diamond Bar Community Foundation GALA:** Saturday, November 15, DBC 4 pm-9 pm
- **Holiday Gathering:** Date to be announced

Teen Excursion – ROCKTOBER

Join DB 4Youth "In Action" for a night of fun and activities that include DJ Music and dancing, large screen videos, glitter tattoos, hair painting booth, Just Dancec, giveaways and so much more. Tickets include unlimited ride wristband and dinner. Departing from and returning to the Diamond Bar Center. Event is hosted by the Southern California Teen Coalition and Santa Monica Pier.

Location: Santa Monica Pier

Age: 6-12 Grade

Fee: \$30

AC 803002 81

Date **Day**

Departs /Return

10/3

F

4:30 pm-12 am



TEEN ENRICHMENT

Learn to Hula!

Learn traditional Hawaiian hula and Tahitian dances, discipline, coordination, social skills and culture. \$50 Pa'u skirt and T-Shirt. Optional material fee.

Instructor: Da Hula Studio Staff
Location: 968 N. Diamond Bar Blvd., Diamond Bar 91765

Age: 13-25 **Fee:** \$77*/11 wks
AC: 841251 81
 9/11-11/20 Th 6-6:45 pm

Rhythmic Ribbon Dance - NEW

Participants will be introduced to ribbon dance while developing poise, balance, rhythm, creativity and self-confidence.

Instructor: Magical Steps Staff
Location: Magical Steps Academy, 818 N. Diamond Bar Blvd.

Age: 13-17 **Fee:** \$57*/7 wks
AC: 842254 81
 9/4-11/16 Th 6-6:45 pm
AC: 842254 82
 10/23-12/4 Th 6-6:45 pm

Beginning/Intermediate Hip Hop for Teens

Learn the foundation of hip-hop signature moves. This is a great way for teens to get together and exercise while dancing to today's popular music. Learn current hip hop moves and latest dance trends.

Instructor: 1na Dance
Location: 1na Dance Studio, 367 S. Diamond Bar Blvd., Diamond Bar 91765

Age: 11-17 **Fee:** \$67/6 wks
AC: 842318 81
 9/8-10/13 M 5-6 pm

Learn to Bowl!

Learn proper bowling techniques, sportsmanship and safety from a certified coach. Sessions all start with 15 minutes of instruction followed by two games. Class fee includes shoe rental. A \$5.50 bowling fee will be charged each week.

Instructor: Annette Anderson
Location: Oak Tree Lanes, 990 N. Diamond Bar Blvd.

Age: All **Fee:** \$22*/8 wks
AC: 842132 81
 10/7-11/25 Tu 4-5:30 pm
 (End time for each class is approximate.)

Online Driver's Education

Learn the rules of the road, driver responsibility, DMV procedures and complete your drivers' education through an interactive online course with videos and animated driving scenarios. Licensed instructor is available to answer questions. DMV-approved Certificate of Completion. Upon enrollment, email instructor at info@safetydriversed.com for website information.

Instructor: Erika Vieyra
Location: Your home computer
Age: 15+ **Fee:** \$45/1 course
AC: 843262 81
 Continuous

Musical Performing Group

Participants learn vocal techniques and how to convey a story through a song. Simple choreography and performing with energy and commitment will be covered.

Instructor: Miss Megan Schuber
Location: Magical Steps Academy, 818 N. Diamond Bar Blvd.
Age: 13-17 **Fee:** \$62*/7 wks

AC: 843256 81 Tu 7:30-8:15 pm
 9/2-10/14
AC: 843256 82 Tu 7:30-8:15 pm
 10/21-12/2

Intro to Piano

Participants learn basic theory and keyboard fundamental such as rhythm, note reading and technique. Upon class completion, students will know how to count rhythms out loud, read musical notation on the treble and bass staff. \$15 material fee payable to instructor at first class for lesson and theory books.

Instructor: Magical Steps Staff
Location: Magical Steps Academy, 818 N. Diamond Bar Blvd

Age: 13-17 **Fee:** \$97*/6 wks
AC: 842255 81
 9/2-10/14 Tu 7-7:50 pm
AC: 842255 82
 10/21-12/2 Tu 7-7:50 pm

Beginning Ukulele

It is fun to learn to play such a unique, tiny instrument! Learn cords in different Hawaiian and contemporary styles. A great beginner course for all ages, especially those interested in learning to play the guitar in the future. (Students supply their own Ukulele.)

Instructor: Da Hula Studio Staff
Location: Da Hula Studio, 968 N. Diamond Bar Blvd., Diamond Bar 91765
Age: 8+ **Fee:** \$57*/4 wks
AC: 842250 81
 10/4-10/25 Sa 8:30-9:30 am



TEEN ENRICHMENT

Intro to Guitar

Through hands-on exercises, beginners practice chord, single note melodies and fun easy songs that build basic guitar skills. \$15 material fee payable to instructor at the first class for lesson book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy, 818 N. Diamond Bar Blvd

Age 13-17		Fee \$97*/7 wks
AC 843266 81		
9/4-10/16	Th	7-7:50 pm
AC 843266 82		
10/23-12/4	Th	7-7:50 pm

Debate & Public Speaking

Gain confidence speaking publicly and strengthen your interpersonal, problem-solving and communication skills. Participants will learn how to conduct thorough research on any given topic, create a persuasive argument, anticipate opponents' rebuttal and prepare intelligent responses. Bring pen and notebook. \$10 material fee made payable to instructor at the first class.

Instructor: AGI Academy

Location: AGI Academy, 20816 Carrey Road, Walnut 91789

Age 10-13		Fee \$130*/7 wks
AC 843309 81		
9/6-10/18	Sa	1-2 pm
AC 843309 82		
10/25-12/13*	Sa	1-2 pm

*No Class on 11/29

Introduction to Spanish Conversation

Become familiar with conversational Spanish as well as basic Spanish grammar and vocabulary through assignments and conversation activities. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy, 20816 Carrey Road, Walnut 91789

Age 6-13		Fee \$130*/7wks
AC 843304 81		
9/6-10/18	Sa	12-1 pm
AC 843304 82		
10/25-12/13	Sa	12-1 pm

*No Class 11/29

Intro to Computers and Internet/Email

Class includes introduction of basic computer skills and terminology as well as hands-on practice and assistance with setting up a free email address. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: City Hall, Willow Room

Age 16+		Fee \$130*/7 wks
AC 843305 81		
9/4-10/16	Th	4:30-5:30 pm
AC 843305 81		
10/23-12/11*	Th	4:30-5:30 pm

*No class on 11/27

Introduction to Microsoft Excel and Powerpoint

Familiarize yourself with commonly-used computer terms, and learn how to use Microsoft Excel and Powerpoint applications to prepare spreadsheets, formulas, tables and charts, create slide show presentations, or just have fun with animations. Class includes hands-on practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: City Hall, Willow Room

Age 16+		Fee \$130*/7 wks
AC 843307 81		
9/4-10/16	Th	5:30-6:30 pm
AC 843307 82		
10/23-12/11*	Th	5:30-6:30 pm

*No class on 11/27

PSAT Prep Class

Eight weeks of intense lessons will yield positive PSAT scores. All PSAT sections will be reviewed with detailed explanation, and materials will be provided on a weekly basis to build vocabulary, improve reading comprehension and written expression, and master arithmetic, algebra and geometry. Helpful practice strategies and tips will be provided. Bring pen and notebook. \$20 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: AGI Academy, 20816 Carrey Road, Walnut 91789

Age 12-15		Fee: \$260*/7 wks
AC 843312 81		
9/6-10/18	Sa	2-4 pm
AC 843312 82		
10/25-12/13*	Sa	2-4 pm

*No Class 11/29



ADULT SPORTS

Men's Adult Basketball

Games are played Sundays between 1 pm and 10 pm at Diamond Bar High School or South Pointe Middle School. League fees of \$360 include a minimum of 10 games, scorekeepers, and championship awards. There is also a \$20 per game officials' fee, paid on-site. The fall 2014 season is scheduled to begin with practice games on September 7. Registration is taken on a first-come, first-served basis. For more information, call 909.839.7070.

Table Tennis (Ping Pong)

Come join the fun and practice your skills at this FREE program every Tuesday and Thursday evenings from 7:30 pm to 11 pm and Sundays from 6:30 pm to 10 pm at the Heritage Park Community Center. All ages are welcomed - bring your paddle and table tennis balls.

Adult Co-Ed Recreational Volleyball

No officials. No strict rules. This drop-in program is designed for those who simply want to get on the court and play. Teams will be formed as players arrive. Violations will be called using the honor system.

Cost: \$40.00 per person
Dates: Monday Nights
 Sept 8 - Nov 24 (Tentative Dates)
Time: 7-9 pm
Location: South Pointe Middle School Gym
AC: 803001-81
 For registration information, please call the Recreation Services Division at 909.839.7070.

Golf

Designed for players of all ages, this class is for anyone who wants to learn or improve their game on the links! Clubs, range balls and Junior TPI hat included. Please arrive 15 minutes early to select clubs. *Students need to wear golf or tennis shoes and a collared shirt.

Instructor: Jeffrey Hirose
Location: L.A. Royal Vista Golf Course
 (First class will meet at the Driving Range)
Age 16+ **Fee \$87*/4 wks**
AC 844135 81
 9/4-9/25 Th 7-8 pm
AC 844135 82
 10/2-10/23 Th 7-8 pm

Personal racquet required for tennis classes. Participants may attend any same-level class, however make-ups must be made within same session. \$10 discount for each additional family member registration. More information about Tennis Anyone available online at www.TennisAnyone.info.

Adult Tennis Clinic

Improve your skills while getting a workout in a fun atmosphere. Beginners will learn proper form on the major strokes while seasoned players will focus on advanced game techniques. \$10 discount for each additional family member.

Instructor: Tennis Anyone
Location: Ronald Reagan Park Tennis Courts
Age 18+
Days: Wed (all levels)
Time: 6:30-8:30 pm
AC 844111 81 1 Day **Fee \$79/4 wks**
 9/17-10/8
AC 844111 82 1 Day **Fee \$79/4 wks**
 10/15-11/5
AC 844111 83 1 Day **Fee \$79/4 wks**
 11/12-12/3
AC 844111 84 1 Day **Fee \$39/2 wks**
 12/10-12/17

See Page 12 for Tournament Tennis Academy

Harmony Aikido

A modern martial arts class that teaches self-control and exercises that enhance balance, flexibility and physical conditioning. Wooden hardware (bokken – replica sword, Jo – staff and Tanto – replica knife) is used to strengthen joints and muscles while helping align the body. Optional uniform (\$75) and hardware (\$105) available for purchase from instructor.

Instructor: Ethan Tam
Location: DBC, Oak Room
Age 6+ **Fee \$87*/10 wks**
AC 844531 81
 9/4-11/16* Th 5:30-7 pm
***No Class 11/27**

Wing Chun Kung Fu

Learn the history and tradition of classical Wing Chun Kung Fu, Disui and Wudang Kung Fu, and how to apply the value of martial art to set and surpass goals. Optional uniform t-shirts for purchase from instructor.

Instructor: Tom Wong
Location: DBC, Oak Room
Day/Time: Mon (8-9 pm); Sa (11:15 am-12:30 pm)
Age 5+
AC 842541 81 **Fee \$87*/4 wks**
 9/6-9/29
AC 842541 82 **Fee \$87*/4 wks**
 10/4-10/27
AC 842541 83 **Fee \$87*/4 wks**
 11/1-11/24

Kajukenbo Karate

Kajukenbo is a Hawaiian martial art that combines techniques from Karate, Judo, Jujitsu, Kenpo and Kung Fu. Participants will learn self-defense and build their self-esteem while improving their physical fitness. More details at www.kajukenbo.com. Uniforms not required for first time students; continuing students may purchase uniform from instructor for \$35.

Instructor: John Bishop
Location: DBC, Oak Room
Age 13+ **Fee \$50*/5 wks**
AC 844511 81
 9/23-10/23 Tu/Th 7:30-9 pm
AC 844511 82
 11/4-12/11* Tu/Th 7:30-9 pm
***No Class 11/25 & 11/27**



ADULT FITNESS

Adult Ballet Beginning- NEW

Designed for those who are new to ballet and those who have danced before but want to brush up on ballet basics. Develops self-confidence, mental concentration and grace.

Instructor: Magical Steps Staff

Location: Magical Steps Academy,
818 N. Diamond Bar Blvd

Age 18+		Fee \$44/7 wks
AC 844250 81		
9/2-10/14	Tu	6:45-7:30 pm
AC 844250 82		
10/21-12/2	Tu	6:45-7:30 pm

Learn Hawaiian Hula

Learn traditional Hawaiian hula and Tahitian dances, discipline, coordination and culture. \$50 Pa'u skirt optional material fee.

Instructor: Da Hula Studio Staff

Location: 968 N. Diamond Bar Blvd.,
Diamond Bar 91765

Age 13-25		Fee \$77*/11 wks
AC 844251 81		
9/11-11/20	Th	7-8 pm
Age 26+		Fee \$77*/11 wks
AC 844251 81		
9/10-11/19	W	7-8 pm

Hip Hop Workout

This is a high-energy and high-intensity workout that will get you in shape to the beat of the latest hip hop songs. Comfortable clothing recommended.

Instructor: 1na Dance

Location: 1na Dance Studio,
367 S. Diamond Bar Blvd., Diamond Bar

Age 18+		Fee \$82/6 wks
AC 844269 81		
9/1-10/6	M	10:15-11:30 am

Get Fit in the AM

An incredible early-morning workout that combines cardio, core strengthening, flexibility and muscle conditioning to give you results that you will see and feel. Comfortable clothing recommended.

Instructor: 1na Dance

Location: 1na Dance Studio,
367 S. Diamond Bar Blvd., Diamond Bar

Age 18+		Fee \$82/6 wks
AC 844268 81		
9/1-10/6	M	6-7 am
AC 844268 82		
9/3-10/8	W	6-7 am

Ballet Barre Workout

Barre routines have been all the rage in the cities of New York and Los Angeles – come find out what top studios are teaching their exclusive clientele. Bring a thick mat, light hand weights and water to class.

Instructor: Gabriela Klein

Location: DBC, Oak Room

Age: 18+		Fee \$56/6 wks
AC 844608 81		
9/10-10/15	W	6-7 pm
AC 844608 82		
10/22-12/3*	W	6-7 pm

*No Class 11/26

Stretch & Tone

Ideal for those who are starting or resuming a workout regimen but are not sure how to start. Participants will learn proper techniques to get in shape, including how to warm up and stretch. Exercises will focus on strengthening and toning back, abs, arms, and glutes. Bring a resistance band and water to class.

Instructor: Gabriela Klein

Location: DBC, Pine Room (M); Oak Room (W)

Age 18+		Fee \$99/8 wks
AC 844606 81		
9/8-10/15	M & W	5-6 pm
AC 844606 82		
10/20-12/3*	M & W	5-6 pm

*No Class 11/24-11/26

Pilates

Strengthen your lower body and tone your upper body with the award-winning Pilates movements. Beginners are welcomed – bring a thick mat and water to class.

Instructor: Gabriela Klein

Location: DBC, Pine Room

Age 18+		Fee \$56/6 wks
AC 844609 81		
9/8-10/13	M	6-7 pm
AC 844609 82		
10/20-12/1*	M	6-7 pm

*No Class 11/24

Morning Zumba

Get the boost you need to improve your physical fitness and well-being. Zumba fuses Latin and world rhythms with easy-to-follow moves to create a dynamic fitness program. Wear comfortable workout clothing and shoes, and bring water and a towel.

Instructor: Theresa Winecki

Location: DBC, Sycamore Room

Age 18+		Fee \$84/12 wks
AC 844631 81		
9/8-12/1*	M	9-9:45am

*No Class 11/10

HIIT with Zumba – NEW

High Intensity Interval Training (HIIT) is a form of cardio workout that alternates between high and low intensity exercise that is said to increase your metabolism up to 24 hours after training. End your workout with 30 minutes of Zumba. Wear exercise attire and bring a towel and water.

Instructor: Theresa Winecki

Location: DBC, Sycamore

Age 18+		Fee \$84/12 wks
AC 844619 81		
9/8-12/1*	M	6:30-7:30 pm

*No Class 11/10

Zumba- Dance Off the Inches!

This high-energy, aerobic routine feels more like dancing than working out, and can burn up to 1,000 calories per session. Easy to follow steps for all ages, fitness levels and genders. Wear exercise attire and bring a towel and water.

Instructor: Theresa Winecki

Location: DBC, Sycamore Room

Age 18+		Fee \$84/12 wks
AC 844617 81		
9/8-12/1*	M	7-8 pm

*No Class 11/10

Kundalini Yoga

Experience deep relaxation and inner peace while learning Kundalini yoga and meditation. This ancient yoga practice from India will relax your body and mind through a series of postures, mudras, mantra, and meditation techniques. All levels are welcomed. Bring a yoga mat and water.

Instructor: Marlene Ramirez-Mooney

Location: DBC, Oak Room

Age 10+		Fee \$62/5 wks
AC 844601 81		
9/13-10/18	Sa	10-11 am
AC 844601 81		
10/25-11/29	Sa	10-11 am

*No Class 10/4 & 11/15

Restorative Yoga

Your health will benefit from the restorative and remedial yoga techniques that improve stamina, lung capacity, flexibility, blood circulation, and cardiovascular performance and relieve stress. Bring a blanket and cotton belt.

Instructor: Maya Devi

Location: DBC, Pine Room

Age 18+		Fee \$57/8 wks
AC 844603 81		
9/11-10/30	Th	4:15-5:45 pm



ADULT FITNESS & ENRICHMENT

Jazzercise

Burn up to 600 calories in one fun and powerfully effective total body workout that combines dance-based cardio with strength training and stretching to sculpt, tone, and lengthen muscles. Choreographed to today's hottest music. Wear exercise attire and bring a mat/ towel, and water to class. Hand-held weights are optional.

Instructor: Connie Lillie

Location: DBC, Sycamore (T/Th), Oak (Sa)

Age 16+

Days/Time: Tu & Th (6:15-7:15 pm)

Sa (8:30-9:30 am)

AC 844611 81		
8/30-10/2	1 Day	\$32/5 wks
AC 844611 82		
10/4-11/6	1 Day	\$32/5 wks
AC 844611 83		
11/8-12/11	1 Day	\$32/5 wks
AC 844612 81		
8/30-10/2	2 Day	\$41/5 wks
AC 844612 82		
10/4-11/6	2 Day	\$41/5 wks
AC 844612 83		
11/8-12/11	2 Day	\$41/5 wks
AC 844613 81		
8/30-10/2	3 Day	\$50/5 wks
AC 844613 82		
10/4-11/6	3 Day	\$50/5 wks
AC 844613 83		
11/8-12/11	3 Day	\$50/5 wks

****No Class 11/4, 11/11, 11/27 & 12/6**

ENRICHMENT

Ballroom/Social Dance

A fun and interactive class that teaches a variety of social and ballroom dances. The basics will be covered as well as variations, turns, and more. Bring a partner or find one in class. No dance experience necessary.

Instructor: Louise Levy

Location: DBC, Sycamore Room

Age: 16+

Fee: \$82/individual

Weeks: 10

\$150/couple

AC 844303 81

9/2-11/4 Tu 7:30-8:30 pm

Salsa Dance

Get your feet moving to that Latin rhythm! You'll learn the basics of this popular dance, as well as simple but impressive moves to try out on the dance floor. Bring a partner or find one in class. No dance experience necessary.

Instructor: Louise Levy

Location: DBC, Sycamore Room

Age: 18+

Fee: \$82/individual

Weeks: 10

\$150/couple

AC 844304 81

9/2-11/4 Tu 8:30-9:30 pm

Beginning Sewing for Adults NEW

A brief overview of the sewing machine and how it works as well as the essentials of sewing will be followed by hands-on projects. Beginners will work on simple project such as tote bags and pillows while returning students will build on their skills and learn zippers, sleeves, and creative purses. Bring your own sewing machine (limited sewing machines available). \$15 Material fee due to the instructor at the first class.

Instructor: Dianne Martinez

Location: DBC, Maple Room

Age: 18+

Fee: \$117*/6 wks

AC 843466 81

9/11-10/18 Tu 7-8:30 pm

Fine Art Acrylic Painting

Create a series of paintings after getting an overview of the elements and principals of design and the materials and tools used in acrylic painting. No previous experience required. Students furnish their own supplies (a list will be provided). Free supplies for the first class.

Instructor: Ray Tucker

Location: DBC, Sycamore Room

Age: 18+

Fee: \$107*/4 wks

AC 844261 81

9/3/-9/24 W 1-4 pm

AC 844261 82

10/1-10/22 W 1-4 pm

AC 844261 83

11/5-11/26 W 1-4 pm



ADULT ENRICHMENT

Oil Painting Techniques

Create paintings from direct observation and photographs after learning the basics of oil painting such as use application, fundamentals of color, composition and design. Students furnish their own supplies (a list will be provided). Free supplies for the first class.

Instructor: Ray Tucker

Location: Heritage Community Room

Age 15+ Fee \$107*/4 wks

AC 844262 81

9/6-9/27 Sa 8:30-11:30 am

AC 844262 82

11/8-11/29 Sa 8:30-11:30 am

Pressed Flower Art – NEW

Learn the technique behind creating beautiful handmade crafts using real dried flowers. With instructor guidance, students will create products several fun and creative products.*\$22 material fee for specialty tools and supplies due to the instructor at the first class meeting.

Instructor: Reiko Sakata

Location: DBC, Maple Room

Age 18+ Fee \$67*/4 wks

AC 844263 81

10/8-10/29 W 6:30-8 pm

Intro to Piano

Participants learn basic theory and keyboard fundamental such as rhythm, note reading and technique. Upon class completion, students will know how to count rhythms out loud, read musical notation on the treble and bass staff. \$15 material fee payable to instructor at first class for lesson and theory books.

Instructor: Magical Steps Staff

Location: Magical Steps Academy,
818 N. Diamond Bar Blvd

Age 18+ Fee \$97*/7 wks

AC 844255 81

9/2-10/14 Tu 7-7:50 pm

AC 844255 82

10/21-12/2 Tu 7-7:50 pm

Beginning Ukulele

It is fun to learn to play such a unique, tiny instrument! Learn cords in different Hawaiian and contemporary styles. A great beginner course for all ages, especially those interested in learning to play the guitar in the future. (Students supply their own Ukulele.)

Instructor: Da Hula Studio Staff

Location: Da Hula Studio,
968 N. Diamond Bar Blvd., Diamond Bar 91765

Age 8+ Fee \$57*/4 wks

AC 842250 81

10/4-10/25 Sa 8:30-9:30 am

Intro to Guitar

Through informative lessons and hands-on exercises, beginners practice chord, single note melodies and fun easy songs that build basic guitar skills. *\$15 material fee payable to instructor at the first class for lesson book.

Instructor: Magical Steps Staff

Location: Magical Steps Academy,
818 N. Diamond Bar Blvd

Age 18+ Fee \$97*/7 wks

AC 844266 81

9/4-10/16 Th 7-7:50 pm

AC 843266 82

10/23-12/4 Th 7-7:50 pm

Digital Photography

Learn the basic functions of your camera as well as essential photography language and techniques such as composition, natural light, flash and depth of field. Bring your digital camera to class. \$5 material fee is due to instructor at the first class.

Instructor: Tony Wang

Location: City Hall, Willow Room

Age 16+ Fee \$85*/6 wks

AC 844300 81

10/16-11/20 Th 6:30-9 pm

Gadgets – Understanding Your Smart Phone

Designed for recent purchasers of smart phones, this class combines instruction with hands-on participation to familiarize students with such elements and features as menu structures, navigation, SD cards, accessories, and apps. Bring your cell phone, charger, USB cable and user's guide to class.

Instructor: Heather Smith

Location: City Hall, Willow Room

Age 18+ Fee \$75/7 wks

AC 844310 81

9/5-10/17 F 9 am-12 pm

Intro to Computers and Internet/Email

Class includes introduction of basic computer skills and terminology as well as hands-on practice and assistance with setting up a free email address. Bring pen and notebook. \$10 material fee is payable to instructor at the first class.

Instructor: AGI Academy

Location: City Hall, Willow Room

Age 16+ Fee \$130*/7 wks

AC 843305 81

9/4-10/16 Th 4:30-5:30 pm

AC 843305 82

10/23-12/11* Th 4:30-5:30 pm

*No class on 11/27

Intro to Microsoft Excel and Powerpoint

Familiarize yourself with commonly-used computer terms, and learn how to use Microsoft Excel and Powerpoint applications to prepare spreadsheets, formulas, tables and charts, create slide show presentations, or just have fun with animations. Class includes hands-on practice. Bring pen and notebook. \$10 material fee is payable to instructor at first class.

Instructor: AGI Academy

Location: City Hall, Willow Room

Age 16+ Fee 130*/7 wks

AC 843307 81

9/4-10/16 Th 5:30-6:30 pm

AC 843307 82

10/23-12/11* Th 5:30-6:30 pm

*No class on 11/27

ONLINE CLASSES

Fun, convenient and interactive – pick from more than 250 classes! Fees start at \$99.

Topics include:

- Test Prep
- Language
- Web Based Programs
- English, Grammar & Writing
- Microsoft Application

Session Dates:

Session 10 10/15-12/15

Session 11 11/12-1/12

Session 12 12/10-2/9



Scan to view list of available classes and descriptions.

Visit www.ed2go.com/diamondbar or call 909.839.7070 for more information.



EXCURSIONS ADULT & FAMILY

44th Annual Big Bear Lake Oktoberfest

Authentic German entertainment, festival-type fare and beer! Entertainment for young revelers includes game booths, bounce houses, and face painting. Excursion fee covers roundtrip transportation, admission, and a return-trip snack.

AC 806004 81 **AGE:** All **Fee:** \$35
10/11 Sa 10 am - 7 pm



Her Finest Hour: WWII Tour

Learn the incredible true story of the Queen Mary and how her involvement played a pivotal role in guiding the Allied Forces to victory. During her tour of duty, the Queen Mary set various world records for speed and cargo. Following our tour we will cross the bay to Shoreline Park where you will have the rest of the afternoon to explore the various restaurants and shops. Excursion fee covers roundtrip transportation, tour, and a return-trip snack.

AC 806005 81 **AGE:** All **Fee:** \$40
11/18 Sa 9:30 am - 4:30 pm

The 52nd Annual Cruise of Lights

This trip begins with free time to shop and have lunch on Main Street in Huntington Beach and concludes with the popular narrated boat tour through the Huntington Harbour waterways lined with fully decked out multi-million dollar homes and boat docks. Excursion fee covers roundtrip transportation, admission and seating on the boat and a return-trip snack.

AC: 806006 81 **AGE:** All **Fee:** \$45
12/20 Sa 12 pm - 9 pm



Rose Parade 2015

Reserve your grandstand seating for the 126th Rose Parade featuring 2 hours worth of splendid floats, bands and equestrian units from all over the world. Olympian and World War II prisoner of war, Louis Zamperini will be the Grand Marshal for the 2015 Tournament of Roses, themed "Inspiring Stories." Excursion includes continental breakfast, roundtrip transportation, grandstand seat, official Rose Parade guide, a Diamond Bar seat cushion and a return-trip snack..

AC: 106003 11 **AGE:** All **Fee:** \$85
1/1 Th 6 am - 2 pm

EXCURSION REGISTRATION & REFUND POLICY

Early registration is recommended as space is limited and fills up quickly. Excursions are non-refundable unless Recreation Services is able to sell your seat(s). Refunds will not be granted due to traffic delays or other situations beyond the control of City staff. An adult must accompany trip-goers age 17 or younger. Trips depart from and return to the Diamond Bar Center.

SENIOR EXCURSIONS

Senior Excursions are open only to adults age 55 and older. Excursions are rated on a 1-2-3 level scale, where 1 = little or no walking, 2 = a moderate amount of walking and 3 = quite a bit of walking. Seating is limited and available on a first-registered, first-served basis. Excursions are non-refundable unless Recreation Services is able to sell your seat(s). Participation requires a signed City liability waiver form. Bus departs from and returns to the Diamond Bar Center, located at 600 S. Grand Avenue. For more information, call 909.839.7070.



Marilyn Monroe Hollywood Tour - Level 1-2

Tour guide Curt Tucker will share with you Marilyn's entire life story beginning at the hospital where young Norma Jeane Mortenson and the orphanage where Marilyn spent time in the 1930s. Lunch will be had at the Vegas Style buffet in Hollywood. The final tour stop will be the Westwood

Memorial Cemetery, where Marilyn was buried.

AC 807001 81 Age 55+ Fee \$59
10/2 Th 8 am-5 pm

Fantasy Springs - Level 1

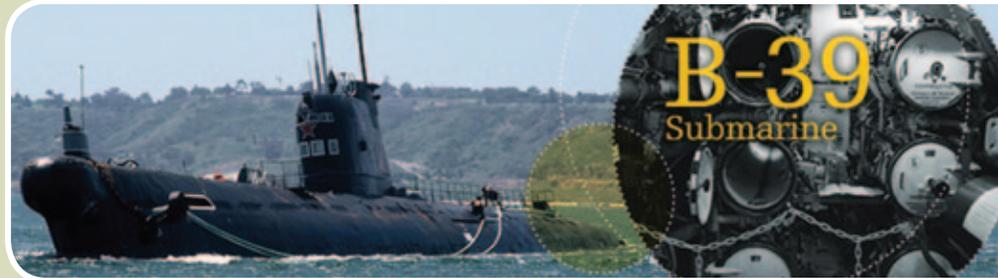
Spend the day in Indio at Fantasy Springs Casino. Upon arrival, everyone gets \$25 loaded on their player's card (must present a valid California ID). Choose a seat in the non-smoking or smoking area for Bingo matinee Bingo from 2:30 pm - 4 pm. Lunch is on your own.

AC 807005 81 Age 55+ Fee \$18
10/16 Th 9 am-6:30 pm

Veterans Day at San Diego Maritime Tribute - Level 3

A guided tour through the interactive Maritime Museum of San Diego gives an inspiring look into military history, and includes visits to a number of ships including Star of India, HMS Surprise, B-39 Submarine, the 1898 Berkeley and the 1904 Medea. Lunch will be had at Tom Ham's Lighthouse, with meal choices of Chicken Cesar salad prepared with Spanish anchovies, Fish & Chips, Lobster Roll prepared with water cress, tomato and chives, Crab BLT sandwich or the Tom Ham's burger with grilled onions, roasted tomatoes and feta cheese. Meals include coffee, tea (hot or iced) or water. Trip concludes with a 45-minute narrated cruise aboard a fully restored 1914 Pilot boat.

AC 807002 61 Age 55+ Fee \$46
11/12 W 8 am-6:30 pm



Valley View Casino - Level 1

Spend the day at Valley View Casino - home to 1,900 of the newest and most exciting slots. Upon arrival everyone gets \$15 in play. Lunch is on your own.

AC 807003 81 Age 55+ Fee \$18
11/20 Th 8:30 am-6 pm



Harrah's Rincon Casino - Level 1

Spend the day at this luxurious 55,000 square-foot casino in Valley Center offering more than 1,600 slot machines, a poker room, and gaming tables. Everyone will receive \$25 in slot play. Have your pick of 8 different restaurants to dine at on your own.

AC 807006 81 Age 55+ Fee \$18
12/3 W 8:30 am-6 pm

The Welk Resort Theatre "The New '60s Christmas Musical" - Level 1

It's Christmas and the Wonderettes are back! The ladies are entertaining at the Harper's Hardware Holiday Party. When Santa turns up missing, the girls must use their talent and creative ingenuity to save their holiday party. Enjoy a brunch style buffet before your 1 pm matinee performance, and time for gift shop browsing before returning home.

AC 807004 68 Age 55+ Fee \$69
12/11 W 9:15 am-5 pm



SENIOR ACTIVITIES

FREE CLINICS & SEMINARS

Advanced registration is needed and can be made by calling 909.839.7070.

Medicare Made Clear

An informative talk on Medicare options and the various health plans.

Sponsored by: Jerry Fong-United Health Care

Location: DBC, Pine Room

10/6 M 10-11:30 am

Legal Seminar - Part I

Estate Planning 101, topics covered include the difference between wills and trusts, Power of Attorney, health care directives and tax laws.

Sponsored by: Sara Polinsky, Esq.

Location: DBC, Pine Room

11/10 M 10 am-12 pm

Legal Seminar - Part II

Overview of Medi-Cal Long Term Care programs and qualifying for State benefits to pay for long-term care while legally protecting your home, savings and assets.

Sponsored by: Sara Polinsky, Esq.

Location: DBC, Pine Room

11/24 M 10 am-12 pm

Vision and Eye Health

What to expect after cataract surgery, important foods for your eye health and a demonstration of the newest lens technology for bifocal or progressive wearers.

Sponsored by: Dr. Hoshi, Diamond Bar Optometric Center

Location: DBC, Pine Room

10/13 M 10-11:30 am

Planning for Long Term

Tips will be provided on how to make informed decisions about long-term care needs.

Sponsored by: New York Life

Location: DBC, Pine Room

11/3 M 10-11:30 am

Managing Difficult Behaviors of Alzheimer's

Learn techniques that can assist in overcoming some of the challenges caused by Alzheimer's.

Sponsored by: Care 4 You - Joe Hoover

Location: DBC, Pine Room

11/17 M 10-11:30 am

Grandparents Gifting

Find out ways to plan and create a legacy for the grandkids: college tuition, first car, wedding or down payment on a home.

Sponsored by: New York Life

Location: DBC, Pine Room

12/1 M 10-11:30 am

AARP Maturing Driving Class

Instruction refines existing skills and develops safe and defensive driving techniques. You must attend both classes in a session to receive your completion certificate. Pre-registration is required by calling 909.839.7070.

Sponsored By: AARP

Location: City Hall, Windmill Room

Age: 55+

Fee: \$15 AARP member
\$20 non-member

AC 807000 81

10/7* Tu 9 am-1 pm

AC 807000 82

11/6 & 11/7 Th & F 9 am-1 pm

AC 807000 83

12/11* Th 9 am-1 pm

*For returning students only.

FREE SENIOR SERVICES

FHA Home Loan Program for Seniors- "Life is hard! Retirement doesn't have to be"

Homeowners age 62 and older learn how to use the equity in their homes without having to sell or take on a new monthly mortgage payment.

Sponsored By: Daniela Bliss, Local Reverse

Mortgage Specialist

Location: DBC, Maple Room

10/10 F 11 am

11/14 F 11 am

Talk With the Attorney

Call 909.839.7070 to schedule your free 20-minute appointment an attorney who can help answer your legal questions related to wills, trusts, powers of attorney, planning for incapacity, probate, elder law, Medi-Cal and long term care planning.

Location: DBC

10/22 W 10 am-12 pm

11/5 W 10 am-12 pm

12/3 W 10 am-12 pm

Case Management

Reserve a private meeting with a representative from Intervale Senior Services to discuss case management (in home assessment, personalized care plan, service arrangement) home delivered meals, and information and referral.

Location: DBC, Pine Room

Age: 60+

10/16 Th 12-3 pm

11/20 Th 12-3 pm

12/18 Th 12-3 pm

FREE FINANCIAL SEMINARS SERIES

"Wills and Trusts"

Trusts are only the beginning of good planning. Obtain helpful information about financial planning.

Sponsored By: United California Estate

Location: DBC, Sycamore Room

10/7 Tu 10:30 am

"Medical & Long Term Care"

Understand the protection side of the law and the pitfalls that can devastate an estate. Learn how to save what you have worked for all of your life!

Sponsored By: United California Estate

Location: DBC, Sycamore Room

10/14 Tu 10:30 am

"The Facts about Annuities"

What are the pros and cons about annuities and how they differ from other saving and growth vehicles? Get some tips on how to preserve your estate and not outlive your money.

Sponsored By: United California Estate

Location: DBC, Sycamore Room

10/21 Tu 10:30 am



SENIOR ACTIVITIES

SPECIAL EVENTS

Pre-paid reservations for the following City-sponsored senior events are required. Purchase of 10 reservations at one time will enable you to reserve a table. Reservations can be made by calling 909.839.7070 or 909.839.7068.

Italiano Dance

Celebrate Italian culture during this fun-filled evening featuring dinner, dancing and prizes. Ticket sales end Friday, September 19.

Location: DBC

AC 607101 61 **Age** 55+ **Fee** \$15
9/25 Th 6-9 pm

Alzheimer's Awareness Fair/Free Screening

In partnership with Silverado, this fair covers; Memory and Aging: What is Normal and What's Not, and Brain Healthy Cooking. Medical professionals will be available to answer questions and a 15 minute memory screening will be offered by appointment only.

Location: DBC, Grand View Ballroom

10/1 W 9:30 am-12 pm

Howling Ball

Dance the night away at this fun event featuring D.J. music, buffet dinner, and a soda bar. Costumes are encouraged, but not required. Ticket sales end Friday, October 17

Location: DBC

AC 607102 61 **Age** 55+ **Fee** \$15
10/23 Th 6-9 pm

Health Fair & Flu Shot Clinic

Vendors will be on hand to educate attendees on staying well, staying in shape and aging with grace. A free flu shot clinic will also be available for those who call 909.839.7070 to reserve in advance.

Location: DBC, Grand View Ballroom

10/29 W 9-11:30 am

Holiday Dance

Ring in the holidays in a festive atmosphere featuring dinner, music, and raffle prizes. Ticket sales end Friday, December 12.

Location: DBC

AC 607103 61 **Age** 55+ **Fee** \$15
12/17 Th 5:30-9:30 pm

ACTIVITIES

BINGO! BINGO! BINGO!

Adults age 18 and older are invited to drop in Tuesdays or Fridays for an afternoon of fun and socialization over a game or two of Bingo. 10 games: \$2. Arrive early to have enough time to purchase cards and secure a seat.

Location: DBC

Age Adults/Seniors

Tu 11:30 am-2 pm
(card sales stop promptly at noon – playing starts at 12:15 pm)

Fri 10:30 am-1:15 pm
(card sales stop promptly at 11 am – playing starts at 11:15 pm)

Social Bridge

Whether you are an experienced player or simply curious about trying out one of the most popular card games in the world, you are invited to drop in and meet other like-minded individuals. New players are always welcomed. A free cup of coffee and a snack will be provided.

Location: DBC

55+ W 12:30-4 pm

SENIOR CLASSES

MT. SAN ANTONIO COLLEGE CLASSES

Please note that the following classes are part of, and administered by Mt. San Antonio College's Older Adult Program. Class details and registration information is available by calling Mt. SAC at 909.594.5611 ext. 4192. To register, simply attend the first class meeting and speak to the instructor. The 12-week fall session begins August 25 and ends December 12.

Winter Pre-Registration

Location: DBC

Class	Date	Time
Computer	12/5	10 am
Healthy Aging	12/5	9 am
Tai Chi	12/11	10:30 am
All other classes	11/9	10 am

Basic Computing Level 1

Introduction to the personal computer, including terminology and basic computer operations in a Windows environment. Instruction is hands-on.

Instructor: Shelby White

Location: City Hall, Willow Room
8/25-12/8 M 9 am-12 pm

Basic Computing Level 2

A hands-on course focusing on ways to create documents in applications such as Microsoft Word; includes basic computer maintenance and problem-solving techniques.

Instructor: Calixto Ortiz

Location: City Hall, Willow Room
8/25-12/8 M 1-4 pm

Digital Photography for the Beginner

Digital camera operations, image management and composition and use of graphics software.

Instructor: Heather Smith

Location: City Hall, Willow Room
8/26-12/9 T 9 am-12 pm
1 pm-4 pm

Internet Research

Includes e-mail, research, terminology, and functional capabilities of the Internet.

Instructor: Heather Smith

Location: City Hall, Willow Room
8/27-12/10 W 9 am-12 pm
Instructor: TBA
8/29-12/12 F 9 am-12 pm

Creative Computing

Develops creative and marketing skills utilizing computer graphics.

Instructor: Heather Smith

Location: City Hall, Willow Room
8/25-12/8 Th 9 am-12 pm

Sewing and Design

Basic sewing techniques including tailoring, pattern making, cutting & style design to construct professional looking garments.

Instructor: S. Stringfellow

Location: DBC, Sycamore Room
8/28-12/11 Th 9 am-12 pm
(Quilt Focus)
12:30-3:30 pm
8/29-12/12 F 12-3 pm

Senior Clubs

Membership in one of Diamond Bar's senior clubs is a great way to stay active, make friends, and keep up your social life!

Diamond Bar Senior Citizen's Club
Attend Tuesday Meeting @ 9 am

Diamond Bar Evergreen Club
909.260.1898

Diamond Age Seniors
909.861.8678

Sunshine Seniors
909.861.3521

Super Diamond Age Senior Club
909.861.2281



SENIOR ACTIVITIES & EXCURSIONS

Drawing – Beginning Through Advanced

Develop the perceptual and technical skills of drawing through observations of objects. Still life and landscape will be utilized.

Instructor: Ray Tucker

Location: DBC, Sycamore Room

8/26-12/9 T 12:30-3:30 pm

Location: Heritage Park Community Center

8/25-12/8 M 1-4 pm

Watercolor Painting

Principles of drawing, design, color and composition for watercolor painting emphasizing creative skill development.

Instructor: Heather Smith

Location: DBC, Pine Room

8/28-12/11 Th 1-4 pm

Home Gardening

Covers organic and traditional gardening, indoor plants, fruit orchards, pesticides, pruning and fertilization.

Instructor: Steven O. Williams

Location: DBC, Sycamore Room

8/27-12/10 W 10 am-12 pm

Hand Crafted Needlework

Needlework techniques including knitting, crocheting, embroidery and plastic canvas to construct finished products for sale.

Instructor: Pam Henry

Location: DBC, Maple Room

8/28-12/11 Th 9 am-12 pm

Healthy Aging/Principles of Posture and Flexibility

Proper diet, nutrition, disease prevention, and Yoga to maintain health while aging.

Instructor: Maya Devi

Location: DBC, Pine Room

9/11-11/20 Th 6-8 pm

Healthy Aging/Principles of Slow Movement

Proper diet, nutrition, disease prevention, and Tai Chi to maintain health while aging.

Instructor: John Rafter

Location: DBC, Oak Room

8/28-12/11 Th 9 am - 11 pm

Healthy Aging/Fitness

Diet, nutrition, disease prevention, and physical fitness to maintain health while aging.

Instructor: Patrick, Wallis

Location: DBC, Pine Room

Age: 55+

8/25-12/12 M, W, F 8-9 am
9-10 am
10-11 am

SENIOR EXTENDED EXCURSIONS

Premier World Discovery

Premier World Discovery has partnered with the City to offer extended excursions. Trips are “all-inclusive” at 4-star accommodations. Travelers are picked up and dropped off at their doorstep.

Trip Showcase

Date	Day	Time
10/8	W	6 pm

Las Vegas & Death Valley Discovery featuring 5 nights in Vegas, Vegas City Tour, Hoover Dam, Scotty’s Castle and more!

February 8, 2015, 6 days • \$1499 per person double



Charleston & Savannah

featuring Ft. Sumter Boat Tour, St. Augustine Trolley Tour, Savannah Tour and more!

Charleston & Savannah – featuring Ft. Sumter Boat Tour, St. Augustine Trolley Tour, Savannah Tour & more!

April 12, 2015, 7 days • \$2099 per person double

San Antonio Fiesta

featuring San Antonio Riverwalk, The Alamo, San Jose Mission and more!

April 16, 2015, 6 days • \$1799 per person double

Collettes Vacations

This extended excursion is facilitated by Collette Vacations, a 90-year old group travel company that only works with 4-star+ accommodations.

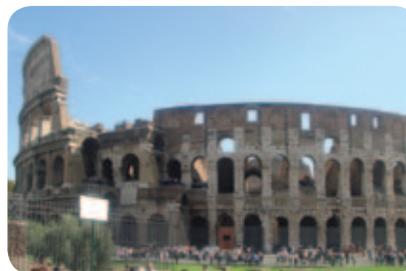
Trip Showcase

Date	Day	Time
11/12	W	6 pm

Tropical Costa Rica

featuring San Jose, Coffee Plantation, Monteverde Cloud Forest and more!

March 16, 2015, 9 days • \$2299 per person double



Reflections of Italy

featuring Rome, Coliseum, Assisi, Perugia, Siena, Florence and more!

October 14, 2015, 9 days
\$4399 per person double



DOG OBEDIENCE

The registration fee is for one dog. Each dog must have a separate handler. It is strongly advised to have the same handler working consistently with the dog throughout the course; however, additional family members may observe the classes at no additional charge. Remember to bring a copy of current vaccination records to the first class.

Dog Obedience Training

A certified master trainer will address behavior problems and introduce AKC obedience exercises. For dogs 6 months and older (larger breeds accepted at 4 months). First meeting is informational - do not bring your dog, but do bring their current vaccination record and \$10 material fee.

Instructor: Trainer with Dog Services Unlimited

Location: McCoy Equestrian Center,
14280 Peyton Dr., Chino Hills, 91709

Age 10+ **Fee** \$89*/7 wks

AC 844222 81

9/18-10/30 Th 6-7 pm

Dog Manners "Crash Course"

Accomplish training goals and get behavior problems under control within four 4 weeks. Register and then call 714.532.3647 for special instructions. For dogs 4 months or older. Bring dog and \$5 insurance fee to first meeting.

Instructors: Trainer with Dog Services Unlimited

Location: Acacia Park,
1910 Fullerton Creek Road, Fullerton, 92832

Age 18+ **Fee** \$79*/4 wks

AC 844223 81

10/12-11/2 Su 3:30-4:45 pm

Agility Fun with Your Dog

Spend some quality time with your dog on an obstacle course. All breeds welcome. First meeting is informational - do not bring your dog, but do bring their current vaccination record, a lawn chair and \$30 material fee.

Instructor: Trainer with Dog Services Unlimited

Location: Yorba Linda Center,
4501 Casa Loma, Yorba Linda, 92886

Age 18+ **Fee** \$89*/7 wks

AC 844225 81

9/13-10/25 Sa 8-9 am

AC 844225 82

9/13-10/25 Sa 9-10 am



April Grothe, "Smile! You're on Candid Camera"
Adult Pets Winner
2012 Diamond Bar
Through My Lens Photo Contest

Puppy Kindergarten

Establish good manners and socialization skills at an early age. For puppies 2-5 months. First meeting is informational - do not bring your dog, but do bring their current vaccination record and \$10 material fee.

Instructor: Trainer with Dog Services Unlimited

Location: Pearson Park, 400 N. Harbor Blvd, Anaheim, 92805

Age 18+ **Fee** \$77*/6 wks

AC 844227 81

9/27-11/1 Sa 10-11 am

Dog Training – K9 Work & Play

Challenge your dog with scent games, obedience-style jumps, beginning retrieve, and rally exercises. Pre-requisite: Beginning Dog Obedience. Bring your dog with training equipment, vaccination records, and \$10 materials fee. Visit www.dogclassinfo.com for more info.

Instructor: Trainer with Dog Services Unlimited

Location: Pearson Park,
400 N. Harbor Blvd., Anaheim, 92805

Age 18+ **Fee** \$77*/6 wk

AC 844226 81

9/27-11/1 Sa 9-10 am

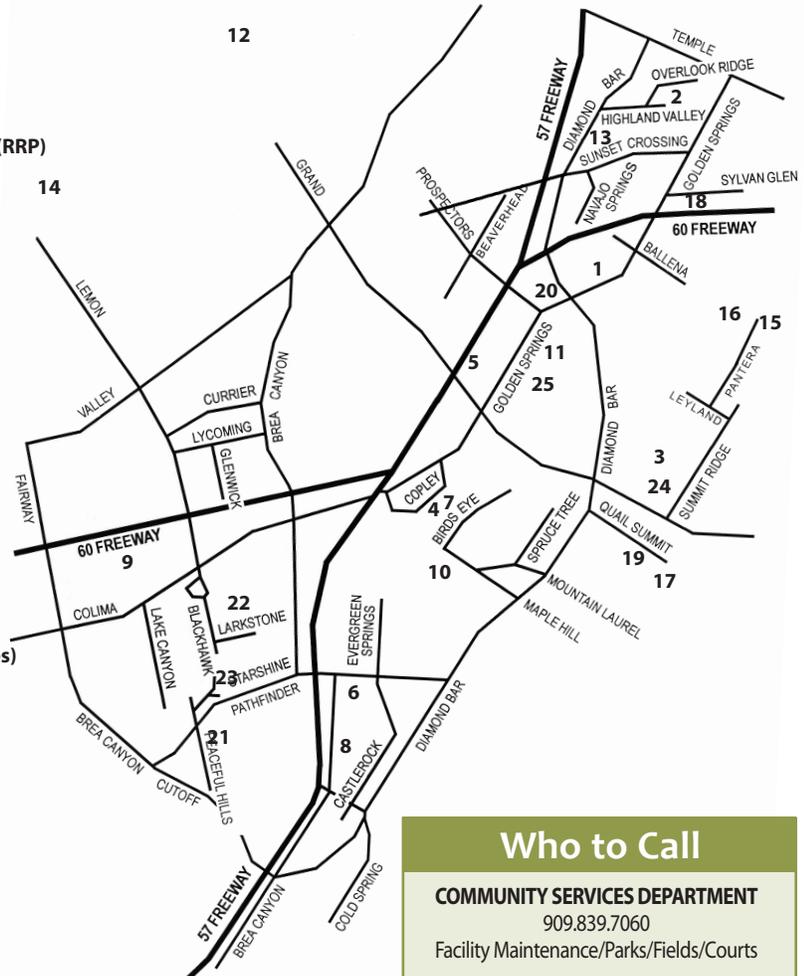


FACILITIES

- 1. 1na Dance**
367 S. Diamond Bar Blvd.
- 2. Deane Homes Swim Club**
1010 Overlook Ridge Rd.
- 3. Diamond Bar Center (DBC)**
1600 Grand Avenue
(in Summitridge Park)
- 4. Diamond Bar City Hall**
21810 Copley Dr
- 5. Diamond Bar Golf Course**
22751 E. Golden Springs Dr.
- 6. Diamond Bar High School**
21400 Pathfinder Rd.
- 7. Diamond Bar Library**
21800 Copley Drive
- 8. Heritage Park (3.4 acres) (HP) & Community Center (CC)**
Activity Room (AR)
2900 S. Brea Canyon Road
- 9. L.A. Royal Vista Golf Course**
20055 Colima Rd., Walnut
- 10. Maple Hill Park (MP)**
1309 S. Maple Hill Rd.
- 11. Mt. Calvary Lutheran School**
23300 Golden Springs
- 12. Mt. San Antonio College**
1100 N. Grand Ave., Walnut
- 13. Oak Tree Lanes**
990 N. Diamond Bar Blvd.
- 14. R&T Dance Corner**
377 S. Lemon Ave., #A, Walnut
- 15. Pantera Park (15.5 acres) (PP)**
Activity Room (AR) Dog Park(DP)
738 Pantera Drive
- 16. Pantera Elementary School**
801 Pantera Drive

- 17. Paul C. Grow Park (5 acres)**
23281 E. Forest Cyn Drive
- 18. Peterson Park / Skate Park**
24142 E. Sylvan Glen Rd.
- 19. Quail Summit Elementary**
23330 Quail Summit
- 20. Red Dragon Karate**
341 S. Diamond Bar Blvd.
- 21. Ronald Reagan Park (6 acres) (RRP)**
2201 S. Peaceful Hills Road
- 22. South Pointe Middle School**
20671 Larkstone Dr.
- 23. Starshine Park (2 acres)**
20839 Starshine Road
- 24. Summitridge Park**
1425 Summitridge Drive
- 25. Sycamore Canyon Park (4 acres)**
22930 Golden Springs Drive

Amenities Key			
	Barbecues		Parking Spaces
	Baseball Fields		Picnic Shelters
	Baseball Fields (lighted)		Picnic Tables
	Basketball Courts		Restrooms
	Basketball Courts (lighted)		Soccer/Football Field
	Fitness Course		Tennis Courts
	Meeting Facilities		Tot Lot



Who to Call

COMMUNITY SERVICES DEPARTMENT
909.839.7060
Facility Maintenance/Parks/Fields/Courts

RECREATION SERVICES
909.839.7070
Classes/Excursions/Sports/Special Events

SENIOR SERVICES
909.839.7068
Senior Excursions/Workshops/Classes

Heritage Park Community Center/Pantera Park
Facility/All Park Picnic Areas: 909.839.7065

Published by the City of Diamond Bar, DBCONNECTION contains information on City issues, policies, events, and programs. It is published and mailed monthly to all residences and businesses in Diamond Bar. Every effort is made to ensure that the information printed in this publication is correct. If you find typographical errors or become aware of any inaccuracies, please let us know by calling 909.839.7056.



City of Diamond Bar
21810 Copley Drive ♦ Diamond Bar, CA 91765-4178
909.839.7000 ♦ 909.861.3117 Fax
www.DiamondBarCA.gov ♦ info@DiamondBarCA.gov

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Elected Officials

- Mayor**Carol Herrera
- Mayor Pro Tem**..... Steve Tye
- Council Member**..... Ling-Ling Chang
- Council Member**.....Nancy A. Lyons
- Council Member**..... Jack Tanaka
- City Manager**.....James DeStefano

Postal Customer

Find it Fast Phone Directory



City Services 909.839.7000

City Council	909.839.7010
Building & Safety	909.839.7020
City Clerk's Office	909.839.7010
City Manager's Office	909.839.7010
Community Development	909.839.7030
Community Services	909.839.7060
Facility Reservations	909.839.7065
Finance	909.839.7050
Human Resources	909.839.7018
Library	909.861.4978
Neighborhood Improvement	909.839.7030
Planning	909.839.7030
Post Office	909.860.2469
Public Information Office	909.839.7055
Public Safety Services	909.839.7076
Public Works/Engineering	909.839.7040
Recreation Services	909.839.7070
Senior Services	909.839.7068
Transit Information	909.839.7045
Voter Registration	562.462.2748

Business Information:

Business Licenses	909.839.7030
Chamber of Commerce	909.869.0701

School Districts:

Pomona Unified	909.397.4700
Walnut Valley Unified	909.595.1261

Utilities:

So Cal Edison (electric)	800.611.1911
So Cal Gas (gas)	800.427.2200
Time Warner (cable TV)	888.892.2253
Verizon (telephone)	800.483.5000
Walnut Valley Water	909.595.7554

Waste Disposal:

Valley Vista (businesses)	800.442.6454
Waste Management (residents)	909.599.1274

Public Safety:

Animal Control	909.623.9777
Fire (LA County)*	909.629.9671
Police (LA Co. Sheriff)*	909.595.2264
Vector Control	562.944.9656

24-Hour Hotlines:

Building Inspection	909.839.7027
Employment Opportunities	909.348.8300
Field/Weather	909.348.8310
Graffiti Removal	800.794.7384

*For emergencies, dial 9-1-1

August 2014

S	M	T	W	T	F	S
					1	2
					Street Sweeping	
3	4	5	6	7	8	9
			Concerts in the Park Movies under the Stars (details on page 5)			
10	11	12	13	14	15	16
	Street Sweeping	Street Sweeping	Street Sweeping	Street Sweeping	Street Sweeping	
17	18	19	20	21	22	23
24	25	26	27	28	29	30
	Street Sweeping	Street Sweeping	Street Sweeping	Street Sweeping	Street Sweeping	
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- Calendar Key**
- City Council Meeting*- starts at 6:30 pm
 - Planning Commission Meeting*- starts at 7 pm
 - Traffic & Transportation Commission Meeting*- starts at 7 pm
 - Parks & Recreation Commission Meeting*- starts at 7 pm
 - Transit Late Night - City Hall open until 7 pm
 - Street Sweeping Week - Street sweeping is taking place somewhere within the City; see neighborhood signage for your street's designated day and time.

*City Council meetings take place at the AQMD/Government Center (21865 Copley Drive), while City Commission meetings are held at Diamond Bar City Hall (21810 Copley Drive). Additional event and meeting details are available at www.DiamondBarCA.gov/eventcalendar.